

Textbook

ENGLISH

Primer

Test
Edition

Based on Single National Curriculum 2020

یہ کتاب بحکم تعلیم حکومت بلوچستان کی جانب سے تعلیمی سال
2025 کیلئے مفت ششماہی کی جاری ہے اور ناقابل فروخت ہے

حکومت بلوچستان کا پروگرام "معیاری تعلیم سب کے لیے"



Balochistan Textbook Board, Quetta

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شروع اللہ کے نام سے جو بڑا مہربان، نہایت رحم والا ہے۔

Textbook

English Primer

Based on Single National Curriculum

One Nation, One Curriculum

یہ کتاب محکمہ تعلیم حکومت بلوچستان کی جانب سے تعلیمی سال
2025 کیلئے مفت تقسیم کی جا رہی ہے اور ناقابل فروخت ہے

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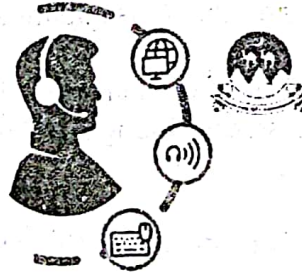
APPEAL

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Teacher's Guidelines

An effort has been made to integrate basic linguistics learning with personal and social, physical development, health, hygiene and safety, and knowledge about the world around. For optimum utilization of this primer, teachers are advised to consider the following key points:

- Greet children warmly every morning, begin the day with a warm up activity, give equal opportunity of learning to children, listen to them carefully, respect their views and encourage questions.
- Prepare welcoming, safe (emotionally as well as physically) and joyful learning classroom environment for them.
- Ensure that every child is actively involved in developmentally appropriate playful learning activities.
- Design activities considering learners' individual and collective capabilities and their learning pace.
- Encourage children's imagination, creativity, logical, critical thinking and their ability to express themselves.
- Appreciate, recognize and encourage children's initiatives and proactive responses.
- Develop classroom norms and culture in consultation with children e.g. (be responsible, take care of their personal and classroom belongings, help and support each other, share, put things back at their place etc)
- Every ECCE (Early Childhood Care and Education) classroom should have a language and literacy corner equipped with low cost and no cost learning aids for example, pocket charts, sand boxes, colourful flash cards of alphabets, animals, fruits, vegetables, transport, famous places, utensils, big and small story books etc.
- Introduce concepts with warm up activities, brainstorming games, stories, riddles and poems. Circle time is one of the suggested time to introduce new concepts. Concepts and activities are meant to provide foundation for literacy and language development so every concept should be practiced sufficiently.
- Develop listening and speaking skills through drills, individualized activities, pair work, group interaction, role plays and language games.

- Develop reading and writing activities through drill and practice.
- Use phonological and phonemic approach to teach alphabets. Help children to learn the sounds of letters and write them through demonstration and practice.
- Introduce each letter with given story, poem, and learning activities.
- Utilize the content on each page of the book to optimum level in context of vocabulary enhancement, use of language, listening, speaking, reading comprehension and writing.
- Use the content provided in the book as illustrations and text for character building, moral education, civic education, giving awareness about hygiene, child safety, climate change, and efficient use of natural and human made resources in an integrated manner.
- Introduce alphabets and vocabulary through:
 - Naming (Introduction) "Aa" (flashcard)
 - Recognition (Identification) show me the "Aa"
 - Remembering (Cognition) what is this? answer: "Aa"
 - Tracing and writing
- Prepare and display picture vocabulary wall according to the letter being introduced.
- Use sand-tray, sand-paper letters, moveable-alphabets, play-dough, white/green/black board and slate/takhti etc.
- Use variety of low cost & no cost materials like newspaper, carton, empty bottles, and empty boxes etc.
- Develop portfolio for every child to keep their art and written work demonstrating their learning.
- Design and carry out assessment activities according to each topic/lesson and use formative assessment and methodologies to enrich and enhance learning.

SYMBOLS



Teachers' note



Value and Ethics



Safety and Security



Patriotism



Critical Thinking



Activity



Story



Concept



Parental Guidelines



ICT



Vocabulary

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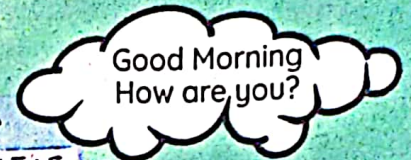
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Greetings

Good morning, good morning,
good morning dear
welcome to the class, have no fear
be friends and have fun
learn, play and run
good morning, good morning,
good morning dear
welcome to the class have no fear

(Shafia Rafique
Humaira Latif, Arooj Saqib)



Teacher to greet children warmly. Encourage them to greet their parents, siblings, friends, other family members, elders and each other. Discuss with children that how people differently greet each other all around the world.



Do role play in class by bringing two children in the front to greet each other.



Help children to learn greetings at home. Exhibit good manners and attitude.



My Self



Draw



I look like

Things I like



Encourage children to talk about themselves: who they are (boy/girl), their names, likes and dislikes, and their friends. Discuss with children to keep themselves tidy and clean. Brush their teeth twice a day, take bath everyday and dress neatly. Use appropriate posture while walking, sitting and writing.



Make children look into the mirror and identify self attributes e.g: hair, eye colour etc.



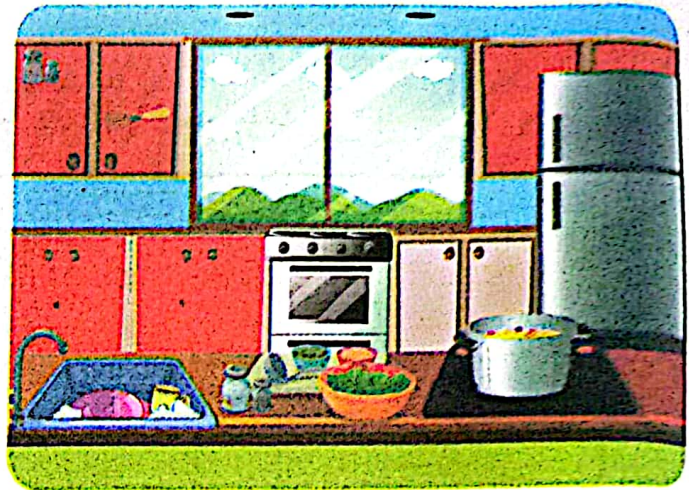
My Home

Talk about the picture

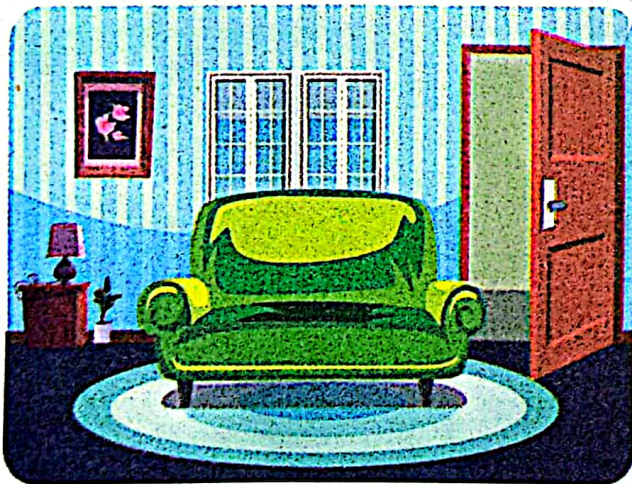
bedroom



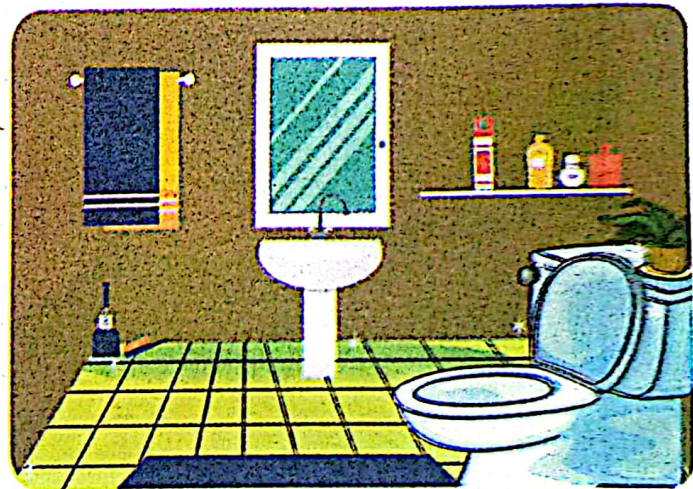
kitchen



living room



bathroom



Talk about the picture and discuss with children about different areas of the home and how to keep them clean. Encourage children to help their parents at home. Tell a story Goldilocks and Three bears or any local story.



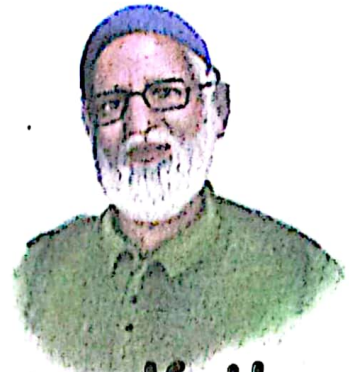
Let children do role play, e.g. (mother, father, brother, sister, driver and cook).



My Family

I am blessed, I am blessed
I have so many people to trust
some families are big and some are small
we have fathers and we have mothers
we love them all
I am blessed, I am blessed
Few have sisters and few have brothers
Few have uncles and few have aunts
I am blessed, I am blessed
I have so many people to trust

(Humaira Latif, Shafia Rafique, Arooj Saqlb)



grandfather



grandmother



brother



sister



mother



father



Read the poem aloud in class and explain the concept of family. Ask children; how many brothers and sisters they have. Explain the relationships (grandmother, uncle, aunts, etc)



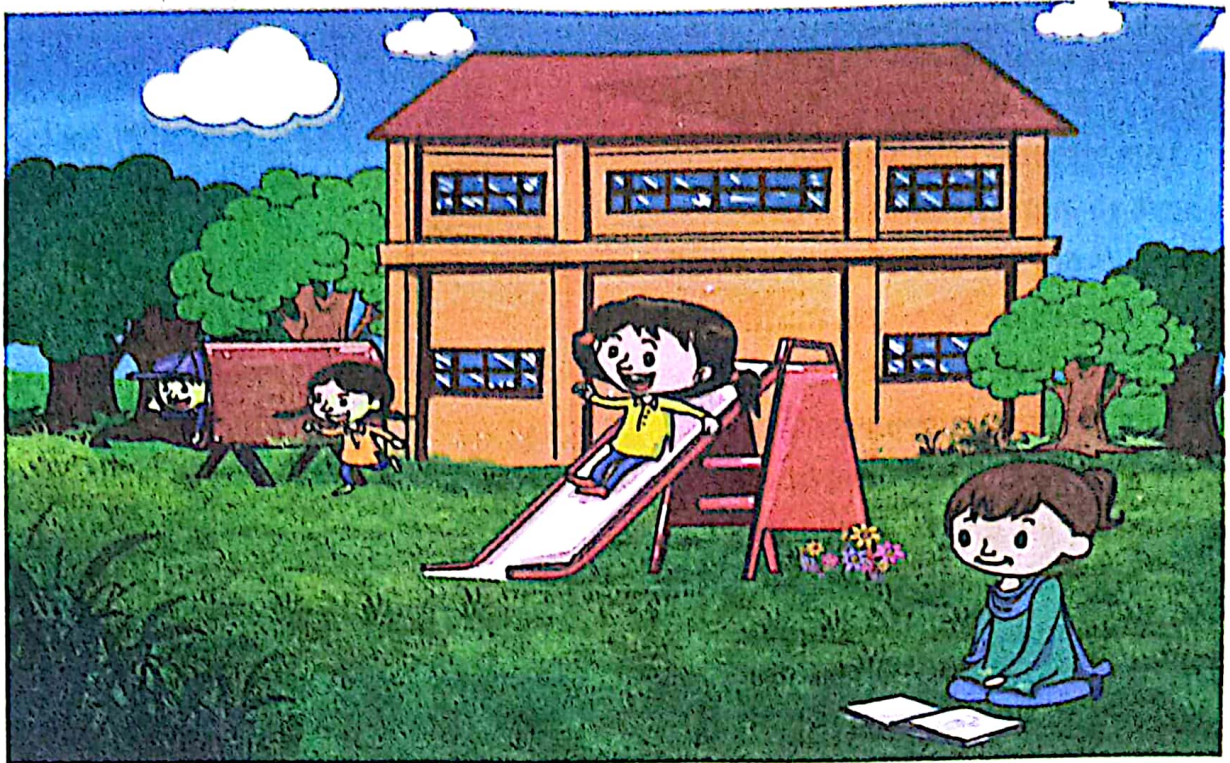
Introduce family relationship to children through role play. Celebrate family day/parents day/ grand parents day in school.



Ask children to prepare their family tree with the help of their parents at home and display it in the classroom.

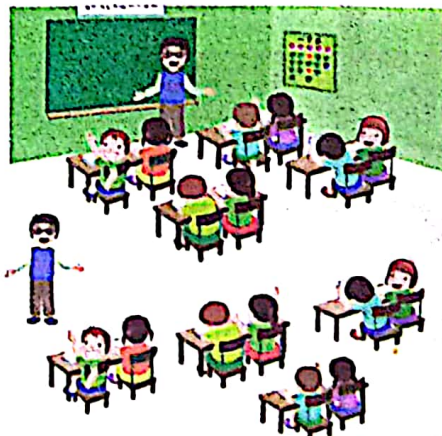


My School



Today I am very excited to tell you about my school. My school is big. I have many friends here. We learn to read and write here. My classroom is very colourful. My favourite place is library, where my teacher tells us stories. There are swings in the play-ground. I enjoy them all.

classroom



Discuss the picture with children and talk about the different areas of the school. Tell children how to keep their school and surroundings clean and how to take care of school belongings.



Take children for school visit. Give a paper and encourage them to draw whatever they like about their school.



My Country

Pakistan, Pakistan, love you Pakistan

Your fields are green

Your streams are clean

Your mountains are high

Where eagles fly

Your people are brave

Courageous and kind

helping others, they don't mind

Your cities are buzzing

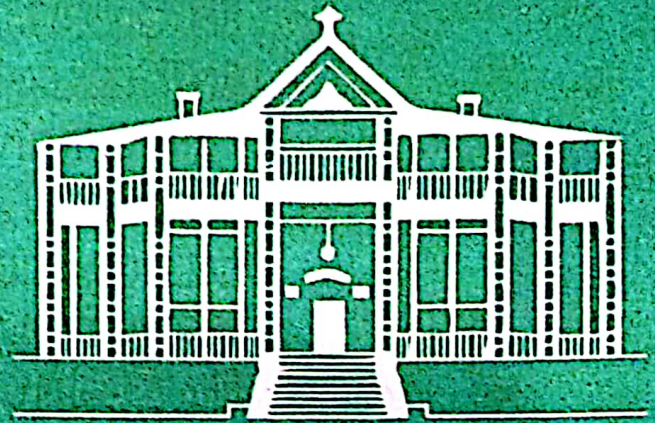
Your villages are humming

Your wells are sweet

Where birds tweet

Pakistan, Pakistan, love you Pakistan

(Shafia Rafique, Arooj Saqib, Humaira Latif)



Sing poem aloud with children. Discuss with children that there are four provinces of Pakistan (Sindh, Balochistan, Khyber Pakhtunkhwa, Punjab). Tell them that our national hero is Quaid-e-Azam Muhammad Ali Jinnah, national poet is Allama Muhammad Iqbal, national language of Pakistan is Urdu, national dress is shalwar kameez.



Celebrate Independence day (14th August) in school.
Make flag of Pakistan in class.



My Day



Let's see my day
Let's see my day
It is full of fun
Yeah! Yeah! Yeah!
I wake up, I wake up
I pray, pray, pray
I brush my teeth
I smile whole day
I eat my breakfast
I go to school everyday
Yeah! Yeah! Yeah!
Let's see my day
Let's see my day
I study, I play, I sleep
I love my day
I love my day
Yeah! Yeah! Yeah!



(Shafia Rafique, Arooj Saqib, Humaira Latif)



Sing poem aloud in the class. Ask children about their daily routine and also tell them, why it is important to follow a routine.



Have multiple sets of pictorial flashcards of "my day" and give them out in small groups. Ask children to organize them in sequence.



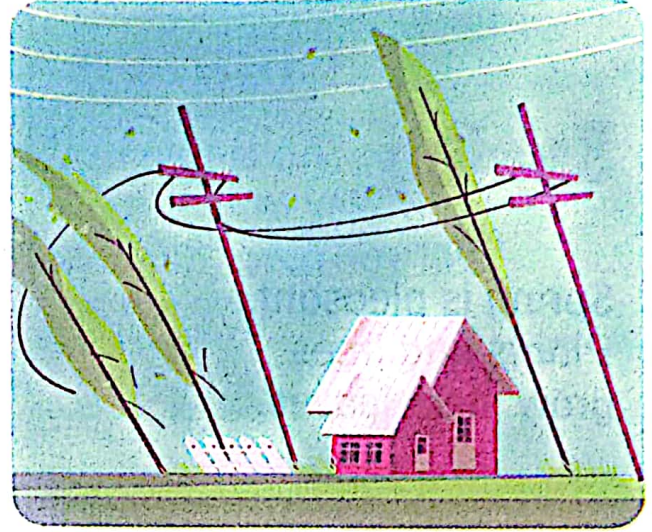
Exhibit healthy routine at home and encourage children to follow it.



Weather



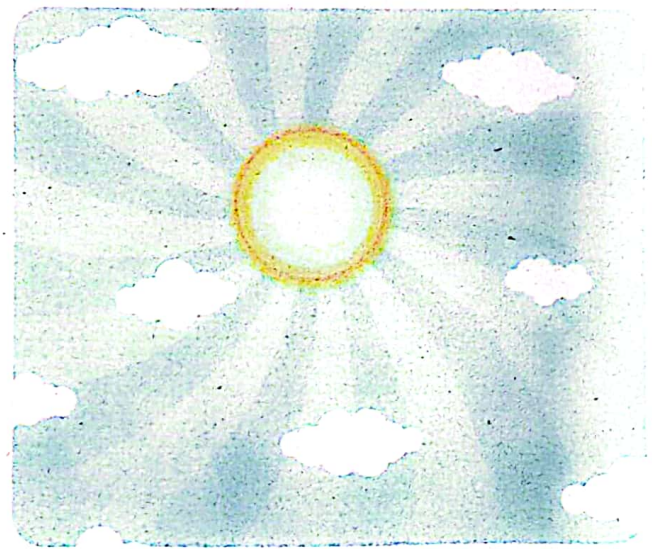
cloudy



windy



rainy



sunny



Talk about the pictures and ask children what they see. Introduce four kinds of weather to children. Take children outside to discuss weather conditions, (cloudy, windy, sunny and rainy) and talk to them about the use of umbrella, raincoat, sunglasses etc.



Make a weather wheel with recycled material, observe and mark daily weather on it. Display it in the classroom.



Show video of weather conditions, (cloudy, windy, rainy and sunny) (where applicable)



Seasons

Spring

Spring is pleasant.
Plants and trees
grow more leaves.



Summer

Summer is hot.
The sun helps
buds to grow into
fruits and flowers.





Autumn

Autumn is dry.
Leaves turn yellow
and orange. They fall
on the ground.

Winters

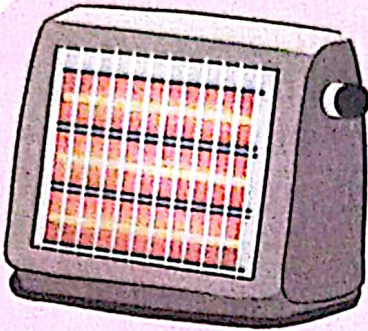
Winter is cold.
It snows at some
places.



Encourage children to talk about different seasons and their characteristics. Talk about seasonal clothes, e.g. (coat, shorts, etc), their special food, fruits and festivals. Take children out for a walk and ask few questions, e.g. Is the temperature cold, hot or freezing? Do you feel when it rains, hails or there is mist?



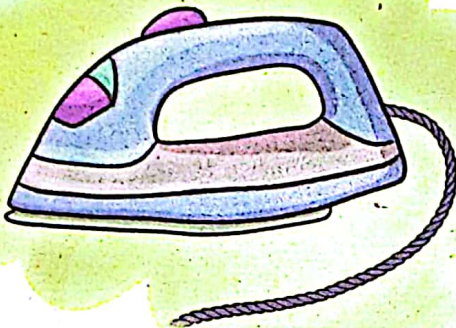
Hot and Cold



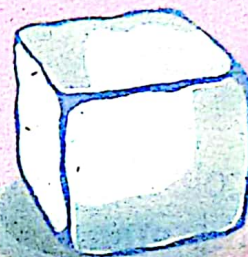
heater



ice-cream



iron



ice-cube



Give children the concept of hot and cold with real life examples.
Ask children to differentiate between hot and cold things.



Let children draw picture of an ice-cream and guide them to cut it with the pair of scissors.



Show video of hot and cold things, if possible.



Describe



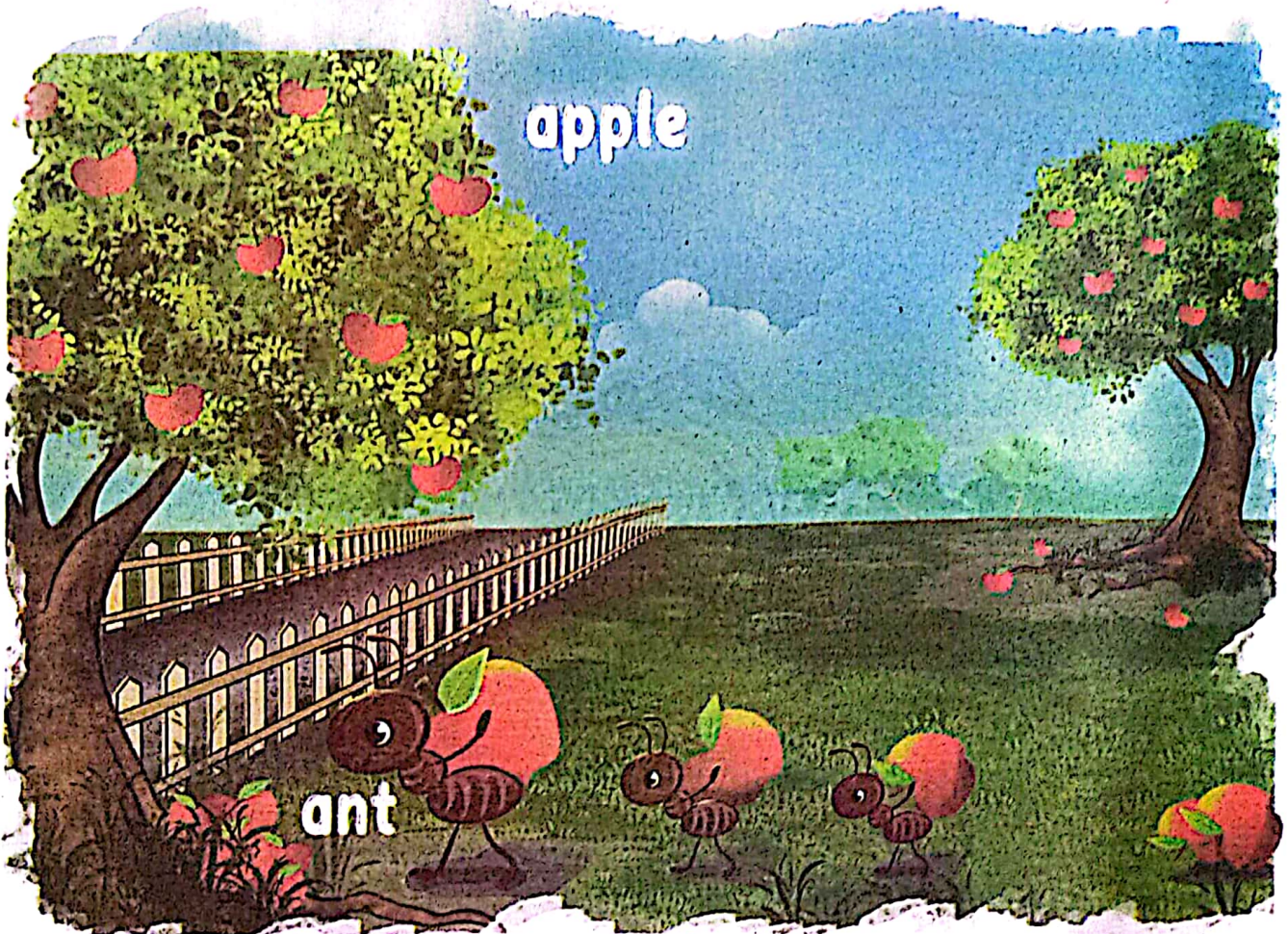
Who, What, Why, When, Where, the 5Ws questions are used to gather information about a story or subject matter. 5Ws technique is used effectively to organize children thoughts on the topic, (graphic organizers can be used, e.g. mind mapping, venn diagram, cause and effect etc).



Teacher will make a 5Ws wheel involving children and display it in the classroom. Teacher will read a story to the children. She will call the children one by one to spin the wheel. He/She will ask question where the arrow of the wheel land on one of the 5WS.

Aa

"a" letter, "a" letter, jump, jump, jump
"a" letter, "a" letter, has a hump



Once upon a time, there was a hardworking **ant**. She kept on collecting food in summers for winters. She advised her friends to collect food too. Her friends did not listen to her. Her friends were upset when they did not have any food to eat in winters.



Introduce letter "Aa" with phonic sound. Discuss facts about ants and apples.



Take children outside, let them observe the environment and spot an ant and make apple in the classroom with paper plate / paper / newspaper / recycled material.



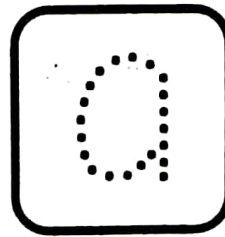
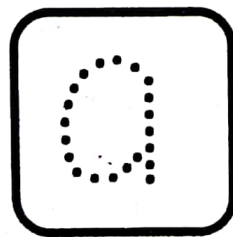
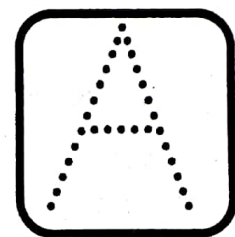
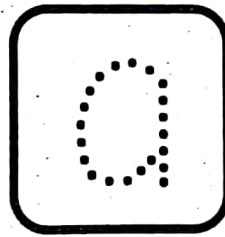
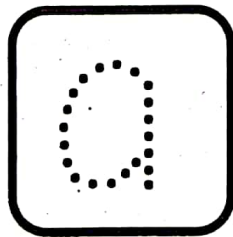
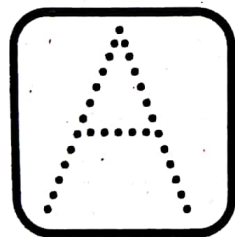
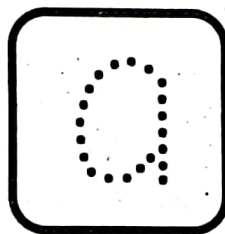
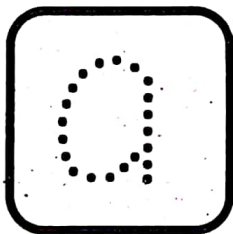
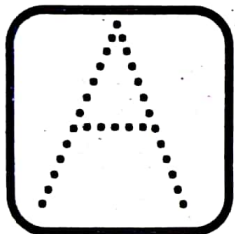
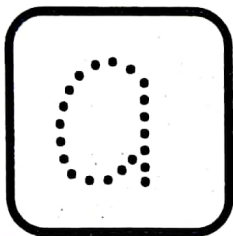
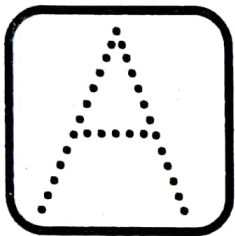
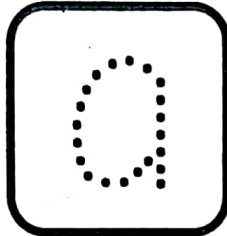
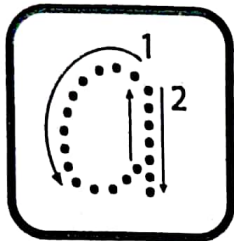
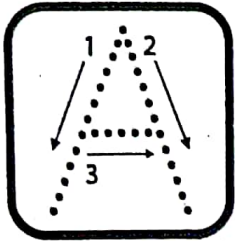
Teach vocabulary as sight words:
apple, ant, axe, ape, aunt, acorn, ambulance, astronaut

Ask children
what other things
they see in
classroom that
start with
letter "a"

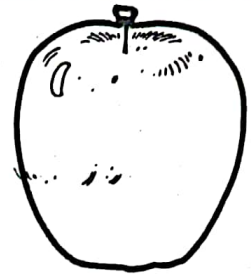
A

a

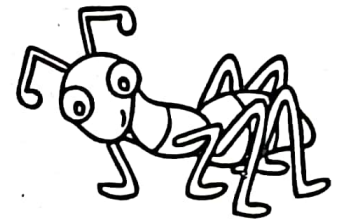
Trace and Colour



apple



ant



arrow



aeroplane



Trace the letters and colour the pictures.

A

a

Trace and Write









Circle: "Aa"

a	e	B
C	A	g
A	p	a

Aa

Aa

Aa

Aa

Aa

Aa

Aa

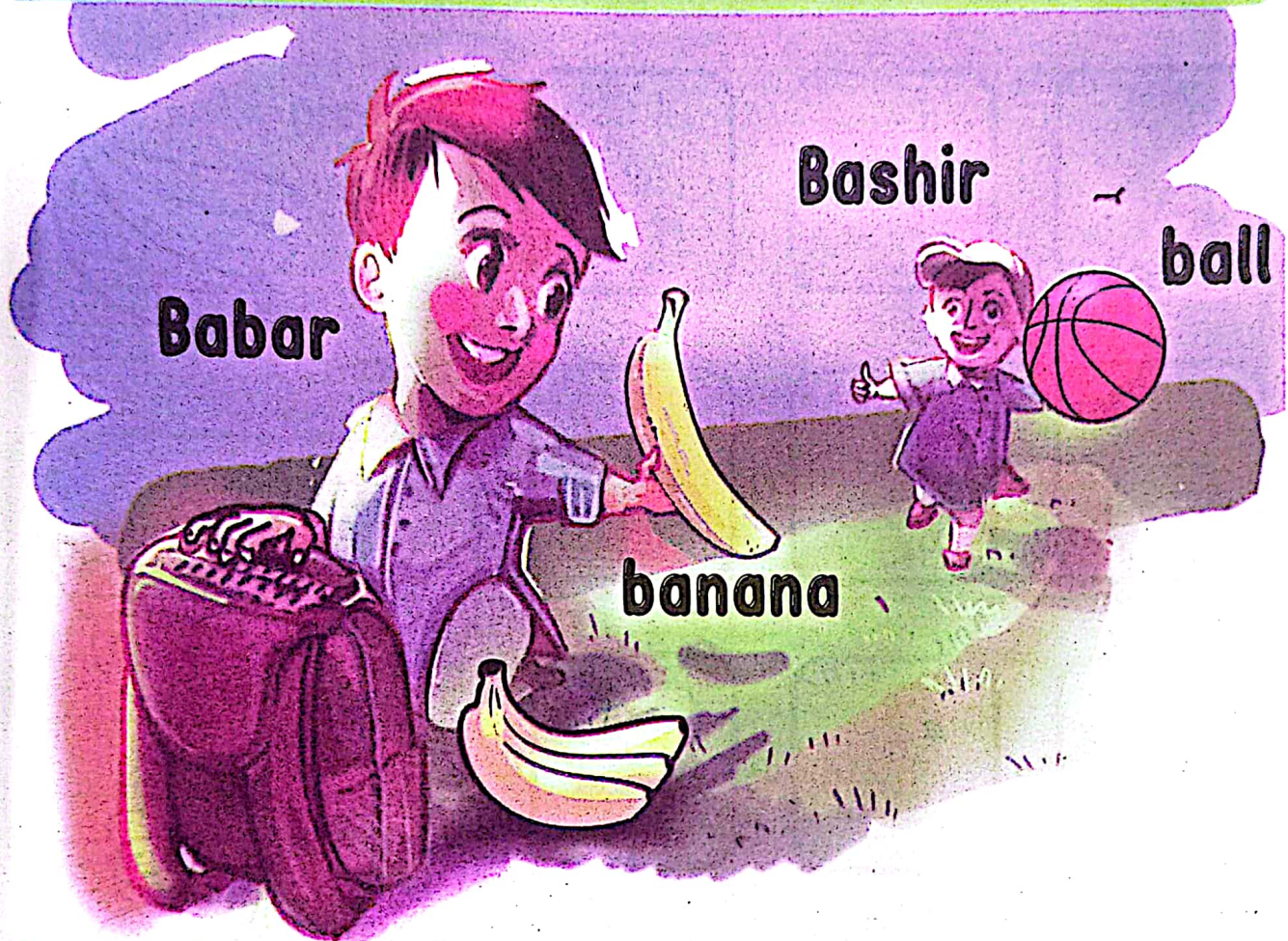
Aa



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.

Bb

"b" letter, "b" letter, ball, ball, ball
"b" letter, "b" letter, do not fall



Babar and **Bashir** were **brothers**. It was Sunday morning and they decided to go for a walk. They walked and after that, they played with a **ball**. Finally, they got very tired and hungry. **Babar** took out the **banana** from the **bag** and shared it with his **brother**.



Introduce letter "Bb" in circle time with letter story and phonic song. Talk about health benefits of eating banana. Also give concept of sharing (sharing is caring).



Game: Letter sorting activity with children through Aa to Zz letters (cutouts / flashcards, shoe box).

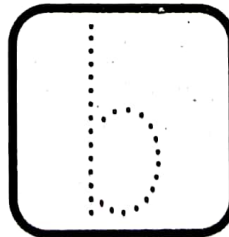
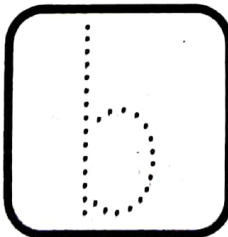
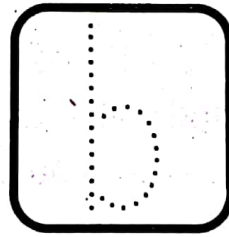
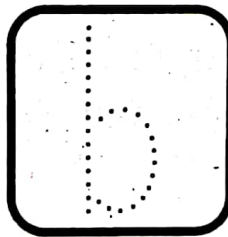
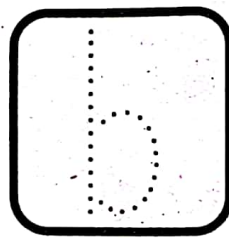
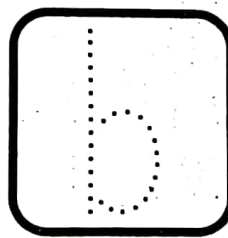
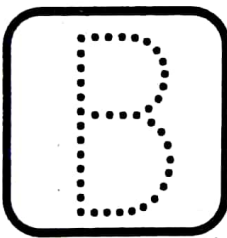
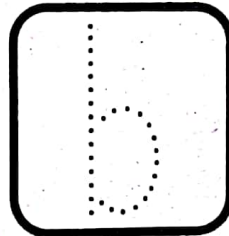
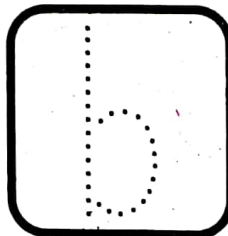
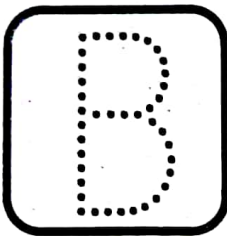
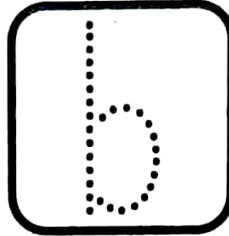
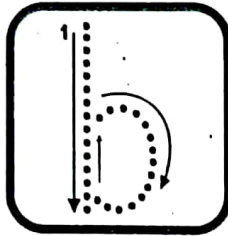
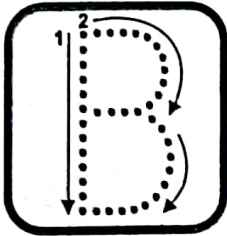


Teach vocabulary as sight words: bag, banana, ball, boy, baloon, butterfly, bat

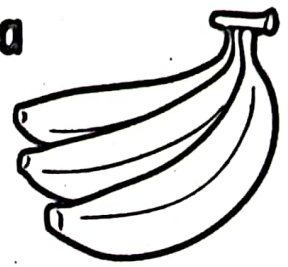
Ask children
what other things
start with
letter "b"

Bb

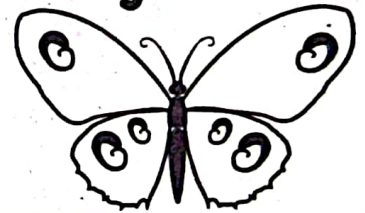
Trace and Colour



banana



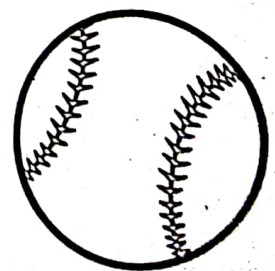
butterfly



boy



ball



Trace the letters and colour the pictures.

B

b

Trace and Write









Circle: "Bb"

b e B

C B b

b p B

B B B B

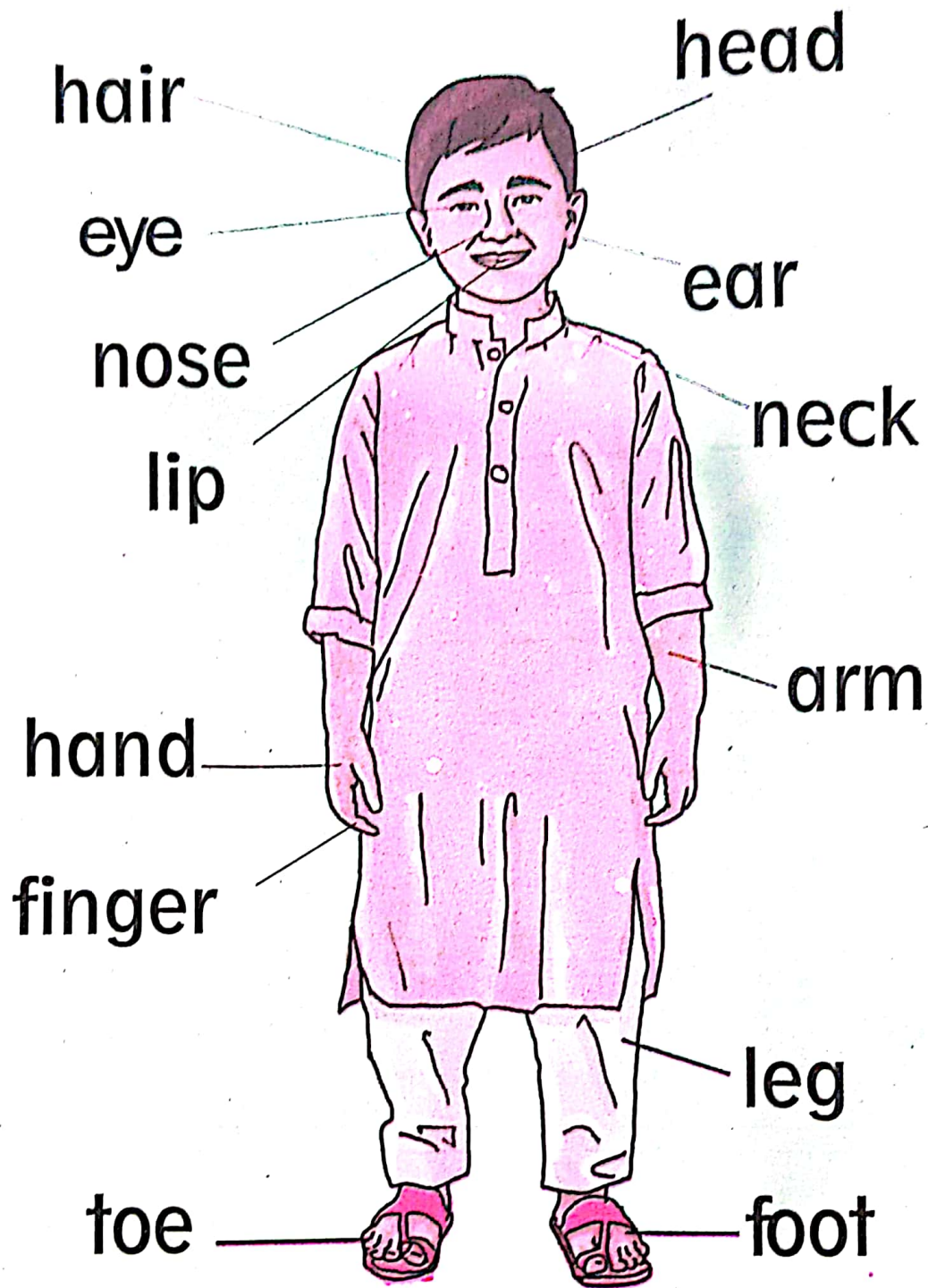
B B B B



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.



Body Parts



Name the body parts. Sing the body parts poem with children (head, shoulders, knees, and toes) Discuss with children, how to keep their body clean (clipping nails, taking bath, brushing teeth and checking head louse etc).



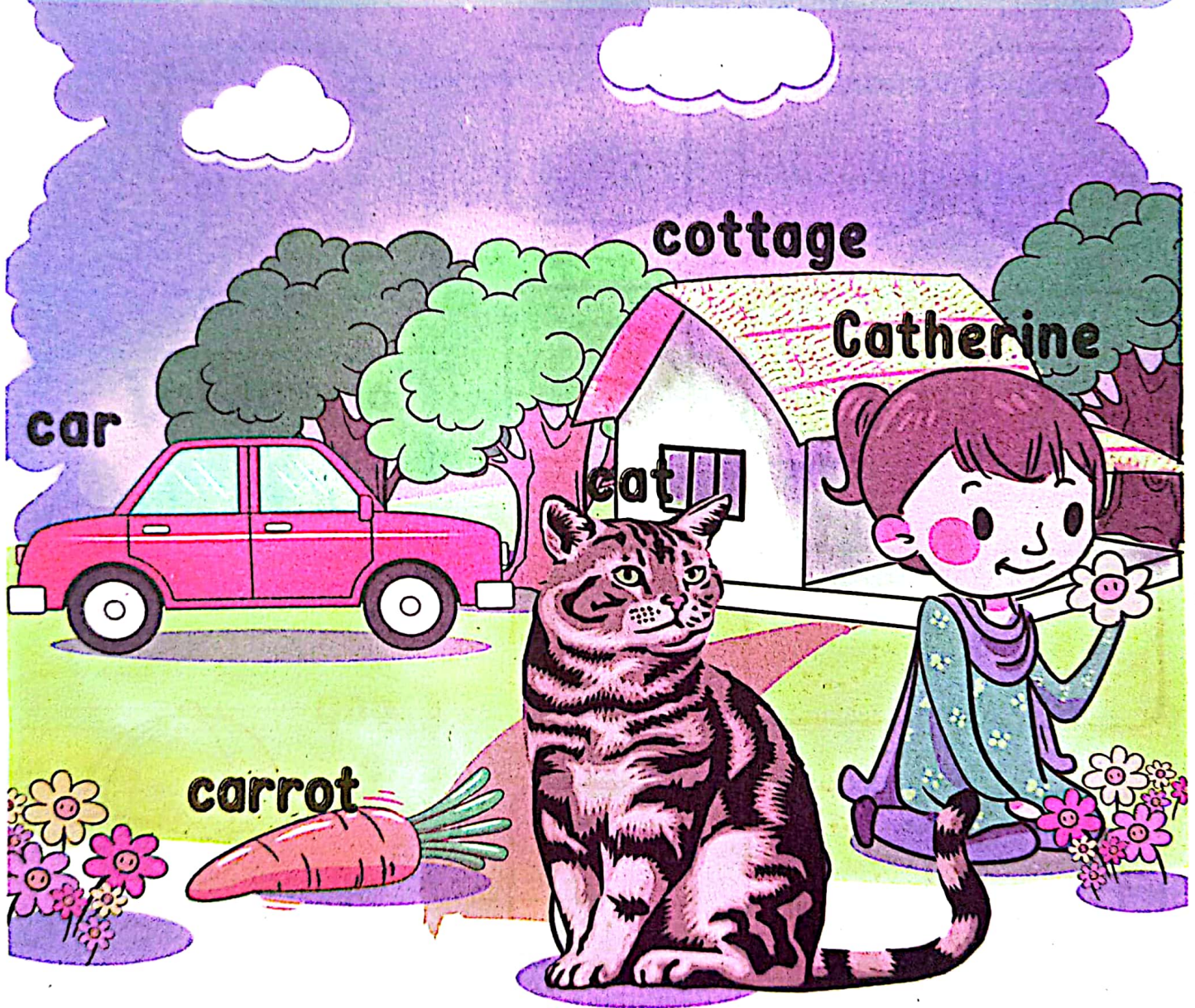
Explain to children, what is good and bad touch, If someone tries to grab or hold them, they should shout and seek adult help.



Make the body part cut outs with chart-paper / newspaper and ask children to match and paste them.

Cc

"C" letter, "C" letter, cat, cat, cat
"C" letter, "C" letter, mat, mat, mat



Discuss the picture with children and ask them to name given "c" words. Introduce letter "c" with phonic song. Tell children about pet animals, e.g. cat, rabbit, dog, etc.

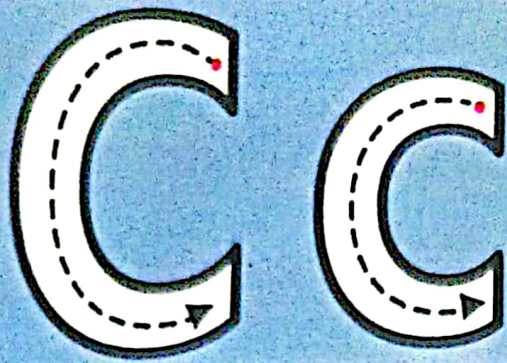


Help children develop a story with the given words and pictures. Teacher will then write the story on the board and will read it out to the children.

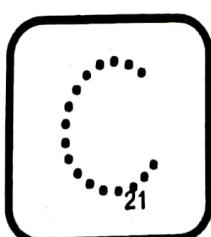
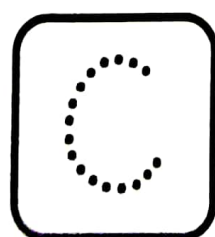
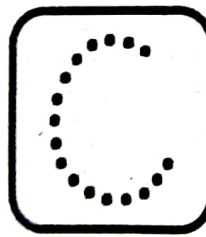
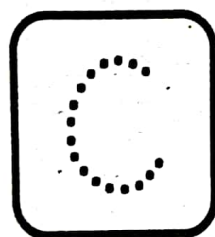
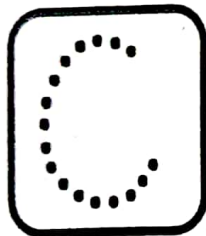


Teach vocabulary as sight words:
cat, car, carrot, cottage, corn, cup, candle, can, cabbage, cookie, cow, card, cake

**Tell health
benefits of
eating carrots.**



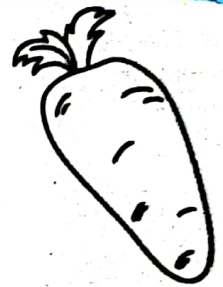
Trace and Colour



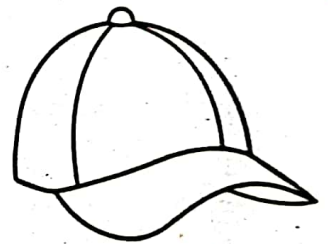
cat



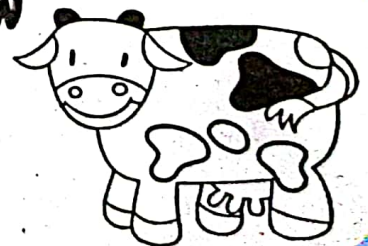
carrot



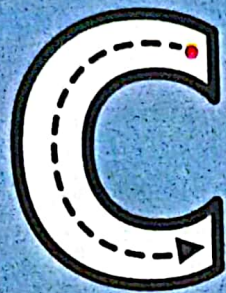
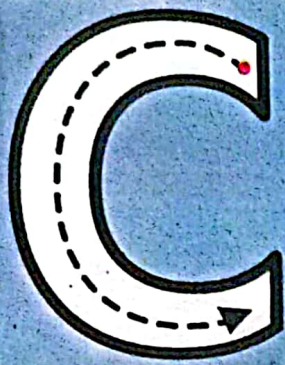
cap



cow



Trace the letters and colour the pictures.



Trace and Colour









Circle: "Cc"

c	T	C
C	A	c
c	p	C



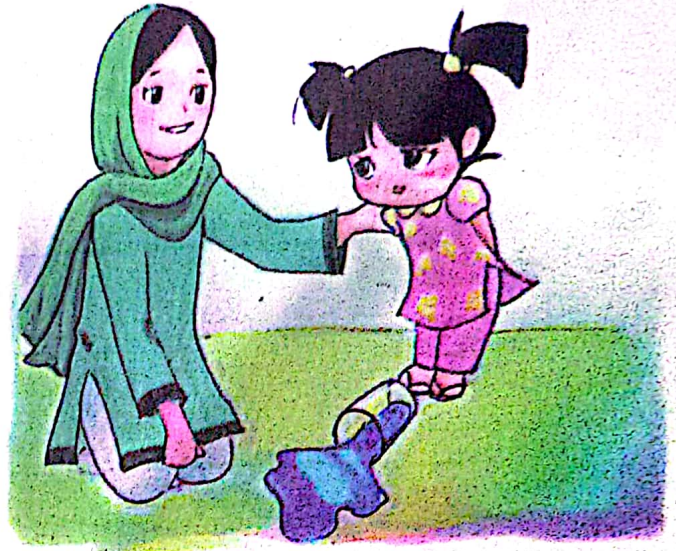
Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.



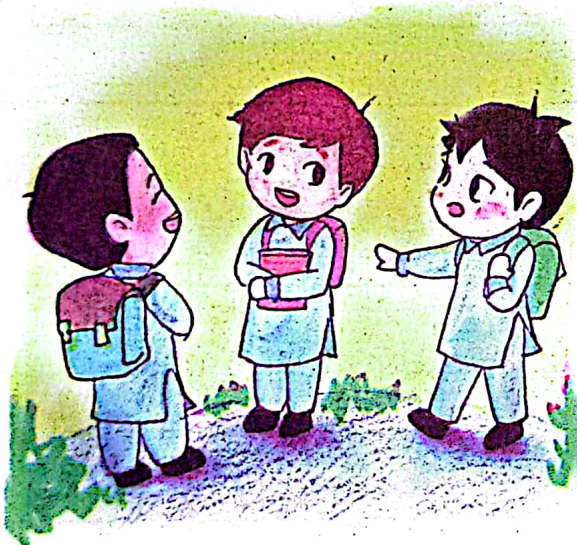
Courtesy Words



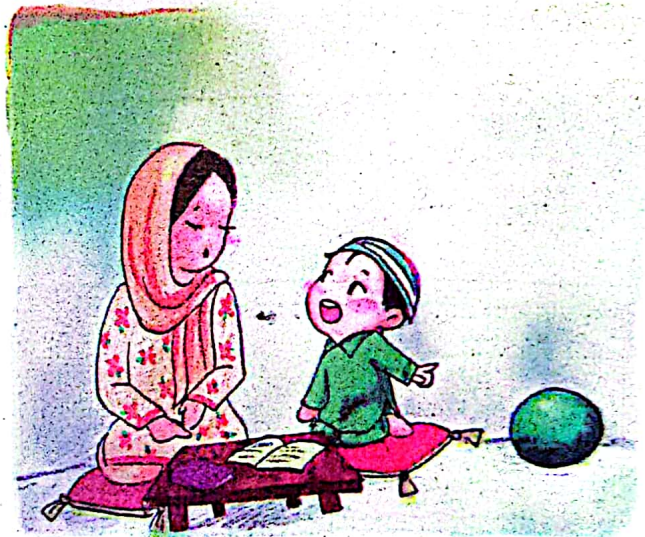
thank you



sorry



excuse me



please



Discuss the given picture with children. Explain when and how to use courtesy words. Encourage children to accept their mistake, say sorry, appreciate and compliment each others work.



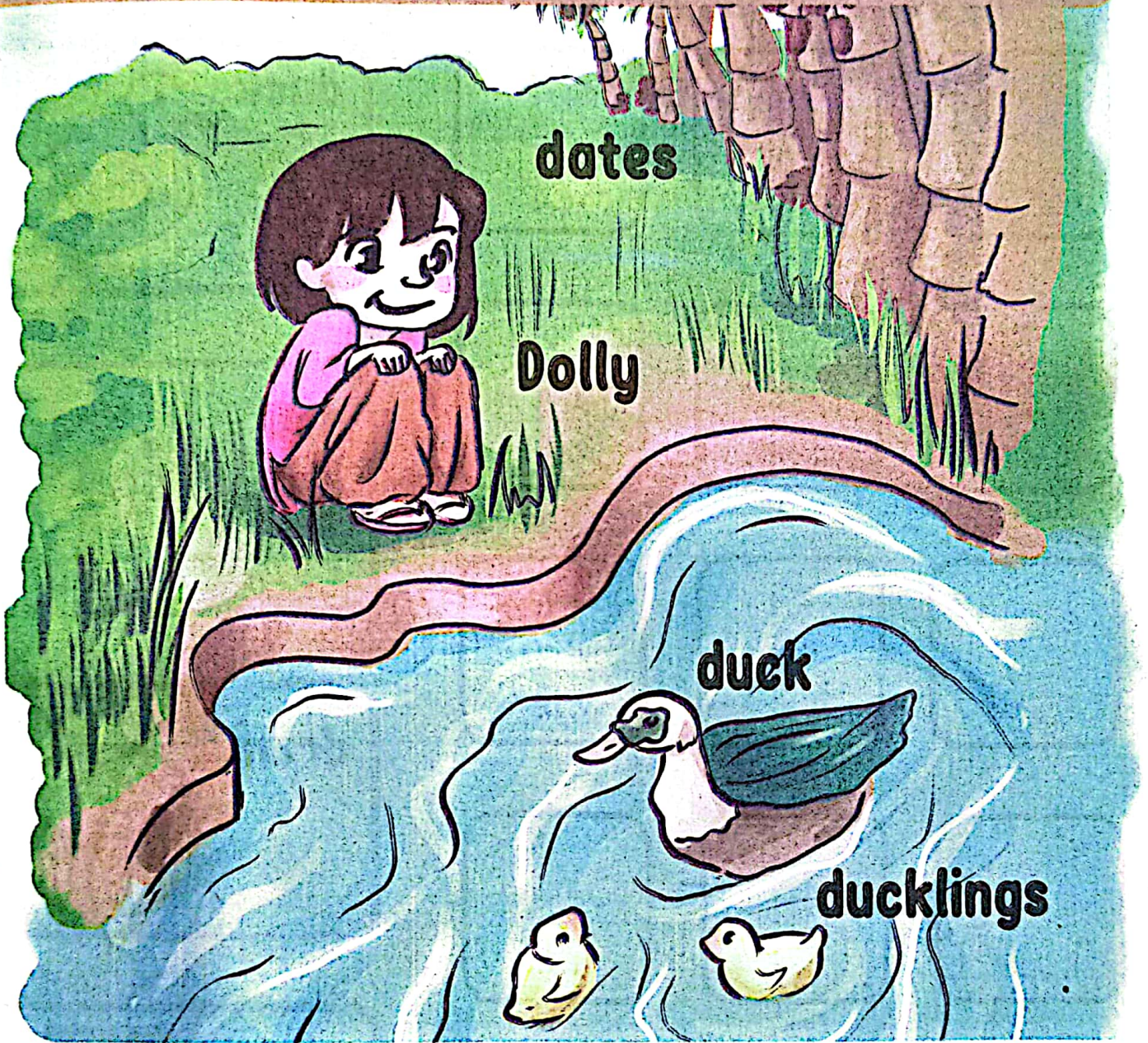
Display courtesy words in the class. Do situational role play on courtesy words.



Remind your children to use courtesy words in their daily routine.

Dd

"d" letter, "d" letter, drum, drum, drum
"d" letter, "d" letter, have some fun



Discuss the picture with children and ask them to name given "Dd" words. Introduce letter "Dd" with phonic song. Help children to make a story with given picture and words. Explain to children that dates are good for health. Talk to children about taking care of animals and their babies.

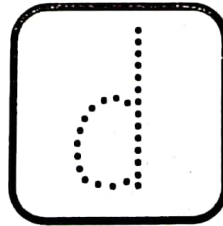
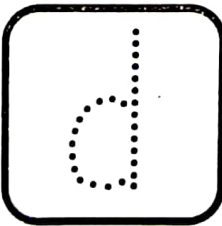
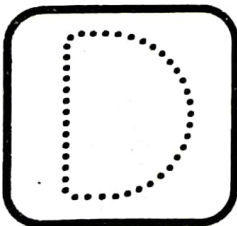
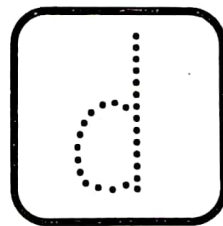
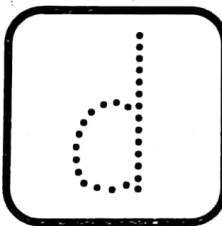
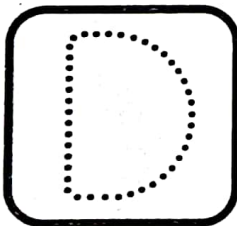
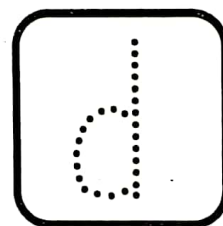
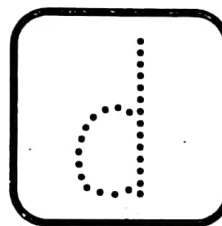
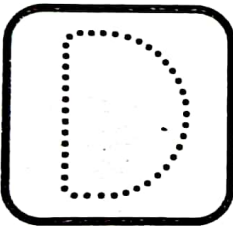
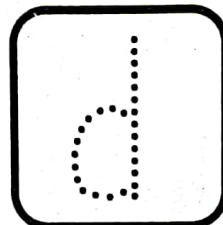
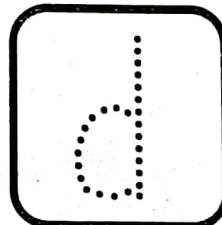
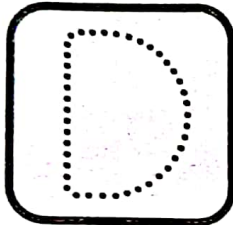
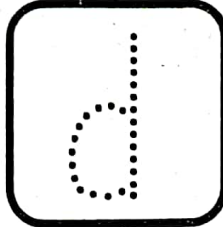
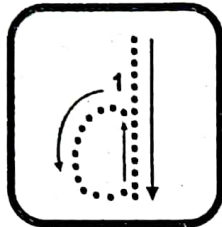
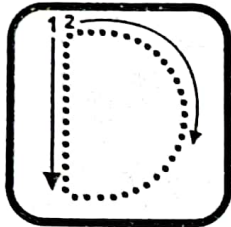


Teach vocabulary as sight words:
duck, duckling, date, donut, dog, donkey, dolphin, dentist, deer
doctor, dad

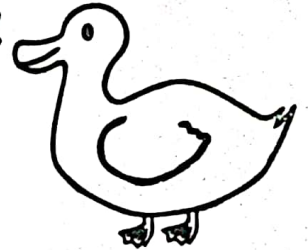
**Duck babies
are called
ducklings.**

Dd

Trace and Colour



duck



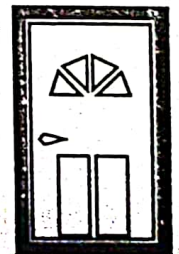
doll



drum



door



Trace the letters and colour the pictures.

Dd

Trace and Write



Circle: "Dd"

d	X	D
D	u	d
d	N	D

Dd Dd Dd Dd

Dd Dd Dd Dd



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.



Days of the week

Thursday

Friday

Wednesday

Saturday

Tuesday

Sunday

Monday

Days of the week, Days of the week

Lets sing together, Days of the week

Monday, Tuesday

Wednesday, Thursday

Friday, Saturday

Sunday

Days of the week, Days of the week

Lets sing together, Days of the week

(Shafia Rafique, Arooj Saqlb, Humaira Latif)



Sing days of the week poem along with children. Tell children, there are seven days in a week. Generate discussion on what children do on each day.



Make a caterpillar showing days of the week with recycled material.

Ee

"e" letter, "e" letter, eat, eat, eat
"e" letter, "e" letter, meat, meat, meat



An **elephant** and her calf lived in a jungle. One day the baby calf saw **eagle's eggs** in the nest. He touched the **eggs** and one egg broke. Mother **eagle** got upset. Mother **elephant** asked the baby calf to say sorry to the **eagle**.



Introduce letter "Ee" with letter story and phonic song. Discuss animals, their habitat and their babies. Discuss the moral of the story.



Ask children to bring boiled egg for lunch. Make them peel the egg and share the health benefits of it.



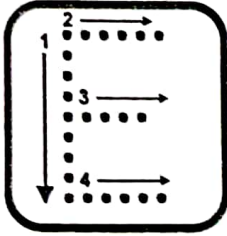
Introduce vocabulary as sight words:
egg, elephant, exit, email, eel, eraser, envelope, engine, electricity
ear, eleven

Ask children
how did the eagle
feel about
the incident.

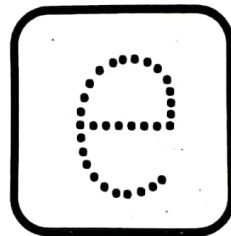
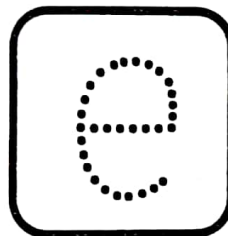
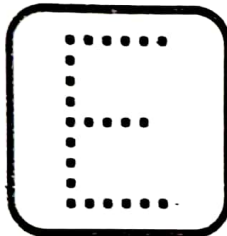
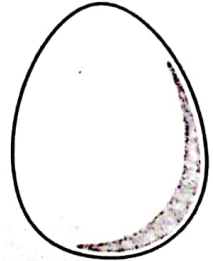
E

e

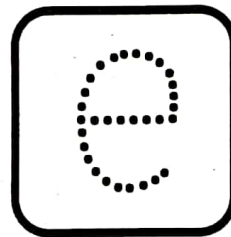
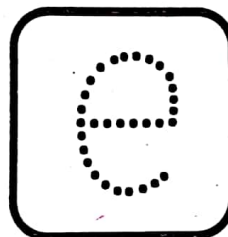
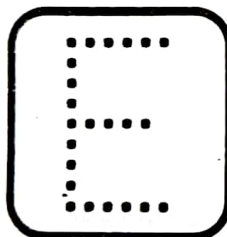
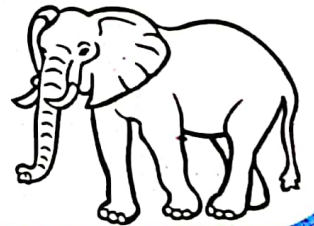
Trace and Colour



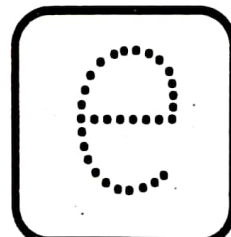
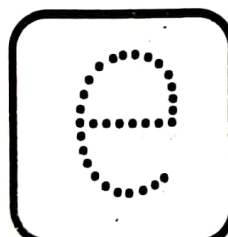
egg



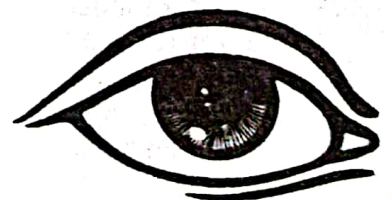
elephant



ear



eye

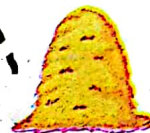
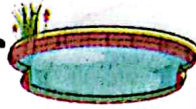


Trace the letters and colour the pictures.

E

e

Trace and Write



Circle: "Ee"

E z e
e b E
E J e

E e E e E e

E e E e E e

Blank handwriting lines for practice

Blank handwriting lines for practice

Blank handwriting lines for practice



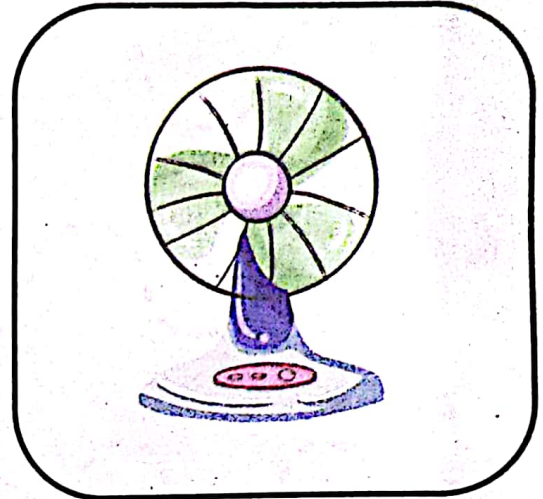
Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.

F f

"f" letter, "f" letter, fan, fan, fan
"f" letter, "f" letter, pan, pan, pan



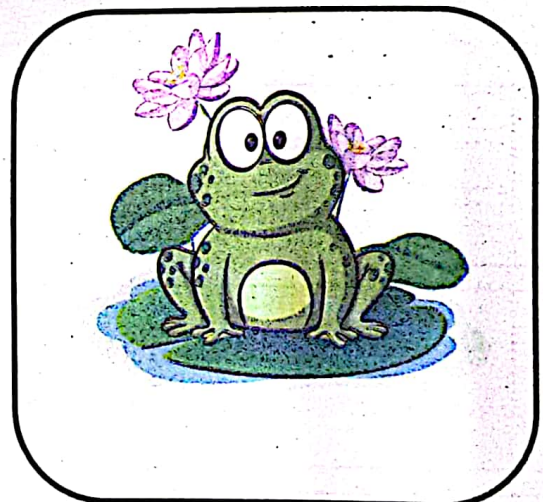
flag



fan



fish



frog



Ask children to name given "Ff" words. Introduce letter "Ff" with phonic song.

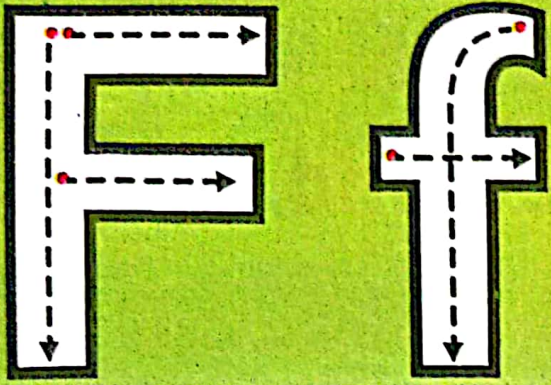


Help children to develop a story with given words and pictures. Teacher will write the story on the board and will read it out to the children.

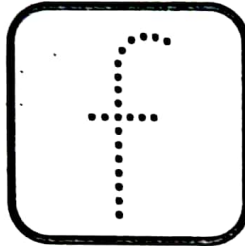
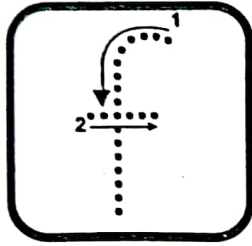
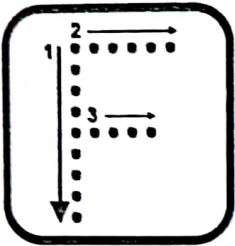


Teach vocabulary as sight words:
fan, flag, frog, fish, fox, food, father, festival, five, four, feet
fall, fast

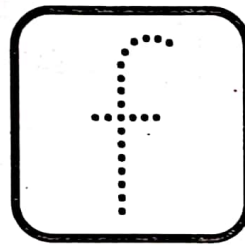
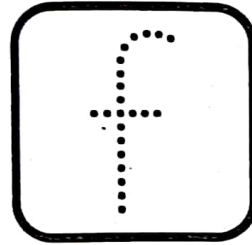
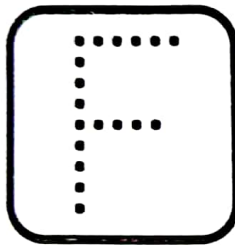
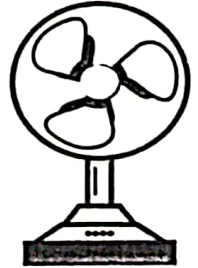
What is the
colour
of our flag?



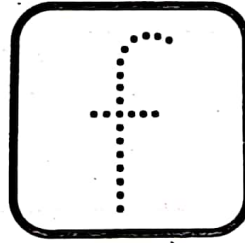
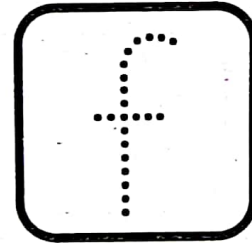
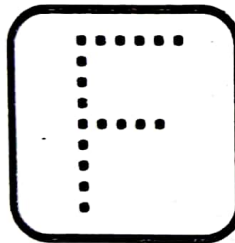
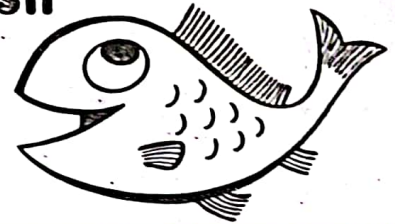
Trace and Colour



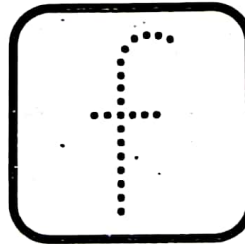
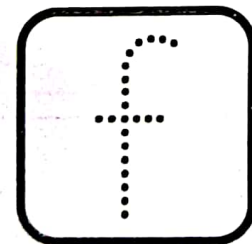
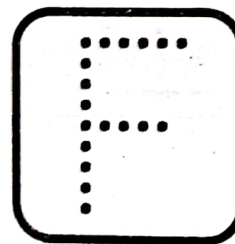
fan



fish



fox



flower



Trace the letters and colour the pictures.

F

f

Trace and Write



Circle: "Ff"

f	e	F
F	A	f
f	p	F



F F F F F F

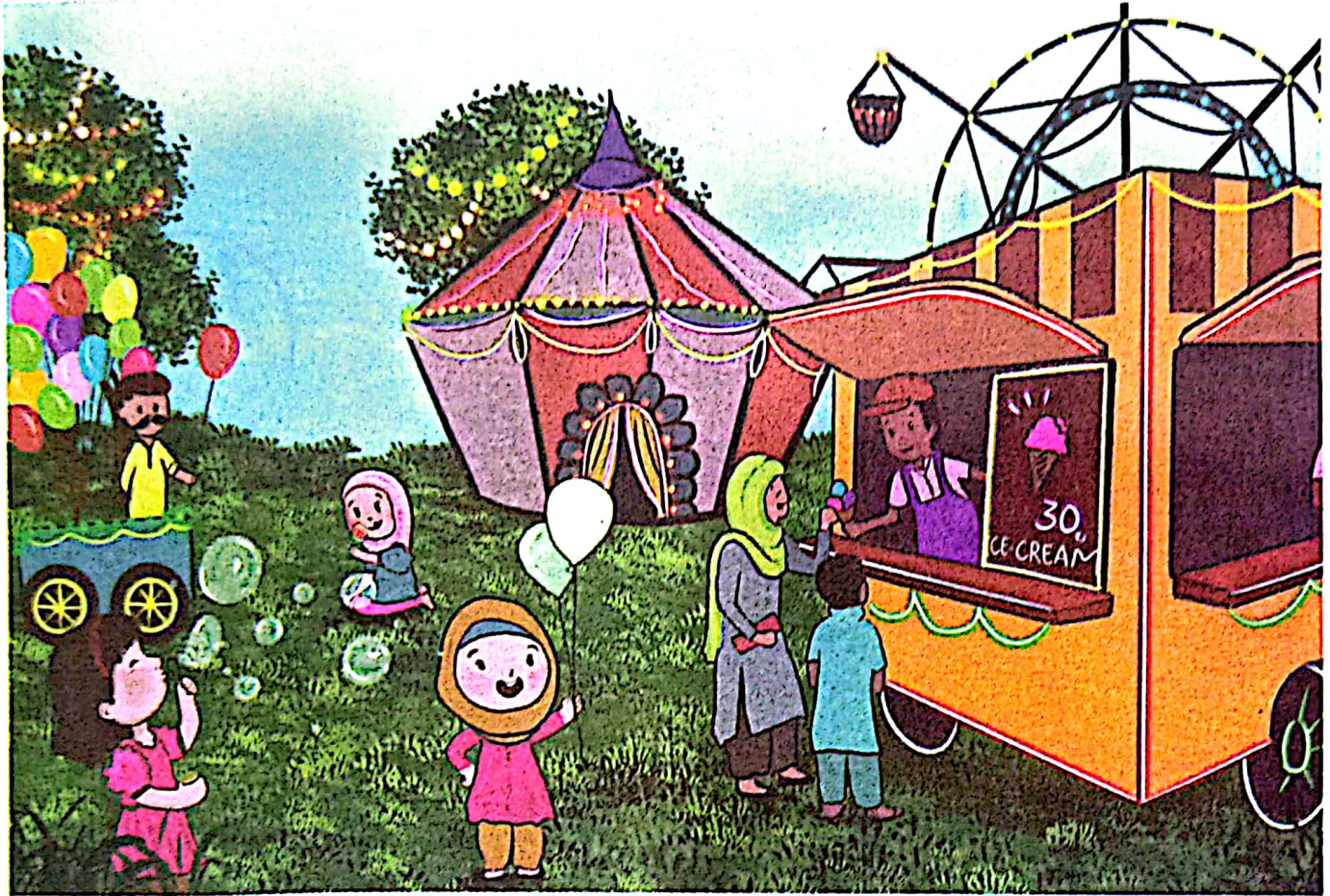
F F F F F F



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.



Festivals



**Festivals, festivals, on my way
I am happy, Hurrah! Hurrah!
We celebrate the days in hundred of ways
We eat, we meet, we love to greet
We dress, we play, we have fun all day
Festivals, festivals, on my way
I am happy, Hurrah! Hurrah!**

(Humaira Latif, Shafia Rafique, Arooj Saqib)



Sing festival poem with children and discuss significance of Eid-ul-Fitr and Eid-ul-Adha. Encourage children to share what festivals they celebrate, e.g. (Christmas, Diwali, Nauroz, Baisakhi etc) Guide children to respect other religions and their festivals.

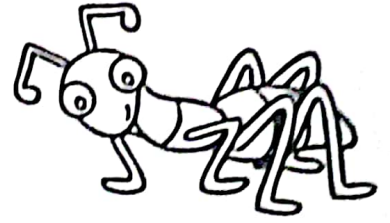


Help children to make festival greeting card in classroom.

Reinforcement Activity

f

A



e

B



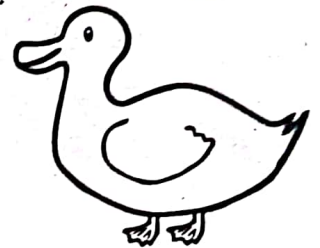
d

C



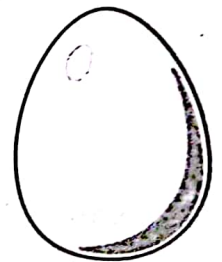
a

D



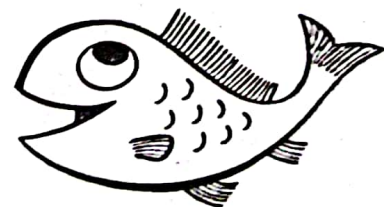
b

E



c

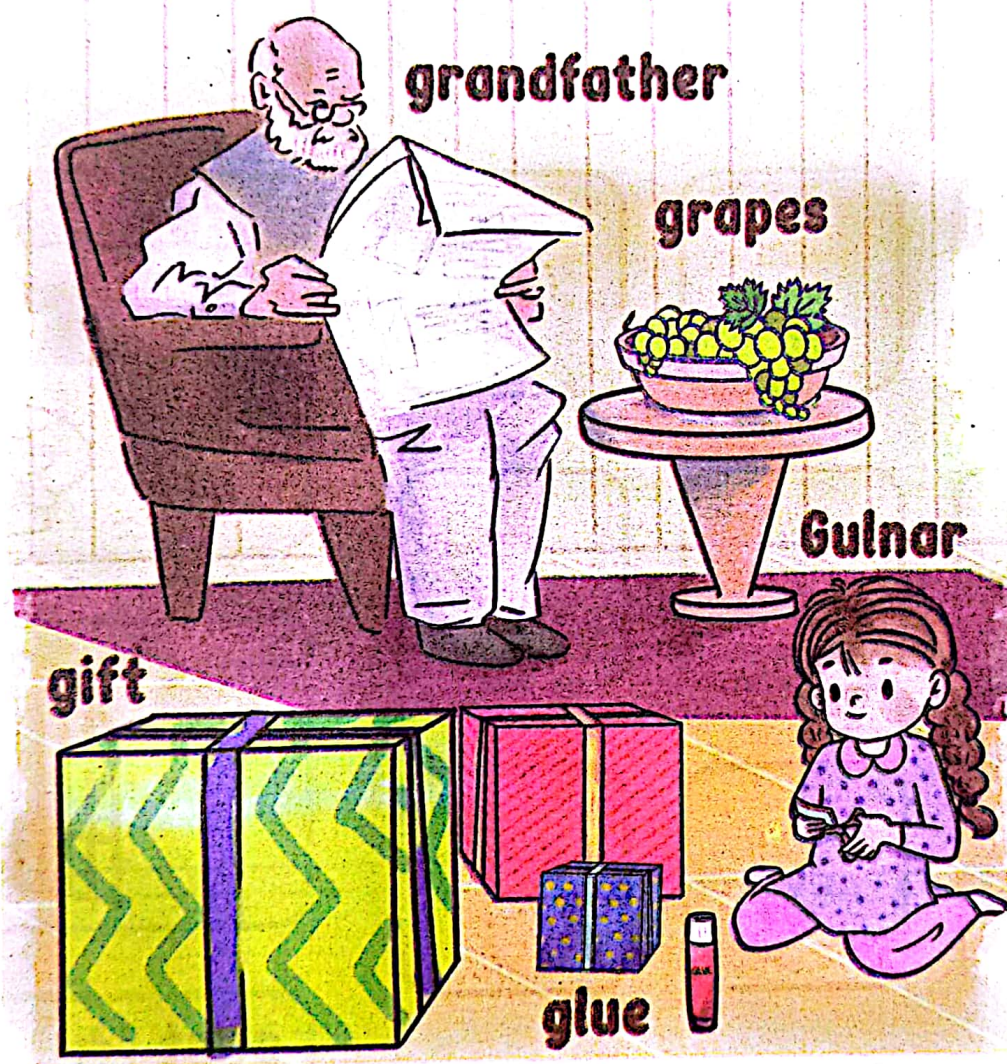
F



Ask the children to match the capital letter with small letter and colour the pictures.

Gg

"g" letter, "g" letter, glue, glue, glue
"g" letter, "g" letter, give me some clue



Ask children to name "Gg" words. Introduce letter "Gg" with phonic song.
Help children to make a story with the help of given picture.



Help children to make letter "Gg" pictorial vocabulary booklet in class.

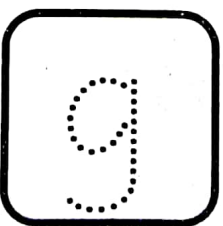
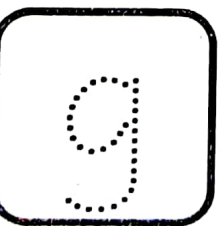
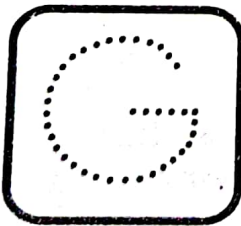
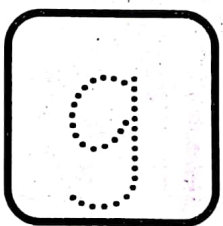
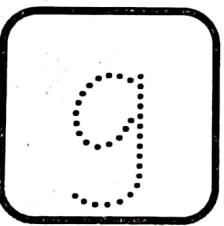
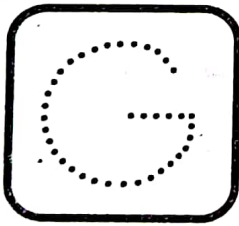
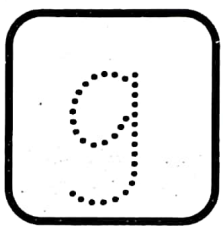
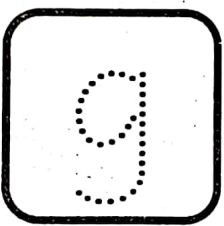
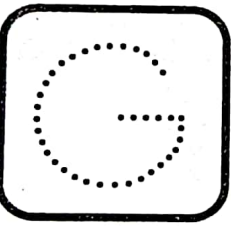
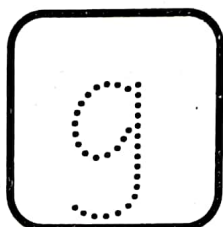
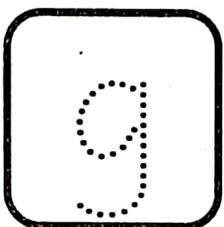
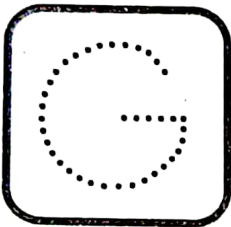
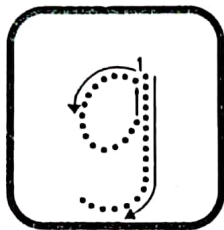
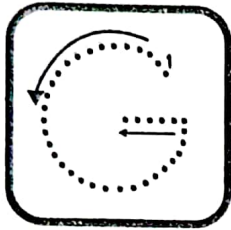


Teach vocabulary as sight words:
gift, grapes, glue, grandfather, girl, goat, gorilla, gas, gum
group, good

**Tell health
benefits of
eating grapes.**

G g

Trace and Colour



grapes



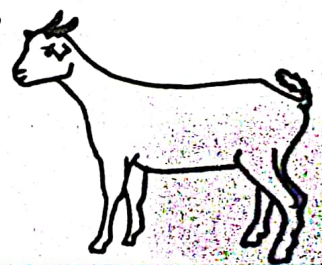
girl



gate



goat



Trace the letters and colour the pictures.

Gg

Trace and Write



Circle: "Gg"

G	n	g
G	g	T
g	S	G

Gg Gg Gg Gg

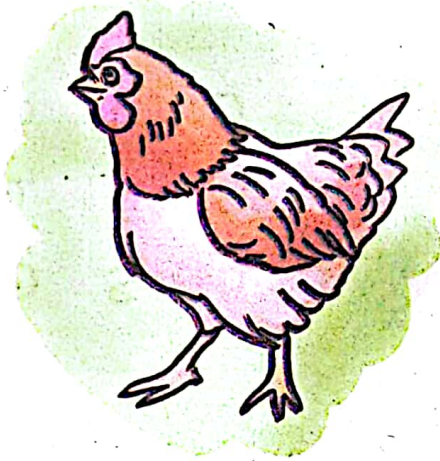
Gg Gg Gg Gg



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.

Hh

"h" letter, "h" letter, hen, hen, hen
"h" letter, "h" letter, pen, pen, pen



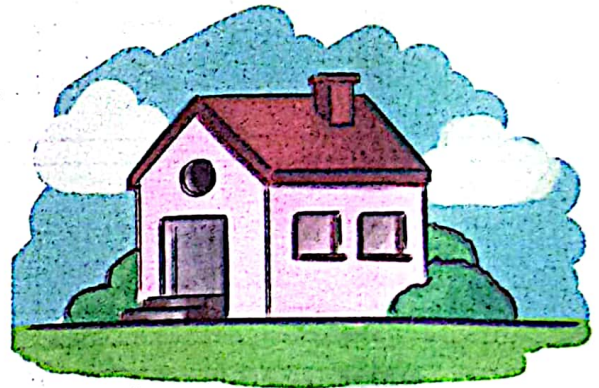
hen



hat



hand



hut



Ask children to name "Hh" words. Introduce letter "Hh" with phonic song.

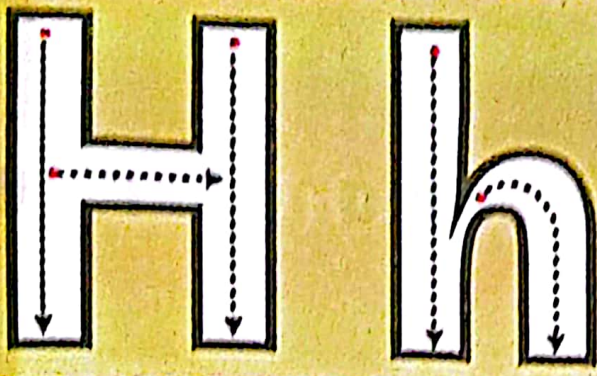


Help children develop a story with the given words and pictures.
Children will make a small picture book of letter "h".

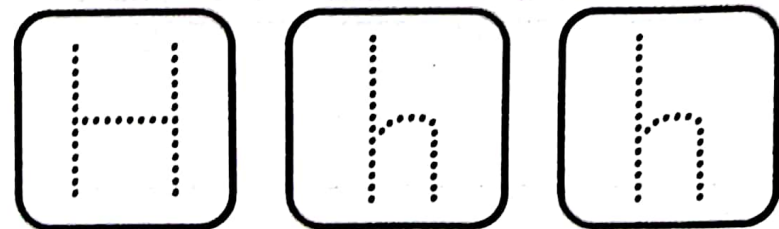
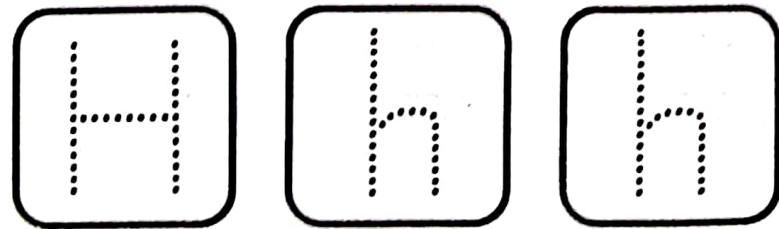
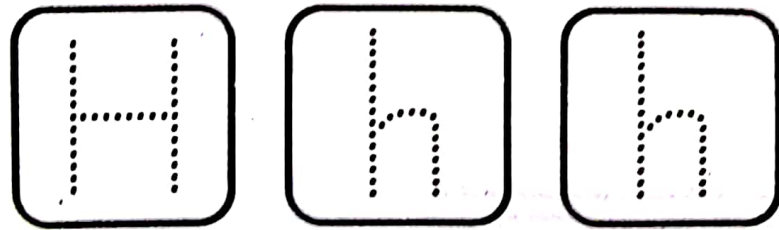
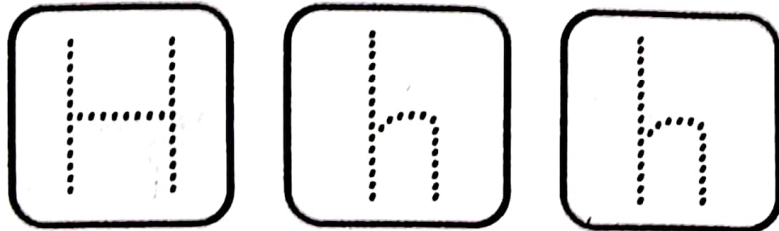
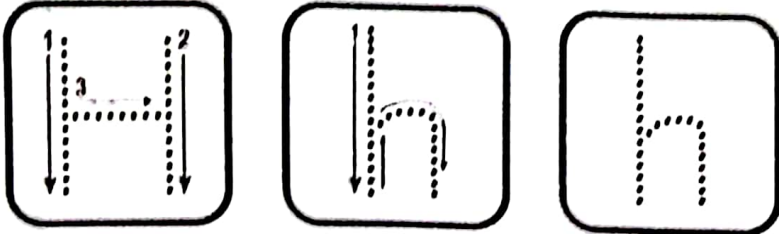


Teach vocabulary as sight words:
hand, hen, hut, honey, hook, helmet, house, horse, helicopter, hospital

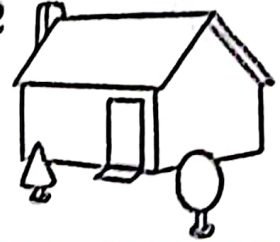
Ask children
what other things
they see in class
that start
with letter "h".



Trace and Colour



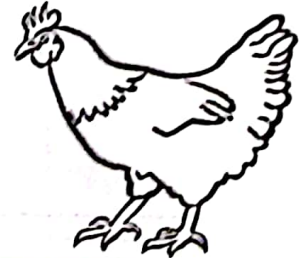
house



horse



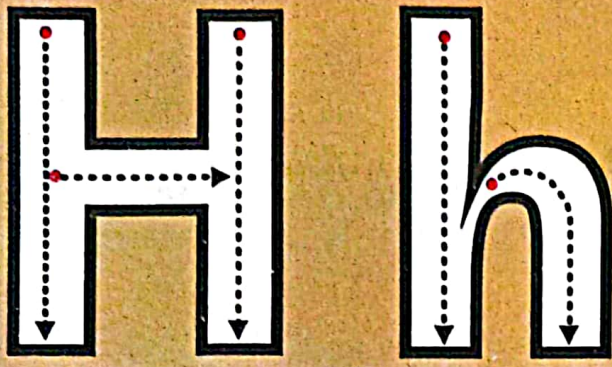
hen



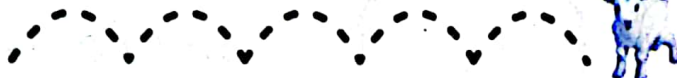
helicopter



Trace the letters and colour the pictures.

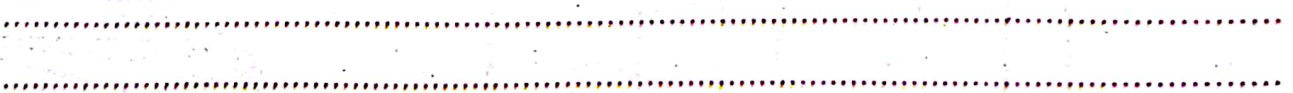
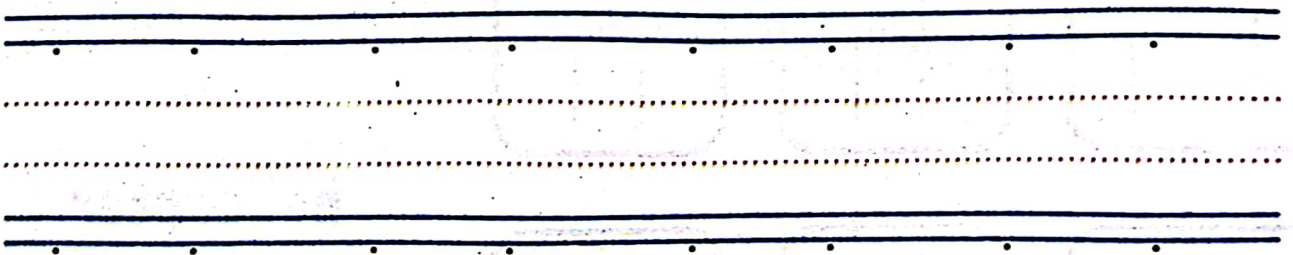
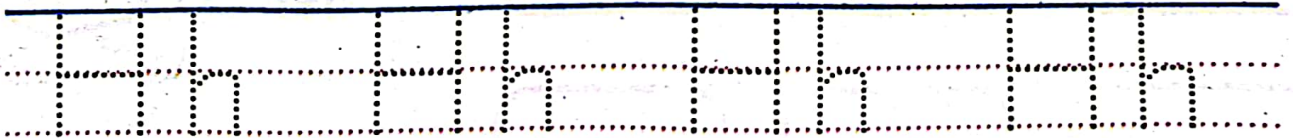
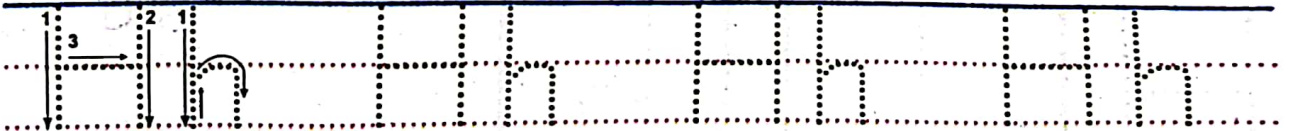


Trace and Write



Circle: "Hh"

h	J	H
H	n	h
h	b	H



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.



Handwashing



Wet your hands with clean running water



Apply soap



Rub your palms



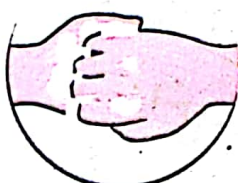
Scrub each finger and between fingers



Rub back of hands and between fingers



Rub the base of the thumbs



Back of fingers



Scrub your nails on palms



Wash your hands



Dry hands with clean towel or tissue

**Let's wash away
The germs everyday
I rub my palms
I rub my hands
and wash away
From front and back
I rotate my thumbs
I rotate my wrists
and wash away
From front and back
Let's wash away
The germs everyday**

(Shafia Rafique, Humaira Latif, Arooj Saqib)



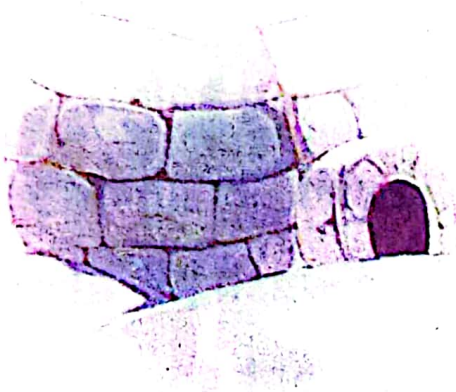
Discuss the given pictures with children and demonstrate the steps of washing hands. Highlight the importance of washing hands and how it keeps us safe from germs. Guide children not to waste water and soap.



Celebrate global handwashing day in school on 15th October.

I i

"I" letter, "I" letter, eat Ice-cream
"I" letter, "I" letter, it's my dream



igloo



inkpot



insect



ice cream



Ask children to name "I" words. Introduce letter "I" with phonic song.
Help children make a story with the given words and pictures.



Help children draw a picture of ladybug and let them colour it.

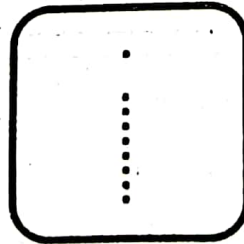
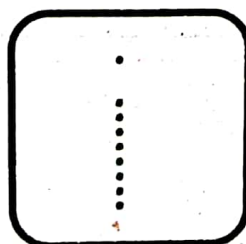
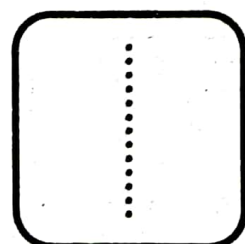
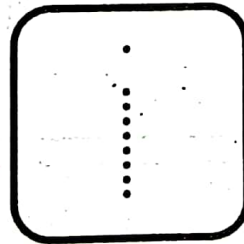
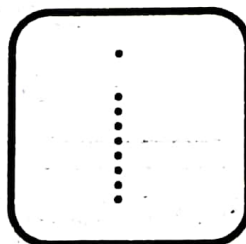
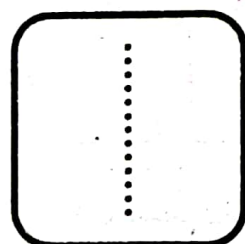
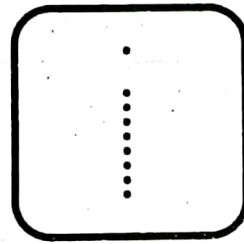
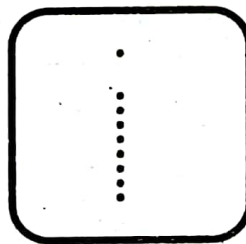
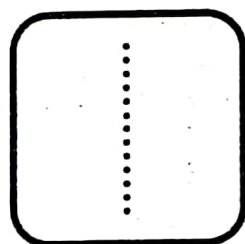
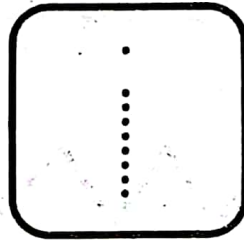
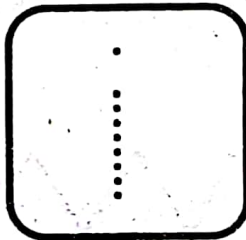
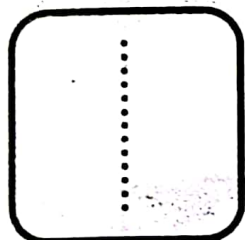
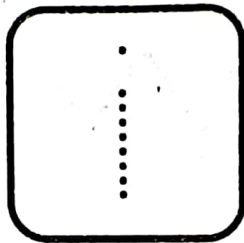
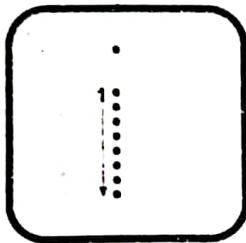
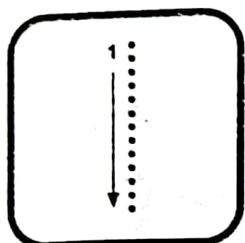


Teacher will read aloud and display vocabulary words in classroom.
igloo, Inkpot, Insect, Iguana, Ice-cream, Iceberg

I Spy with my little
eye, what other
things start with
letter "I".



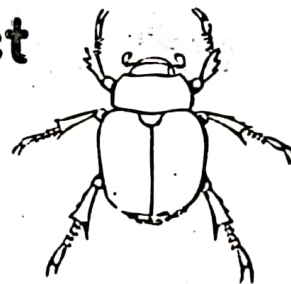
Trace and Colour



Ice cream



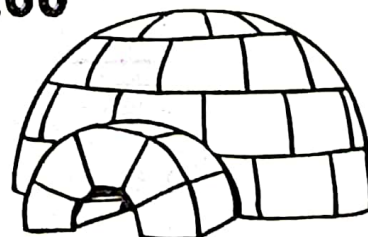
insect



inkpot



igloo



Trace the letters and colour the pictures.



Trace and Write



Circle: "li"

i L I
l i O
I J i

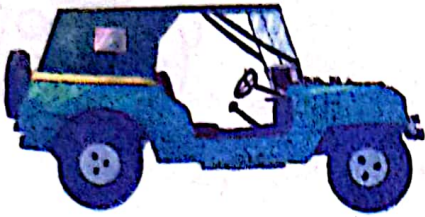
Handwriting practice lines for the letter 'i'. The first row shows the stroke order for uppercase 'I' (1) and lowercase 'i' (1). The following rows contain dashed letters for tracing and blank lines for independent writing.



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.

Jj

"j" letter, "j" letter jump, jump, jump
"j" letter, "j" letter, have some fun



jeep



joker



juice



jam



Discuss the given pictures with children and ask them to name "JJ" words. Introduce letter "Jj" with phonic song. Discuss health benefits of drinking fresh juice.

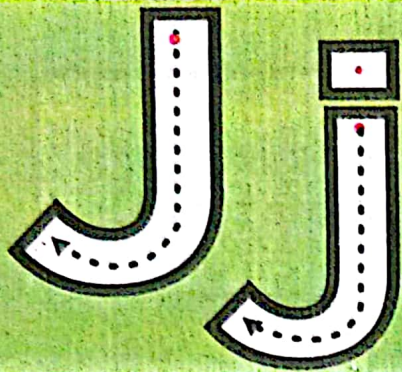


Help children to make a joker mask on a blank page.

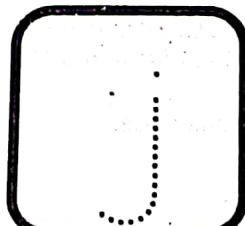
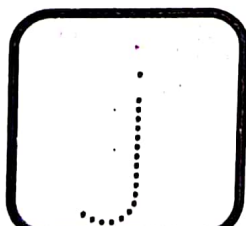
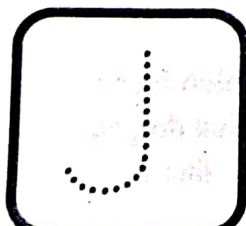
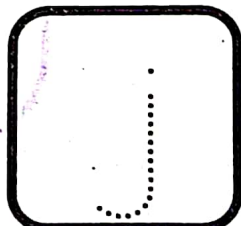
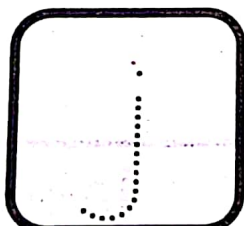
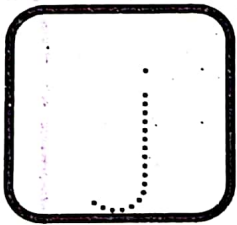
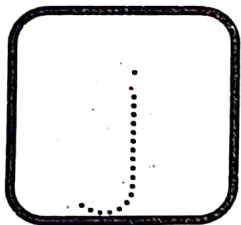
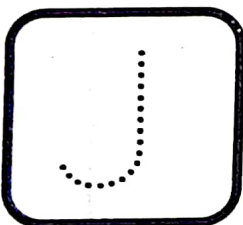
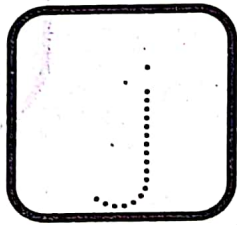
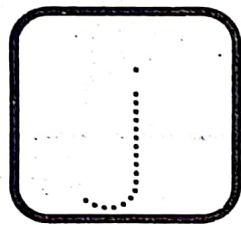
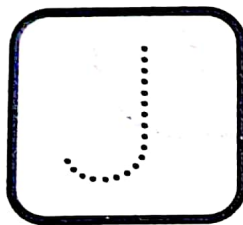
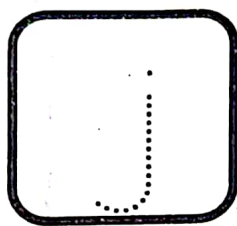
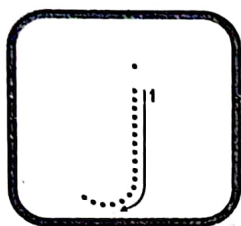
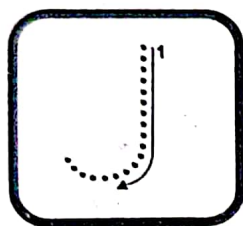


Teach vocabulary as sight words:
jam, juice, jelly, jeep, jungle, jar, Japan

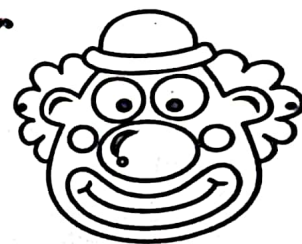
**Which fresh
juice do you
like ?**



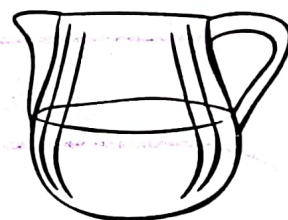
Trace and Colour



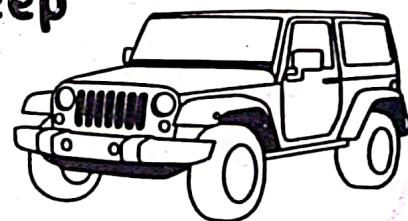
jocker



jug



jeep



jelly



Trace the letters and colour the pictures.

Jj

Trace and Write



Circle: "Jj"

j	k	J
l	J	j
J	b	j



Handwriting practice section with multiple rows of guided lines (top solid blue, middle dashed red, bottom solid blue). The first two rows contain dashed uppercase 'J' and lowercase 'j' for tracing. The remaining four rows are empty for independent writing practice.

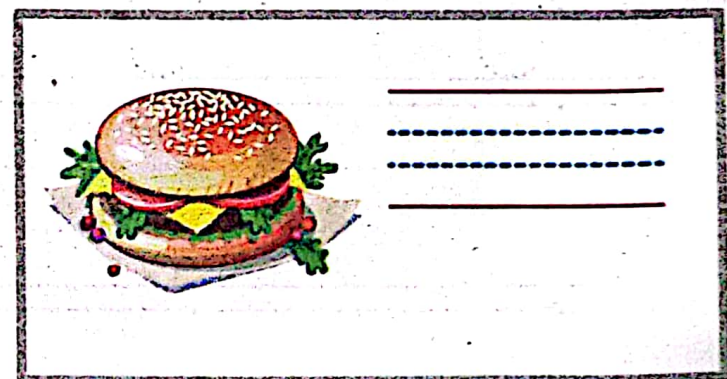
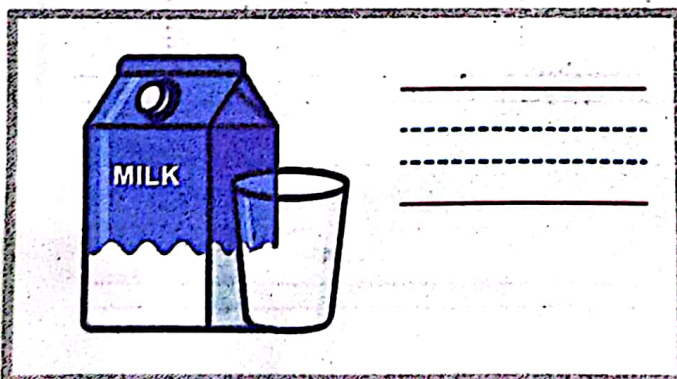
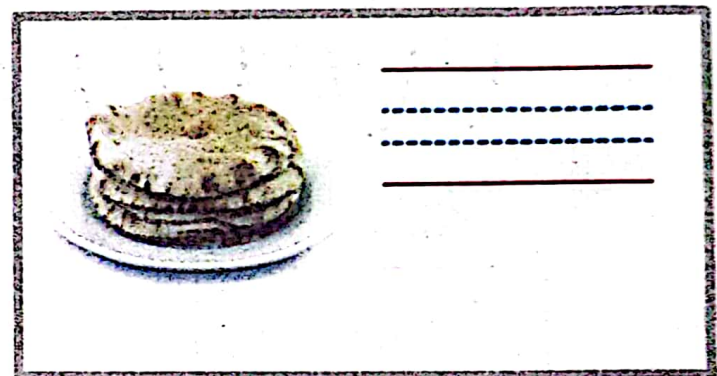
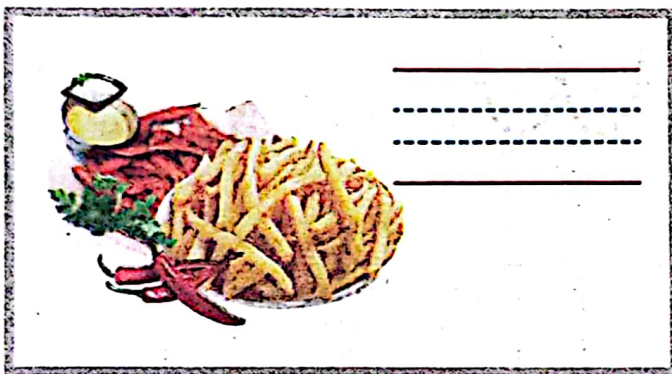
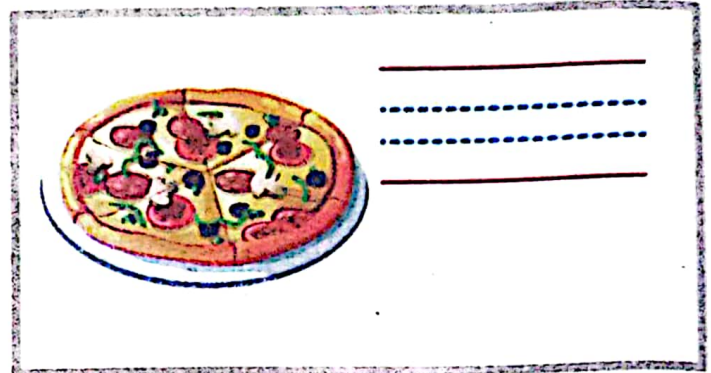
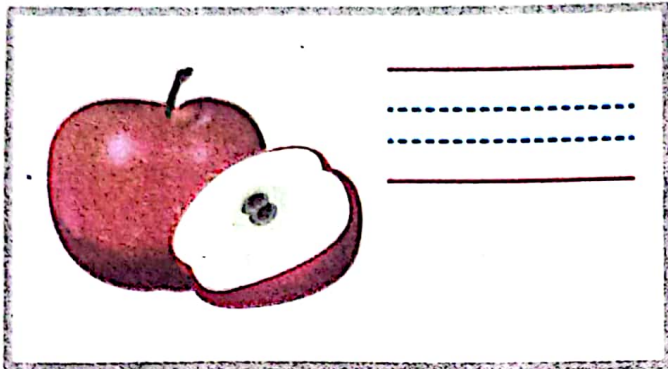


Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.

(148)



Junk and Healthy Food



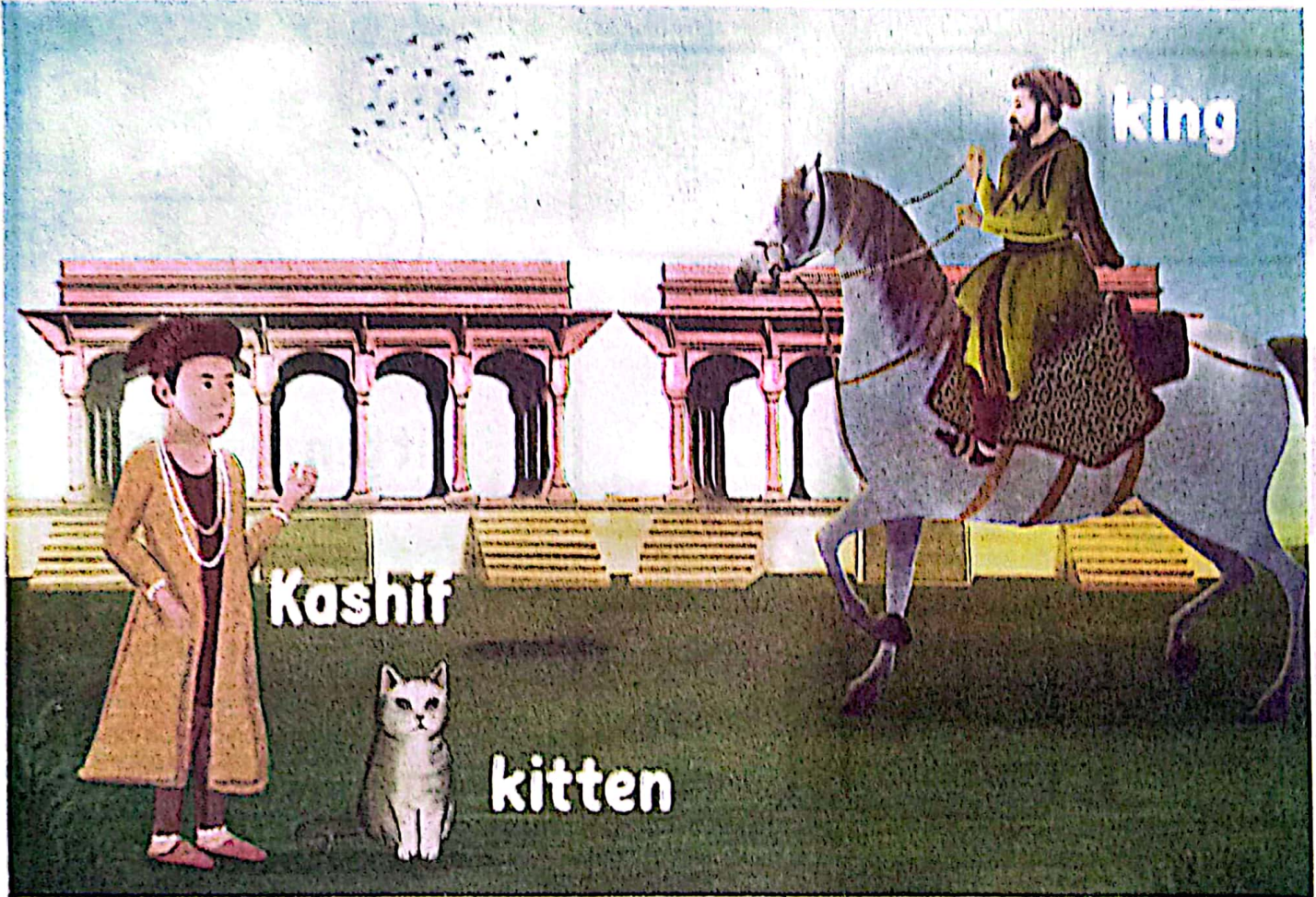
Write "H" on three healthy food and write "J" on three junk food. Discuss with children the benefits of eating healthy food and drinking plenty of water. Always chew the food properly while eating. Do not waste food.



With the help of pictures teacher will make junk and healthy food board.

Kk

"k" letter, "k" letter, king, king, king
"k" letter, "k" letter, ring, ring, ring



Once upon a time, there lived a **king** Kamran with his son prince **Kashif**. The **king** was very **kind**. One day the **king** visited the **kingdom** and saw a person who was sick. The **king** took him to the doctor. He was very grateful to the **king**.



Ask children to name "Kk" words. Introduce letter "Kk" with phonc song. Teacher will read the story to the children. Ask children what is their favourite part of the story and why? Encourage children to come up with a different end to the story.

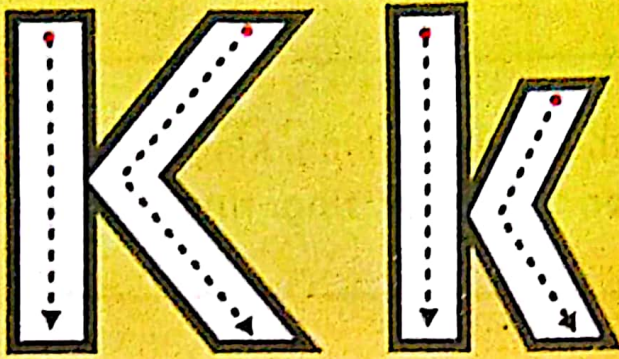


Do role play of the king and the sick person in the class.

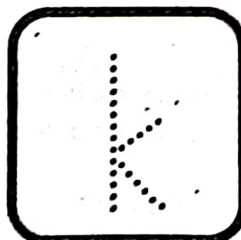
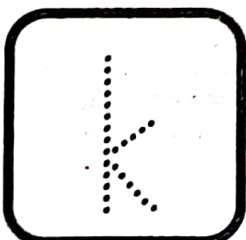
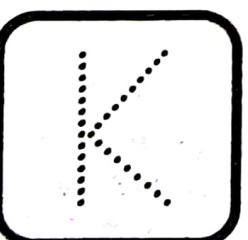
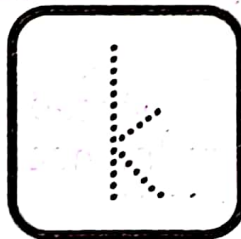
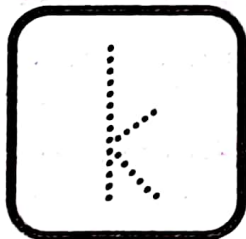
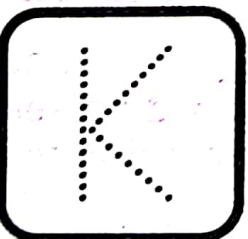
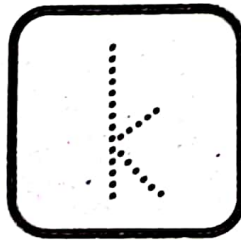
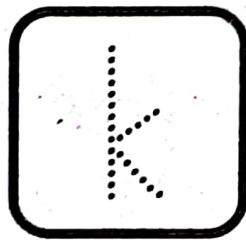
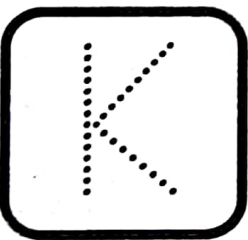
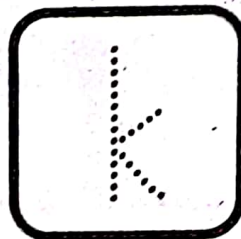
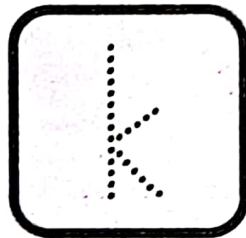
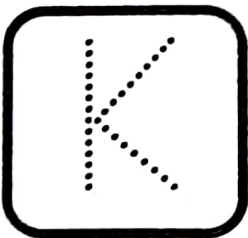
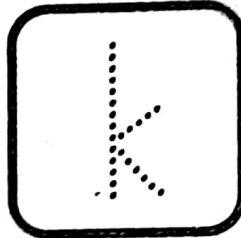
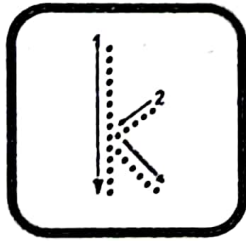
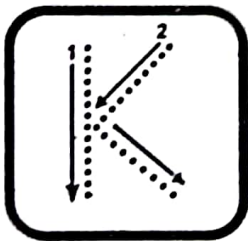


Teach vocabulary as sight words:
king, kitten, kettle, kld, kangaroo, klitchen, kldney

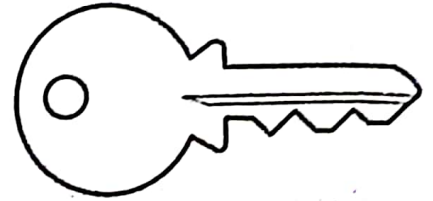
Do you think
people liked the
king and why?



Trace and Colour



key



kitten



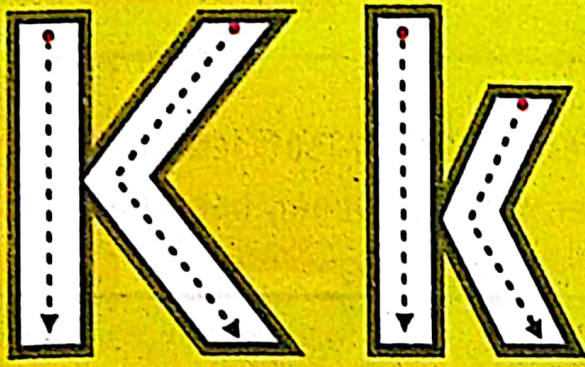
kangaroo



kettle



Trace the letters and colour the pictures.



Trace and Write

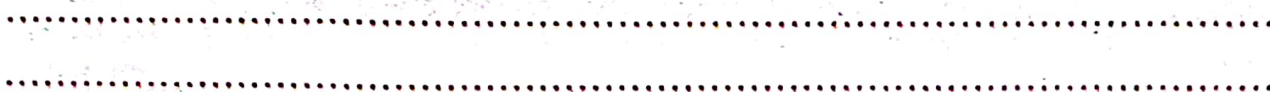
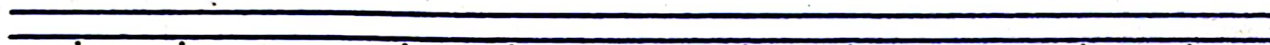
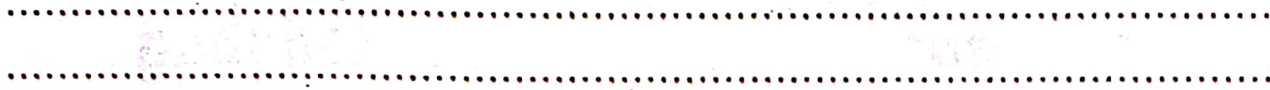
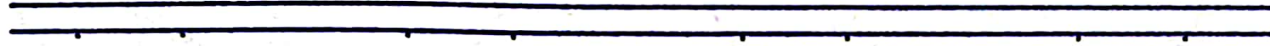
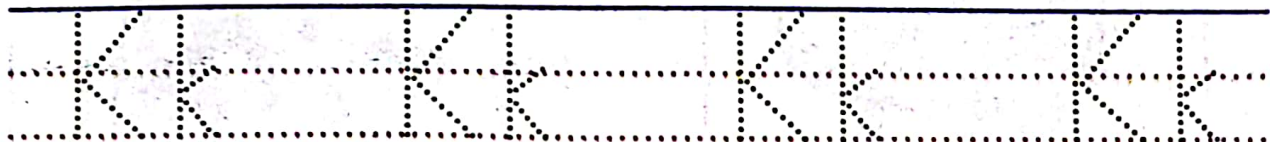
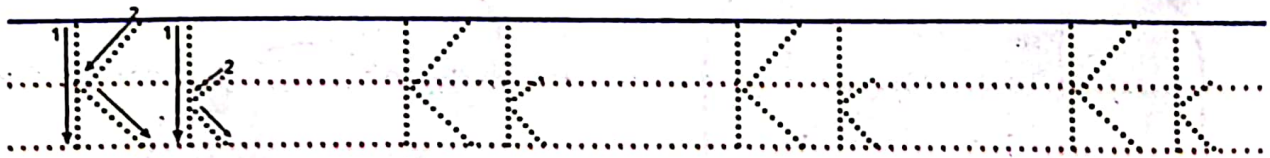


Circle: "Kk"

k t K

g K k

f c k



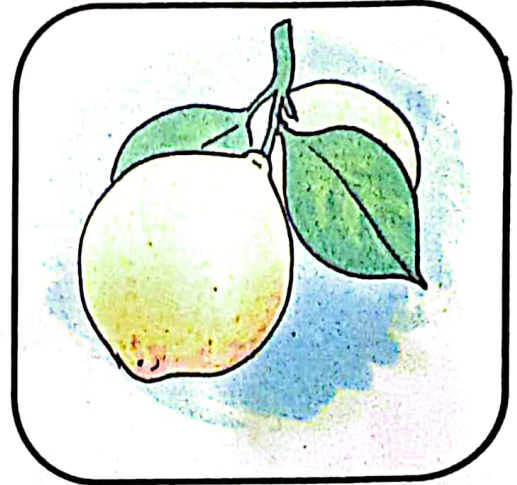
Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.

LI

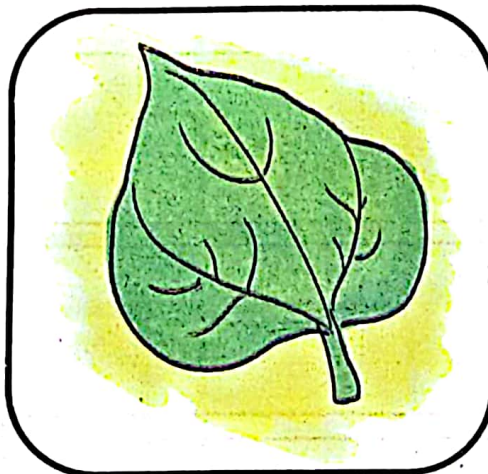
"l" letter, "l" letter, leaf, leaf, leaf
 "l" letter, "l" letter, beef, beef, beef



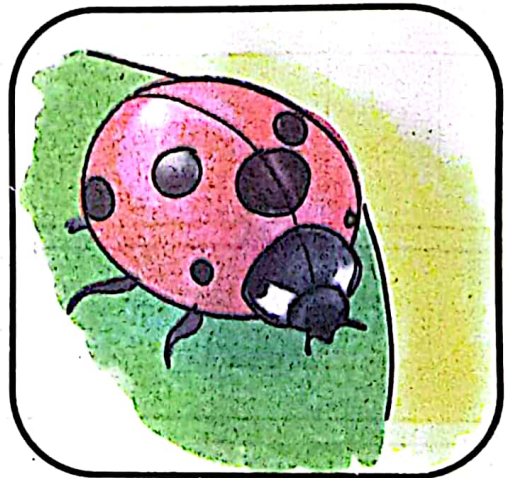
lamb



lemon



leaf



ladybug



Ask children to name "LI" words. Introduce letter "LI" with phonic song. Help children to develop a story with given words and pictures. Teacher will write the story on the board and will read it out to the children.

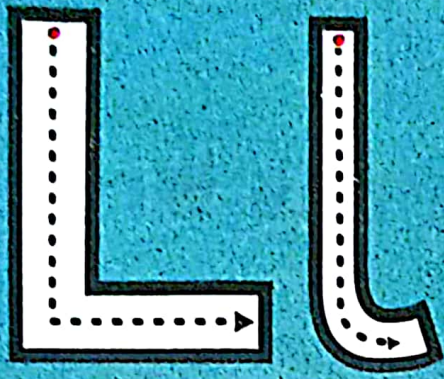


Help children to draw leaf on a piece of paper and colour it.

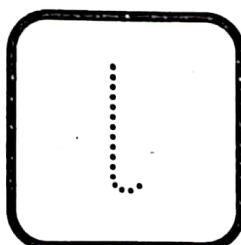
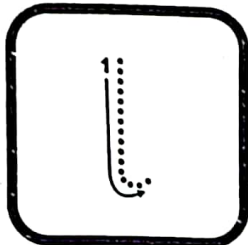
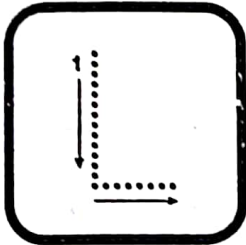


Teach vocabulary as sight words:
 leaf, lemon, lamb, ladybug, light, line, land, lamp

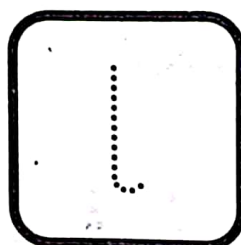
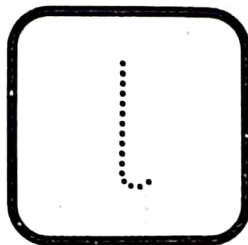
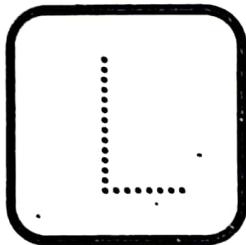
Ask children
 what other
 things start
 with letter "l".



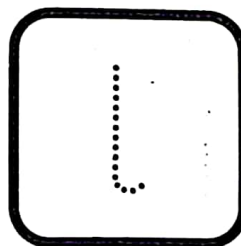
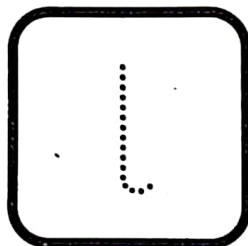
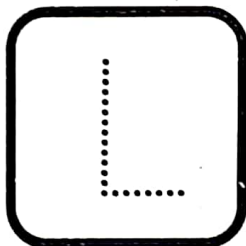
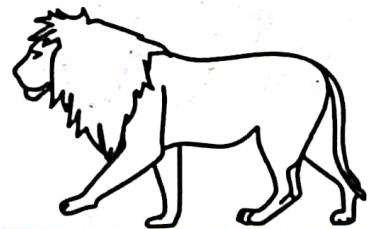
Trace and Colour



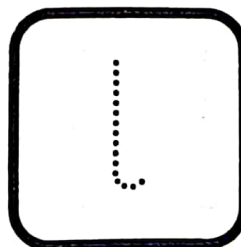
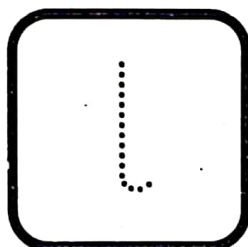
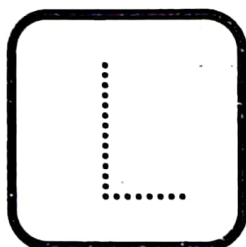
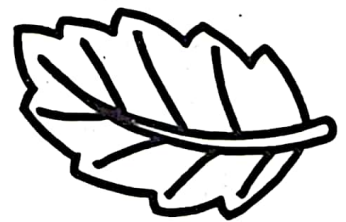
ladybug



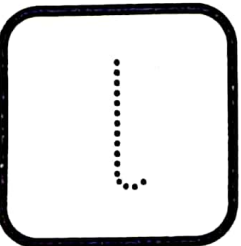
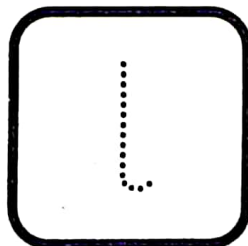
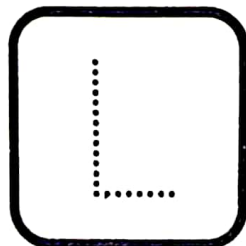
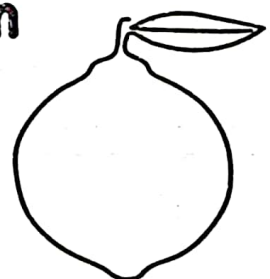
lion



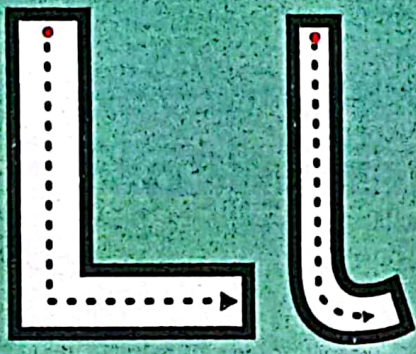
leaf



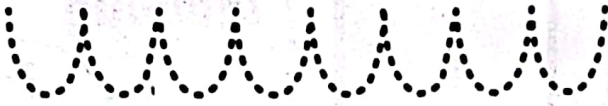
lemon



Trace the letters and colour the pictures.



Trace and Write



Circle: "LI"

l	u	L
l	L	n
L	p	l



Handwriting practice lines for the letter 'L'. The first two rows contain dashed uppercase 'L' letters for tracing. The remaining three rows are empty for independent writing practice, each consisting of a solid top line, a dashed middle line, and a solid bottom line.



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.



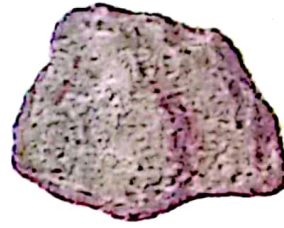
Living and Non Living

Draw living and non living things

Living



Non Living



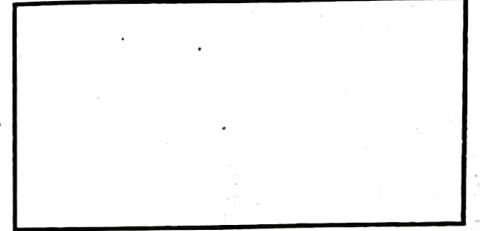
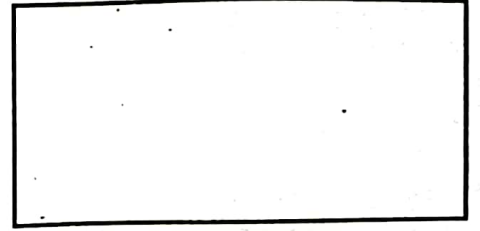
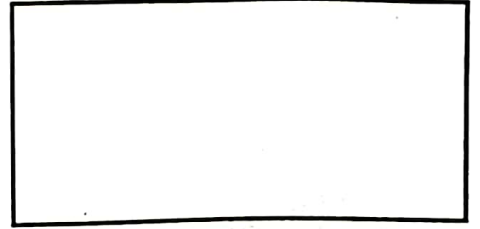
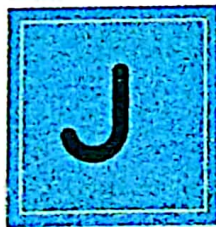
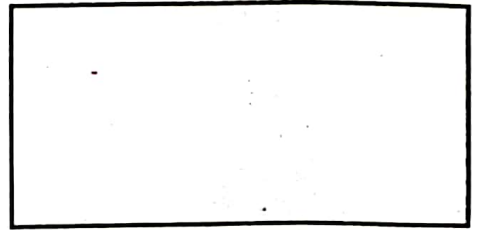
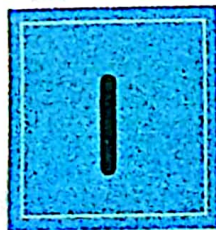
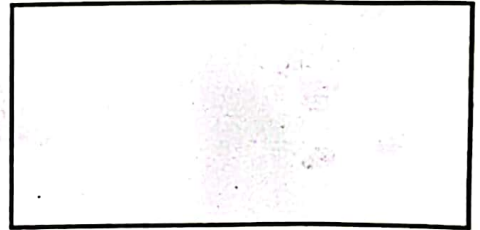
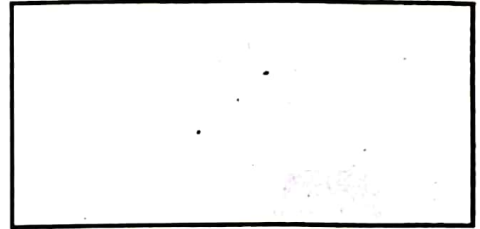
Discuss the pictures with children and explain the difference between living and non-living things. Draw two living and two non living things in the given boxes. Encourage children to identify living and non-living things in the environment.



Play identification game with flashcards of living and non-living things.

Reinforcement Activity

Match the capital letter with small letter
and draw the pictures



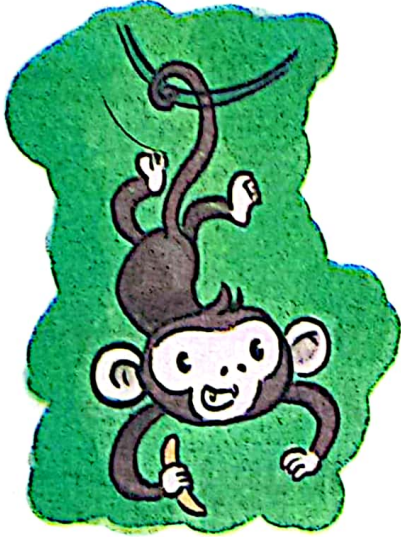
Guide children to match the capital letter with small letter and draw the picture in front of the matched letter.



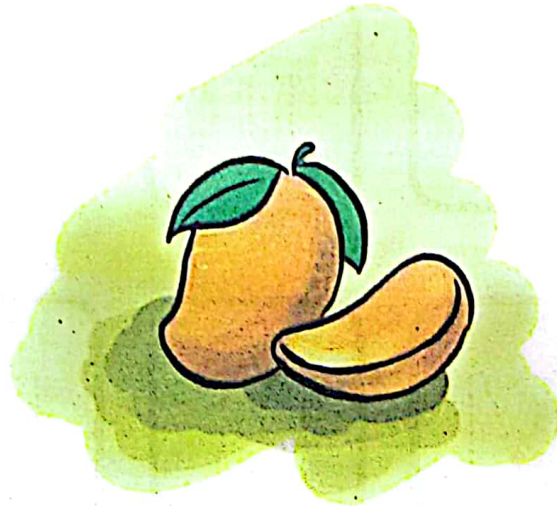
Make capital and small letter flash cards from "Aa to Ll" and ask children to find their pair.

Mm

"m" letter, "m" letter, moon, moon, moon
"m" letter, "m" letter, give me a spoon



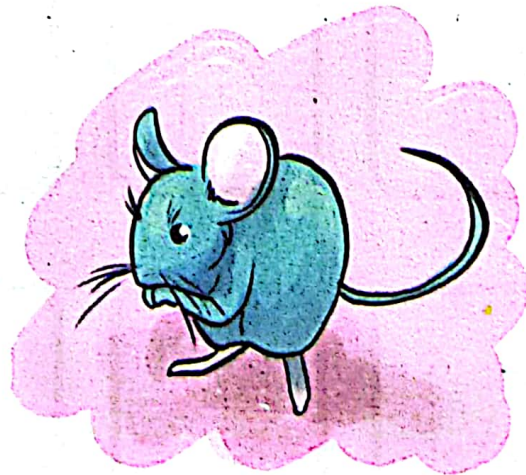
monkey



mango



moon



mouse



Discuss the pictures with children. Ask children to name given "Mm" words. Introduce letter "Mm" with phonic song. Help children develop a story with given words and pictures.



Draw / paste a mango.

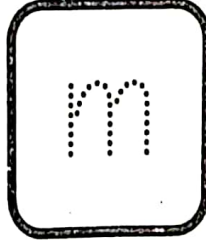
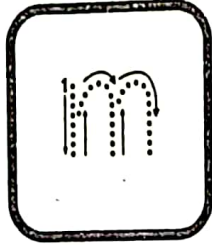
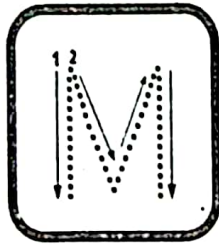


Teach vocabulary as sight words:
monkey, mango, moon, mouse, map, mat, man

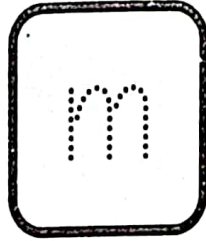
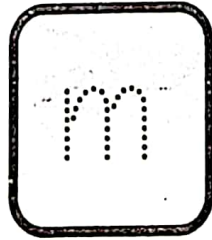
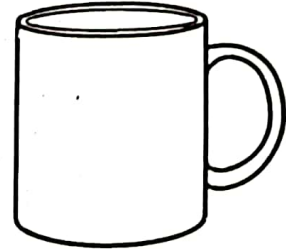
**Do you know
mango is our
national fruit !**

M m

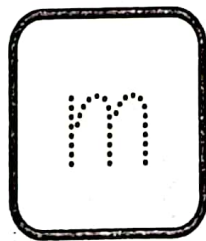
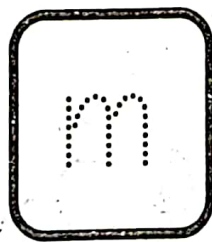
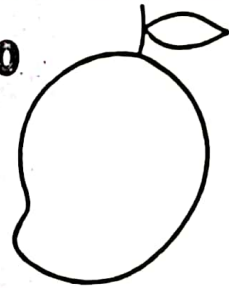
Trace and Colour



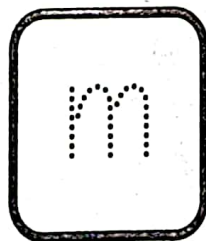
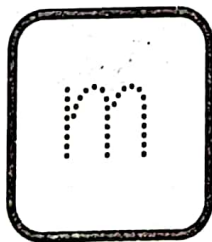
mug



mango



mitten



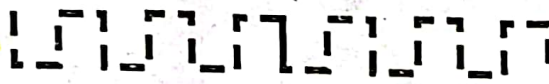
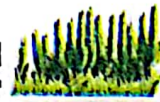
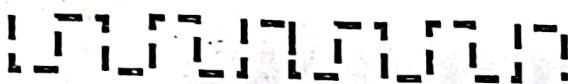
milk



Trace the letters and colour the pictures.

Mm

Trace and Write



Circle: "Mm"

m	H	M
M	m	W
M	p	m

Mm Mm Mm Mm

Mm Mm Mm Mm



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.



Map



Help children make a story with given picture and words bank. (pirate, ship, people, travel, island, water, trees). Encourage children to predict what happens next in the story. Explain to children that maps are used to find places. They tell us locations and ways.



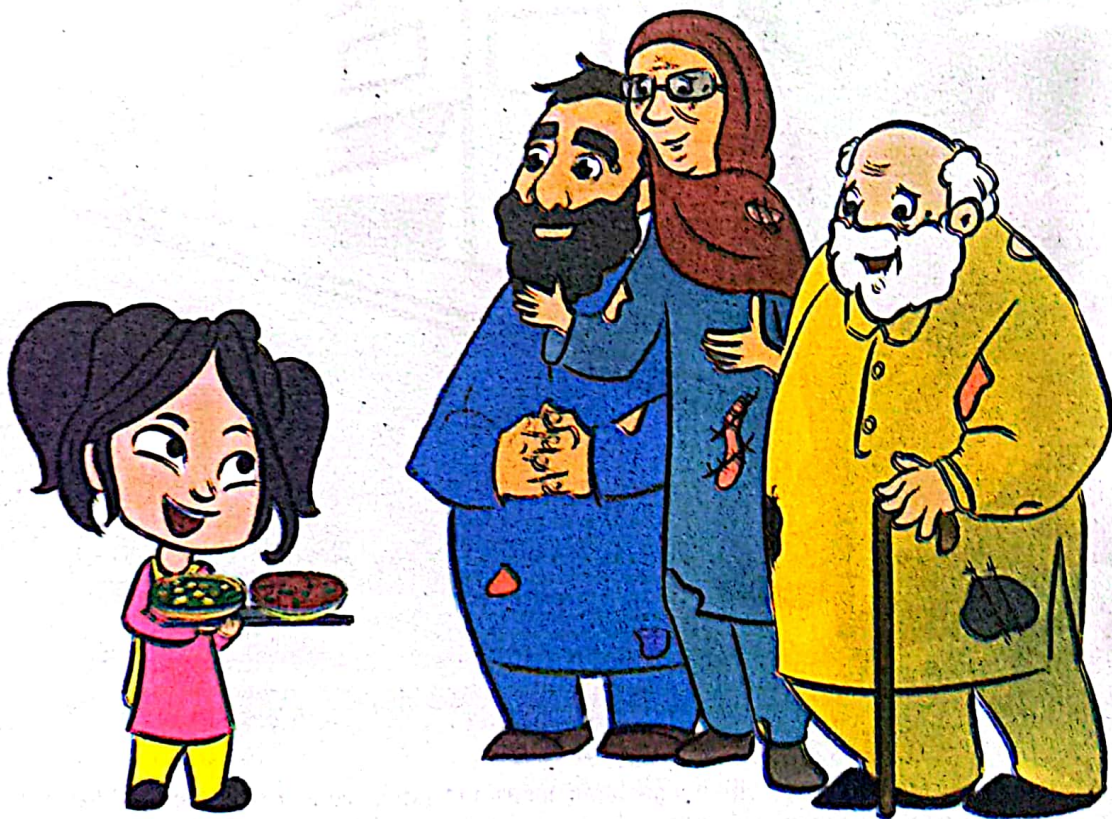
Help children identify provinces and regions on the map.

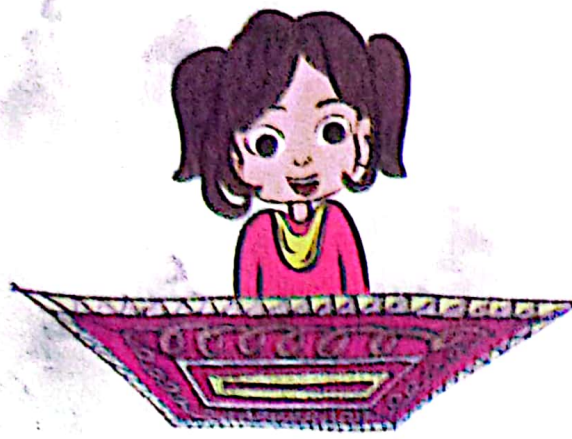
Muniza and the flying carpet

One day Muniza was sitting on a carpet in her room. All of a sudden, the carpet started talking. Muniza got scared.

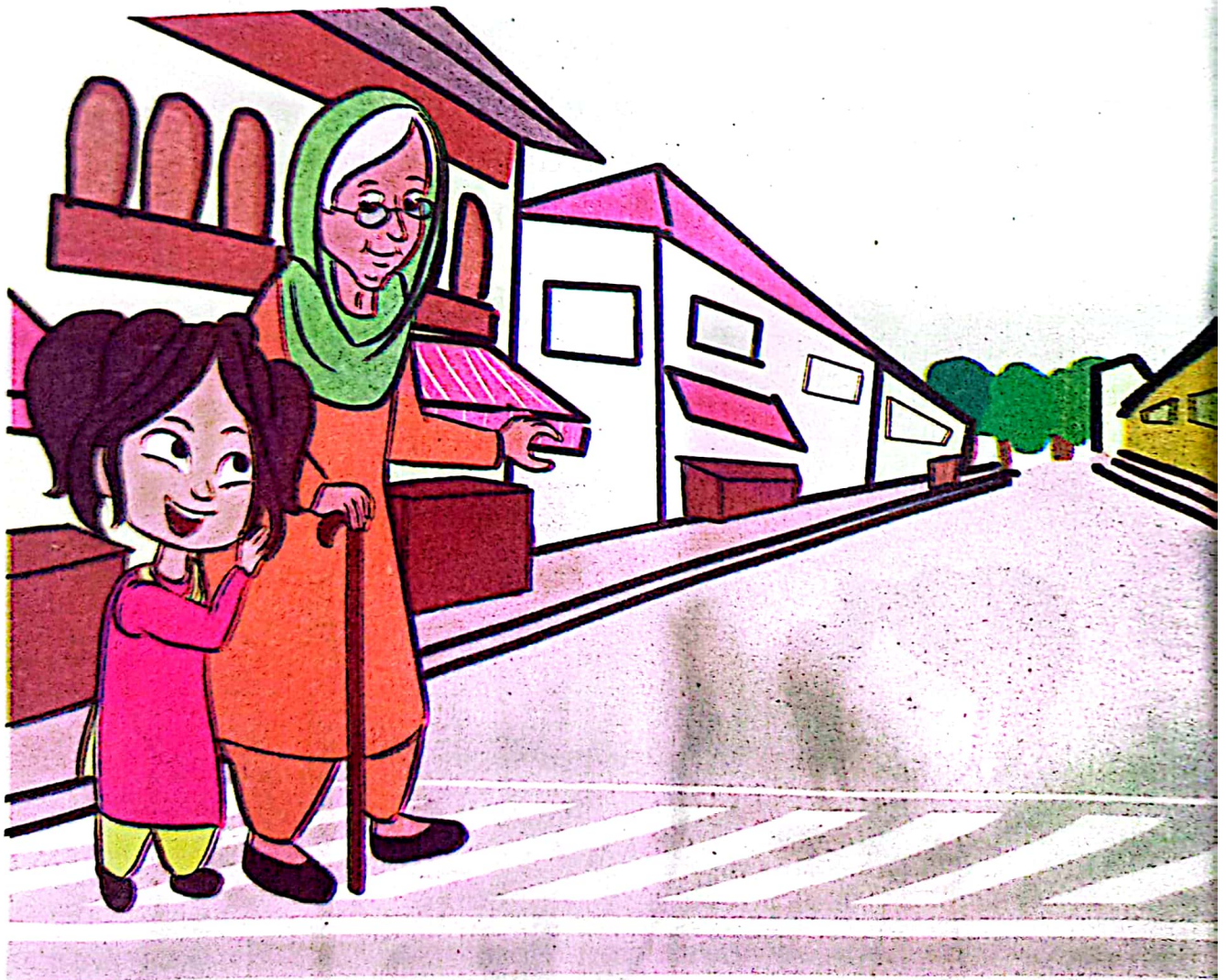


The carpet said, "do not worry, I am a magic carpet". I will take you to different places. First, they flew to the community where people had no food to eat. Muniza provided them with food.





Then they flew high up into the sky and saw that there was an old woman who was not able to cross the road. Muniza helped her to cross the road safely. She thanked the magic carpet and flew back home.

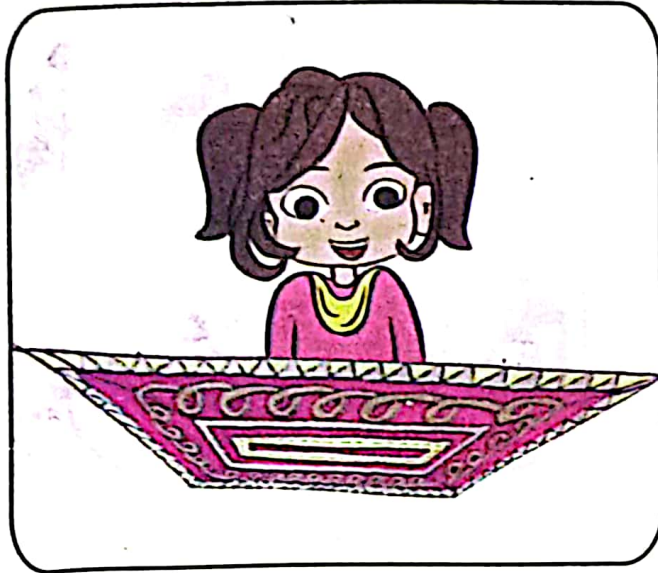


Read the story aloud in class with full gestures, tones and expressions. Encourage children to participate in the story and predict what will happen next. Ask children, what did we learn from the story. Ask children to share their experiences of helping others.

Muniza and the flying carpet

Sequence the story

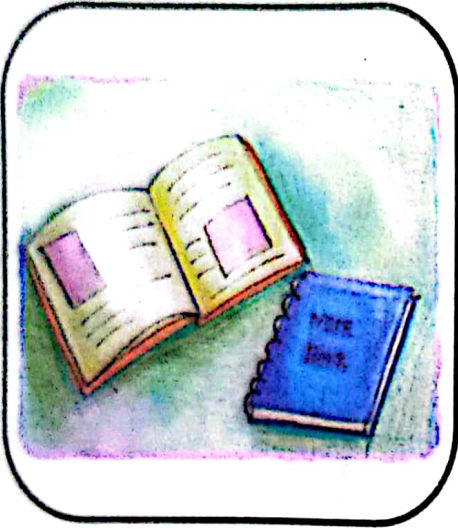
Put the pictures in order
by writing 1, 2, 3 and 4 below the picture



Help children to sequence the story by writing numbers. e.g. 1,2,3,4 according to the sequence of the story.

Nn

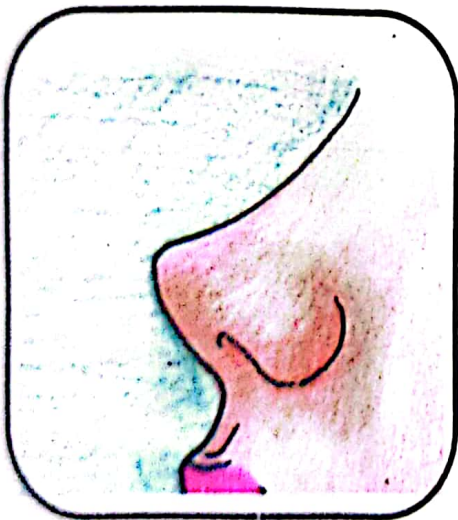
"n" letter, "n" letter, nine, nine, nine
"n" letter, "n" letter, nuts are mine



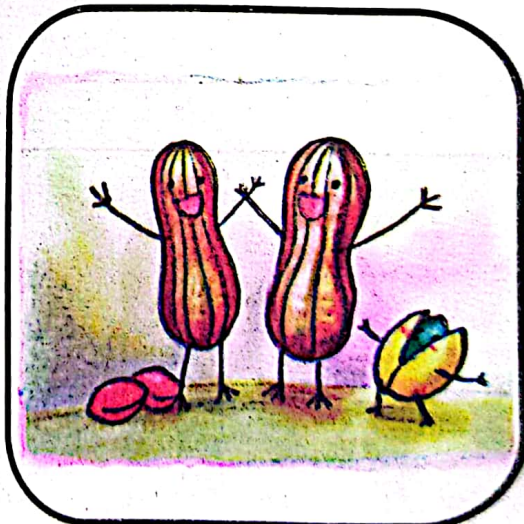
notebook



net



nose



nuts



Ask children to name given "Nn" words. Introduce letter "Nn" with phonic song. Tell children health benefits of eating nuts.



Help children make paper note book in class with low cost / no cost material.



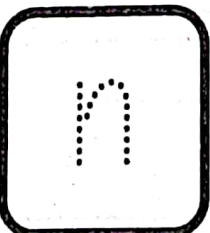
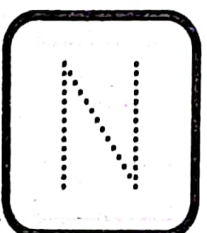
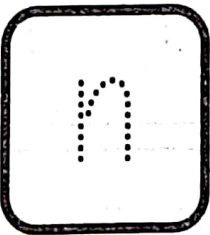
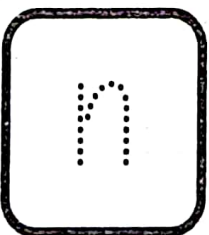
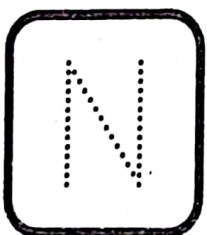
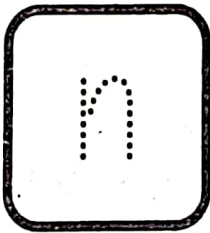
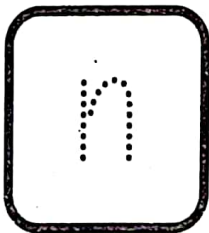
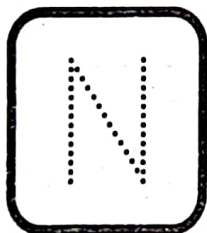
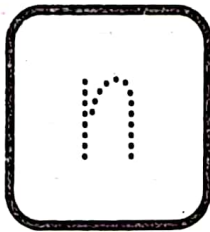
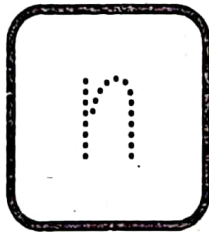
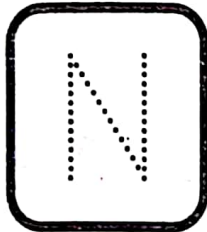
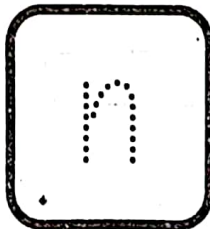
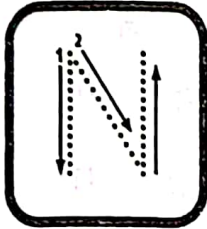
Teach vocabulary as sight words:
notebook, net, nose, nuts, nurse, needle, nest

**Do you know
paper is made
from tree !**

N

n

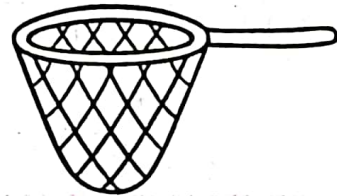
Trace and Colour



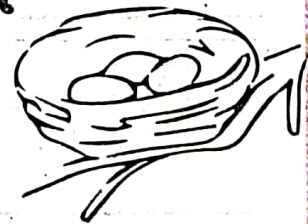
nurse



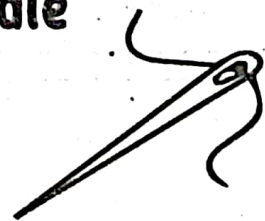
net



nest



needle

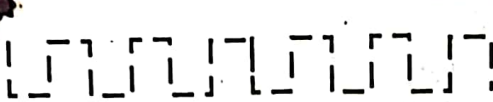


Trace the letters and colour the pictures.

N

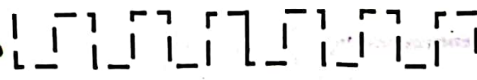
n

Trace and Write



Circle: "Nn"

n	m	N
N	u	n
n	h	N



Handwriting practice lines for the letter Nn. The first two rows contain dashed letters for tracing. The remaining three rows are blank for independent writing.

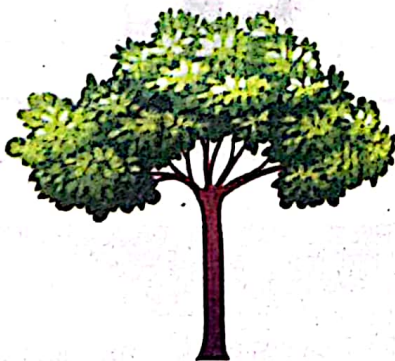
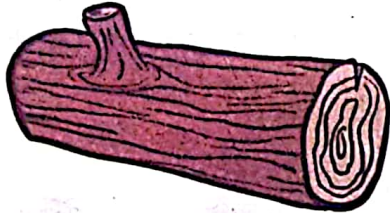


Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.

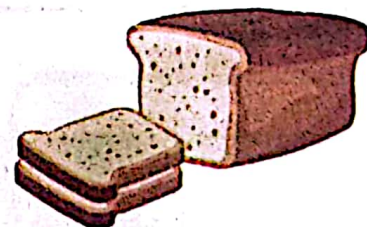
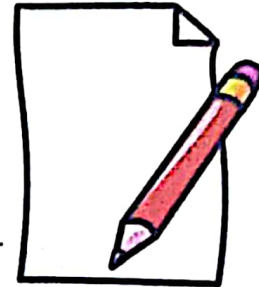


Natural and Human-made Resources

Natural



Human-made



Discuss with children natural and human-made resources. Explain to children, how natural resources are converted into human made resources.



Guide children match natural resources with human-made resources. Make learning corner in class and let them collect natural and human made resources, e.g. leaf, pencil, flower.

Oo

"o" letter, "o" letter, ocean, ocean, ocean
"o" letter, "o" letter give me my potion



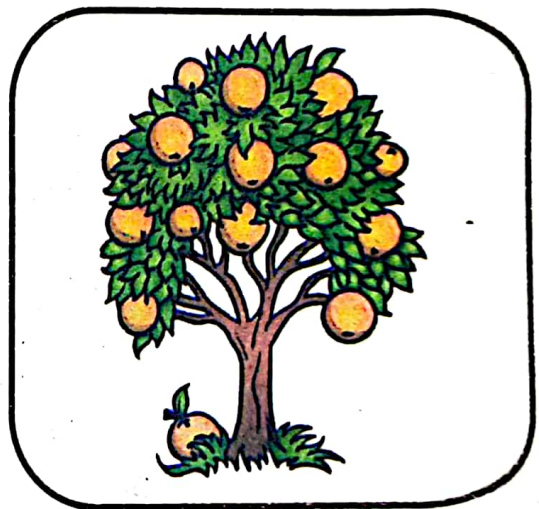
ocean



ox



owl



orange



Introduce letter "Oo" with phonic song. Ask children to name given "Oo" words.
Help children make a story with the given pictures and words.
Discuss jobs related to ocean, e.g. (fisherman, oceanographer, marine, biologist etc)

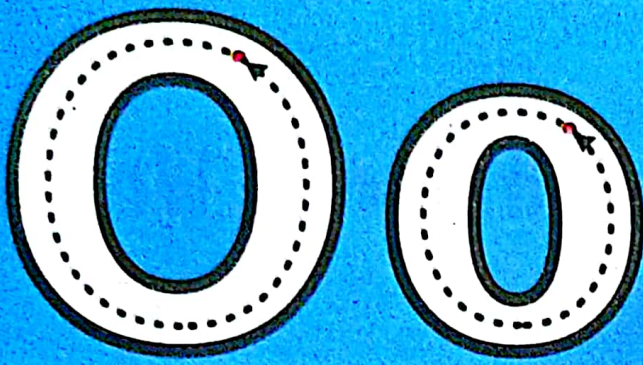


Make aquarium in the class with re-useable material.

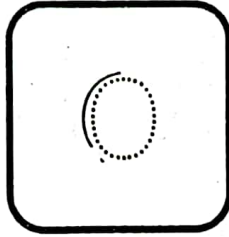
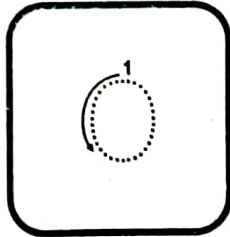
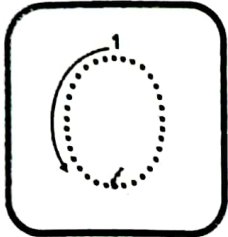


Teach vocabulary as sight words:
ocean, ox, owl, orange, octopus, ostrich

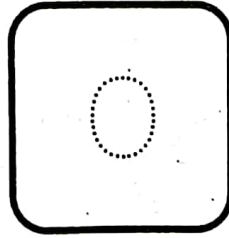
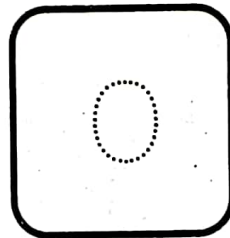
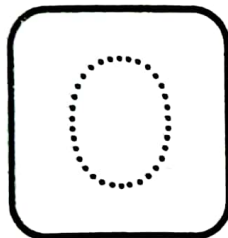
**Do you know
Owl is a
night bird !**



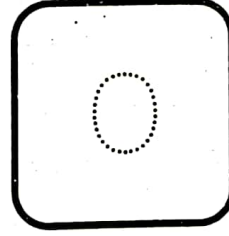
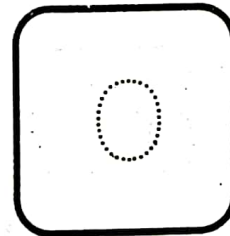
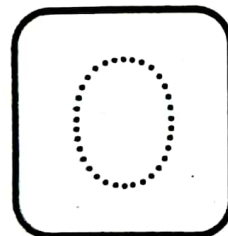
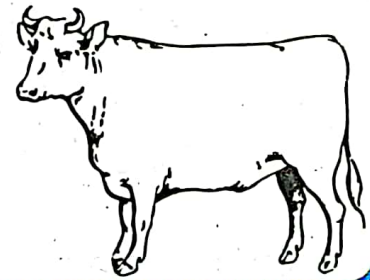
Trace and Colour



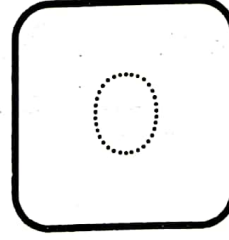
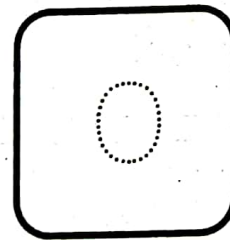
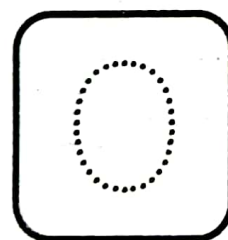
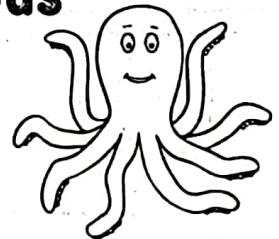
orange



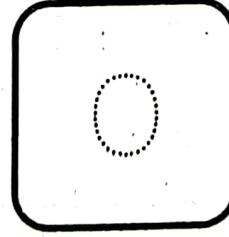
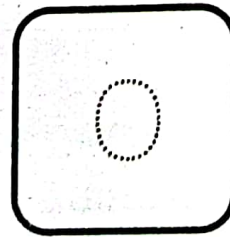
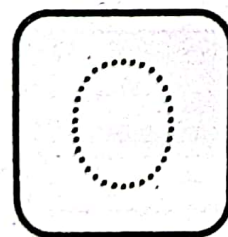
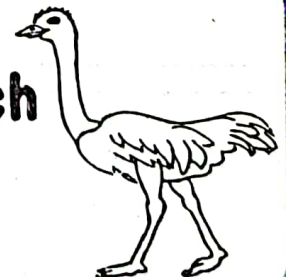
ox



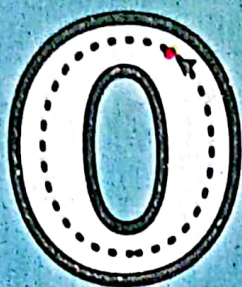
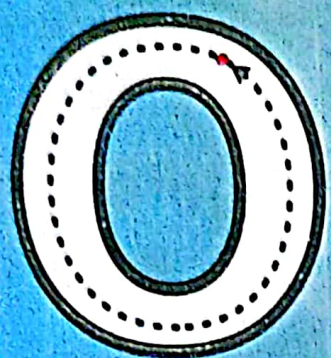
octopus



ostrich



Trace the letters and colour the pictures.

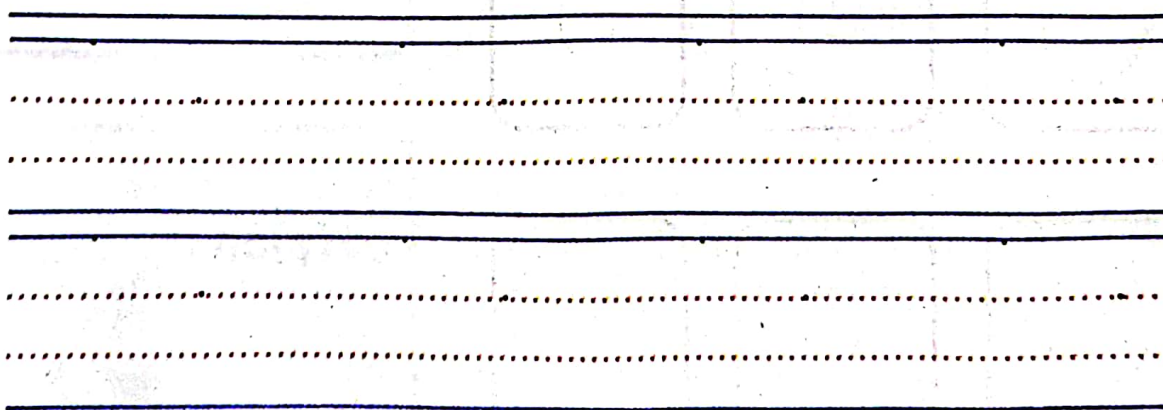
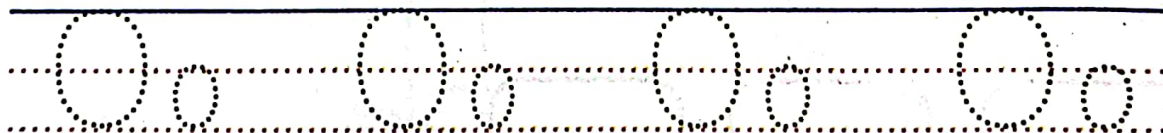
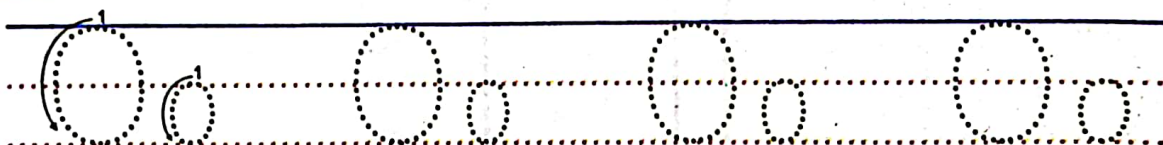


Trace and Write



Circle: "Oo"

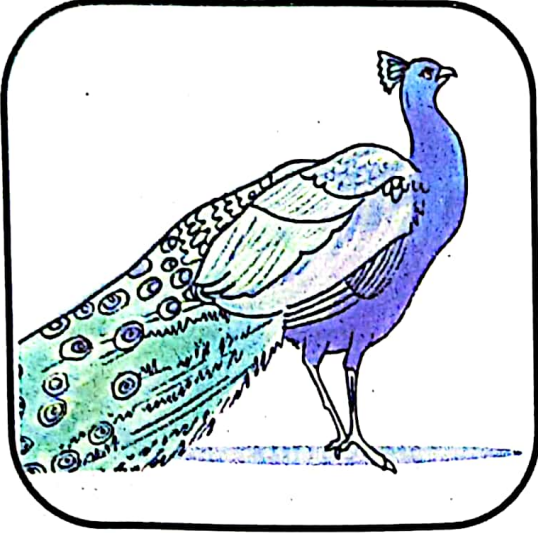
O Q o
o O C
o k O



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.

Pp

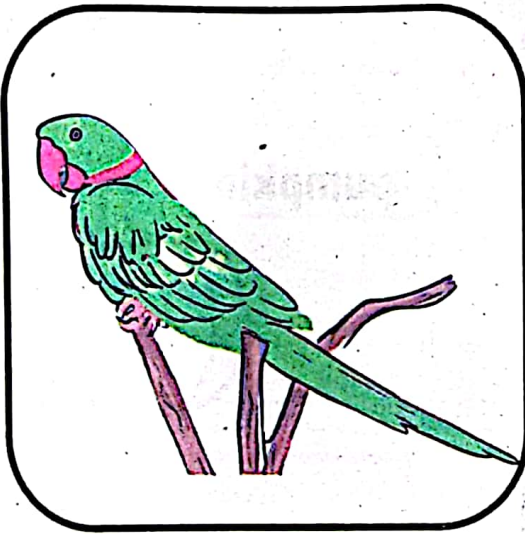
"p" letter, "p" letter pen, pen, pen
"p" letter, "p" letter have some fun



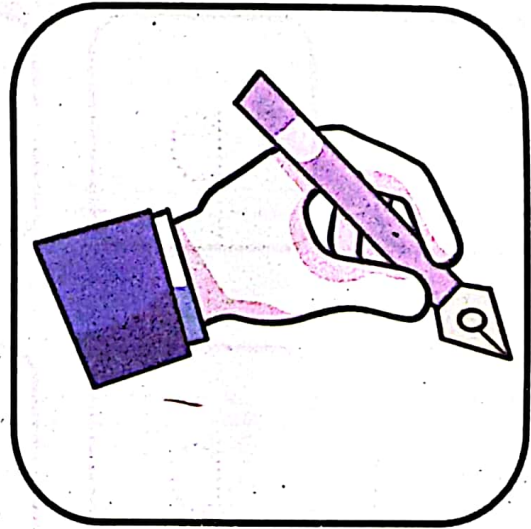
peacock



pumpkin



parrot



pen



Discuss the pictures with children. Introduce letter "Pp" with phonic song.
Ask children to name given "Pp" words.



Help children make anything with clay or play-dough beginning with letter "p".



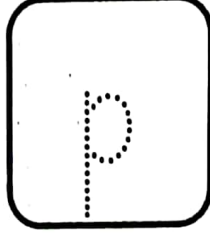
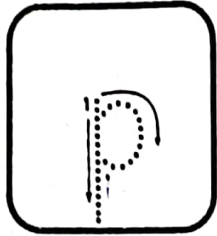
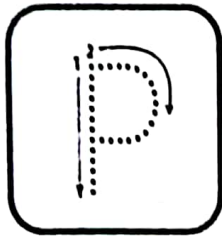
Teach vocabulary as sight words:
peacock, parrot, pumpkin, pen, penguin, pillow, play, picnic

Do you know
parrot is a
pet bird!

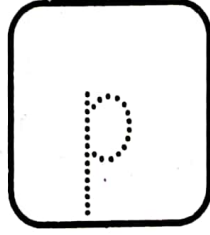
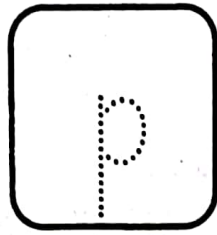
یہ کتاب محکمہ تعلیم حکومت بلوچستان کی جانب سے قلمی سال
2025 کیلئے مفت تقسیم کی جارہی ہے اور نفاذ قابل فروخت ہے

Pp

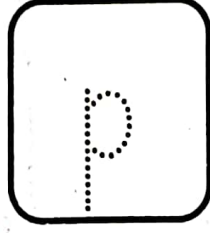
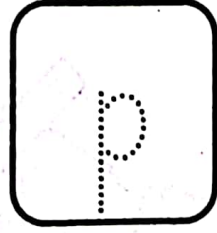
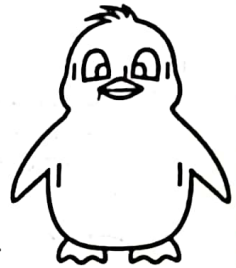
Trace and Colour



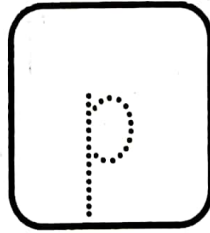
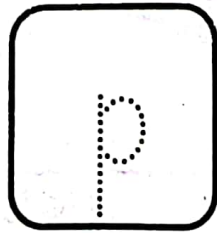
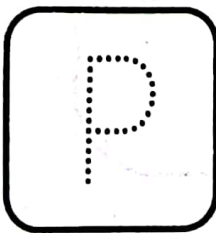
parrot



penguin



pumpkin



plant



Trace the letters and colour the pictures.

Pp

Trace and Write



Circle: "Pp"

p	f	P
P	A	p
f	p	P

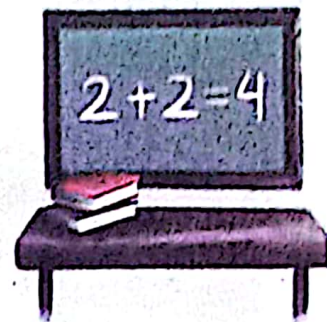
Handwriting practice lines for the letter 'Pp'. The first row shows the stroke order for uppercase 'P' (1: vertical line down, 2: curve from top to middle) and lowercase 'p' (1: vertical line down, 2: curve from middle to bottom). This is followed by two rows of dashed 'Pp' for tracing, and three rows of blank lines for independent writing.



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.



Professions



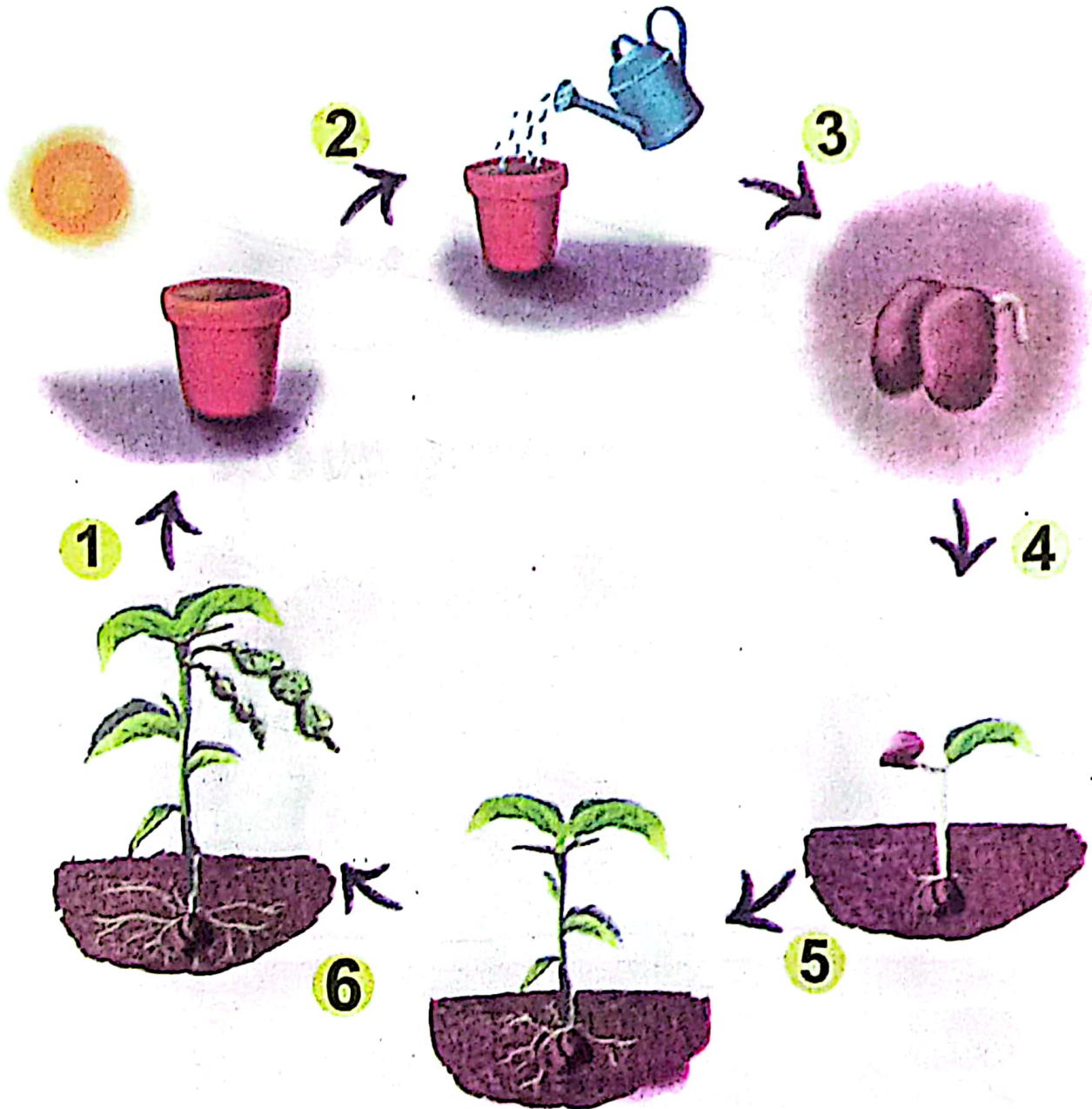
Discuss with children that every Profession is respectable. (maid, teacher, cobbler, doctor) etc. Ask children what they want to be when they grow up.



Match pictures with the relevant professions.

Plant life cycle

Life cycle of a bean plant



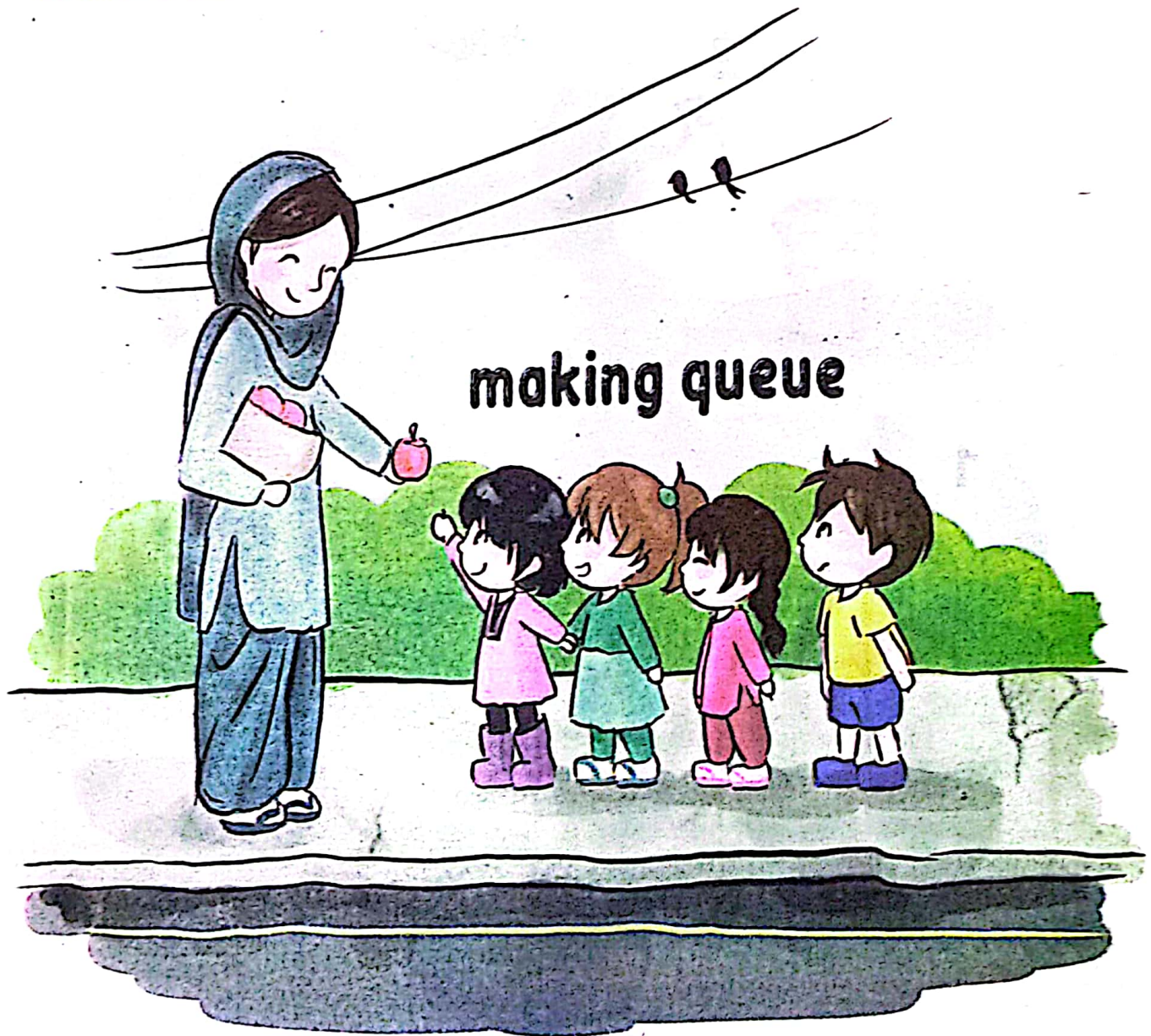
Explain the seed germination process, how sun light, water, air and soil are important for the plants. Ask children to name the different parts of the plant (stem, leaf, flower, roots). Plants give us food, make the environment beautiful and give us clean air.



Conduct watering a plant activity in class and how to take care of the plants.

Qq

"q" letter, "q" letter, queue, queue, queue
"q" letter, "q" letter, give me some clue



Discuss the given picture with children. Introduce letter "Qq" with phonic song. Highlight the importance of being patient and waiting for a turn. Guide children to exhibit good manners by giving turn and offering a seat to elderly, sick, and differently able people.

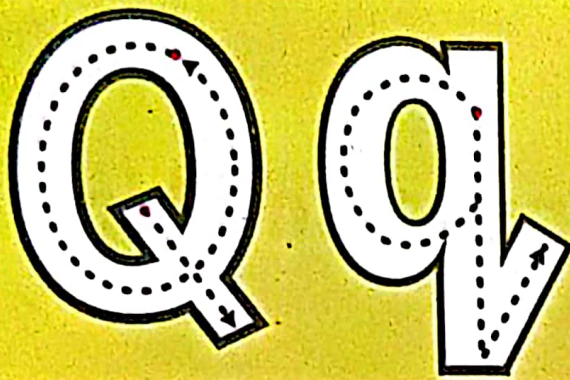


Teacher to make a queue in the classroom and show how we stand in a queue to wait for something. Take children outside the class and let them wait for their turn on swings etc.

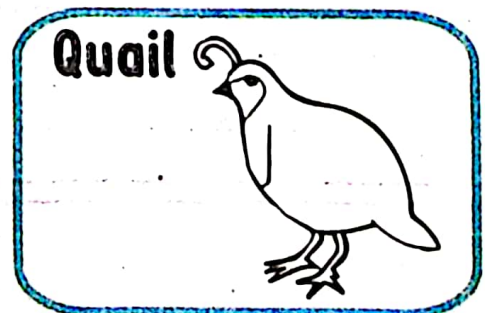
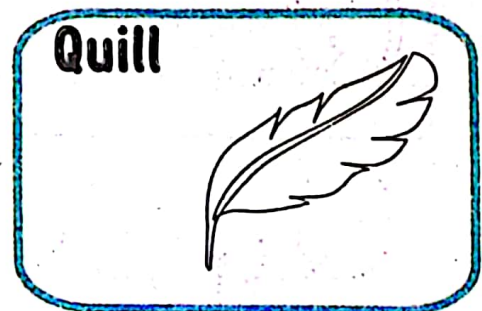
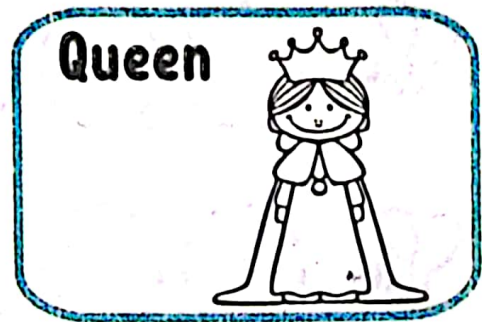


Teach vocabulary as sight words: queue, quilt, question, quail, queen

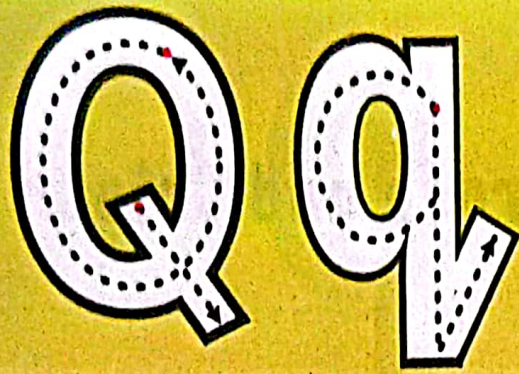
Ask children
why making
a queue
is important.



Trace and Colour



Trace the letters and colour the pictures.

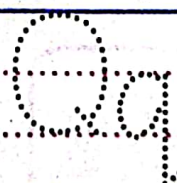
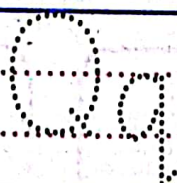
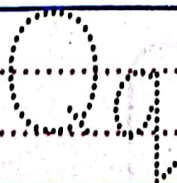
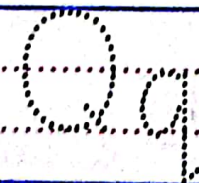
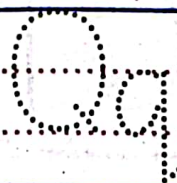
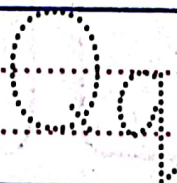
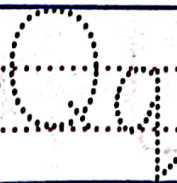
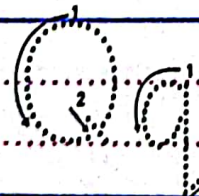
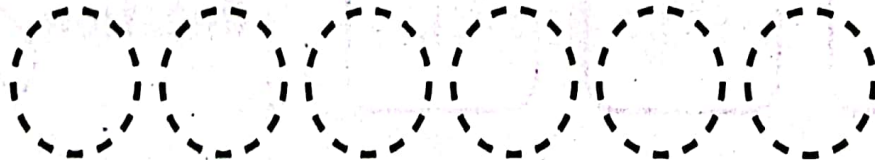


Trace and Write



Circle: "Qq"

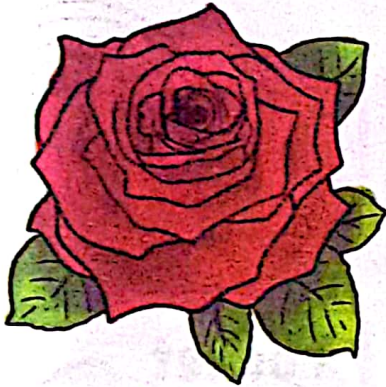
q	n	q
Q	g	Q
q	s	Q



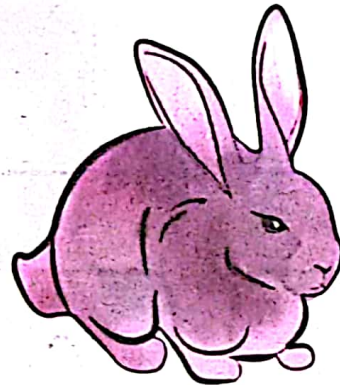
Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.

Rr

"r" letter, r letter run, run, run
"r" letter, r letter have some fun



rose



rabbit



rug



ring



Introduce the letter "Rr" with phonic song. Ask children to name given "Rr" words.
Help children develop a story with the given words and pictures.



Take children outside to identify things starting with letter "r".



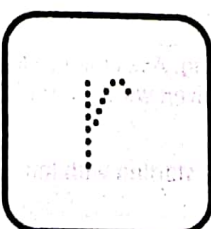
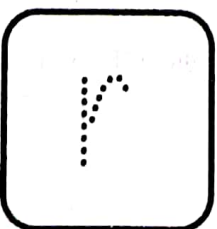
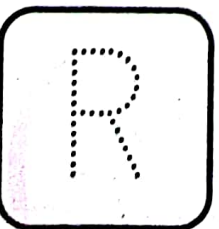
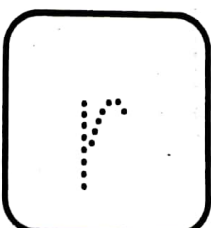
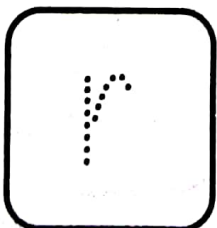
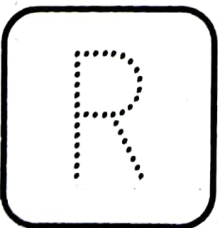
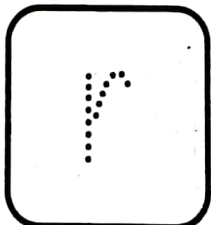
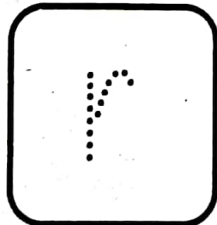
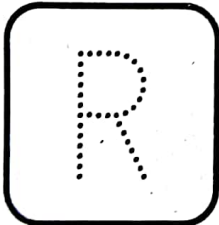
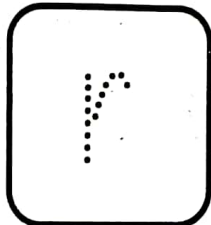
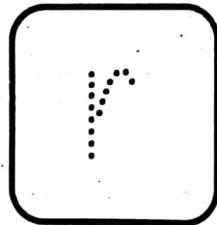
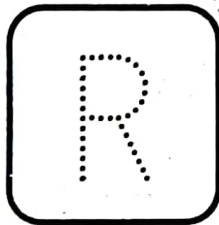
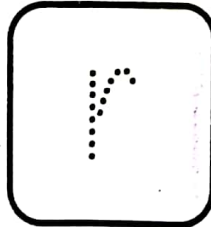
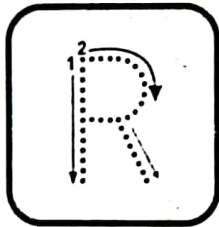
Teach vocabulary as sight words:
rose, rabbit, ring, rug, rocket, rainbow, robot

**Do you know,
rabbit lives in
burrow !**

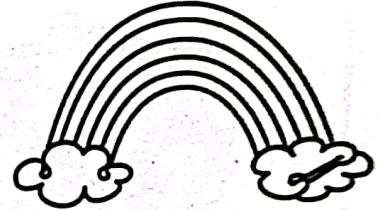
R

r

Trace and Colour



rainbow



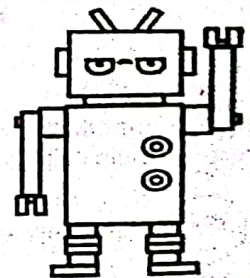
rocket



rose



robot

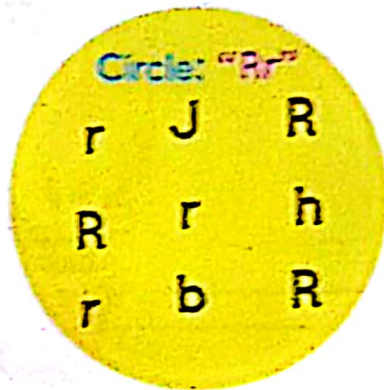


Trace the letters and colour the pictures.

R

r

Trace and Write



Rr Rr Rr Rr

Rr Rr Rr Rr

.....

.....



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.



Responsible Citizen



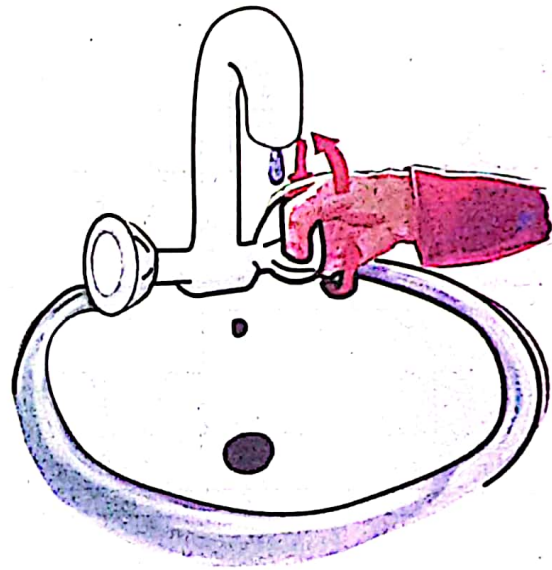
plant trees



save trees



throw litter in bin



save water



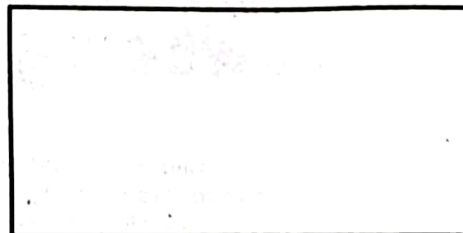
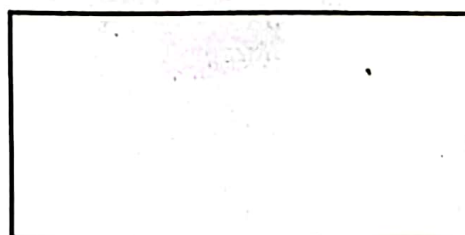
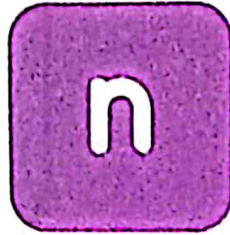
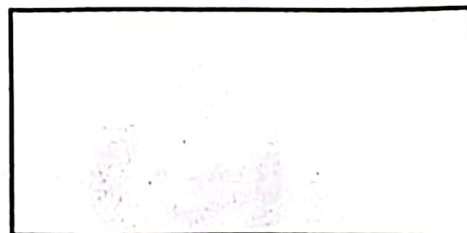
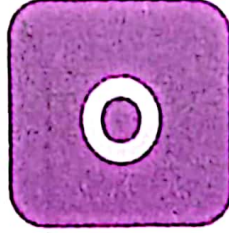
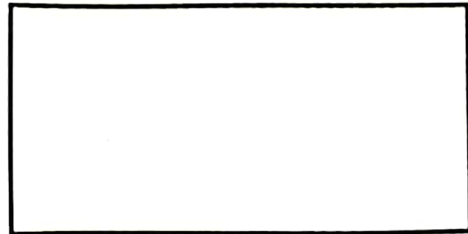
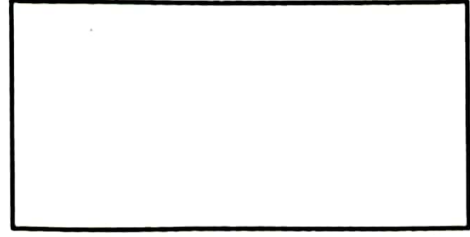
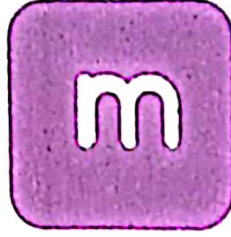
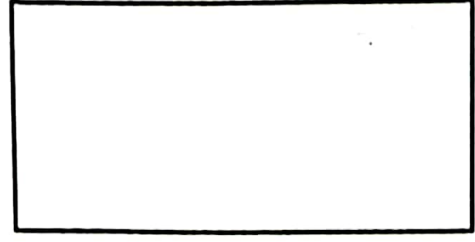
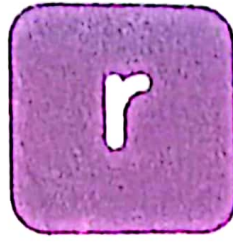
Guide children not to waste water and throw litter around. Keep the environment clean. Discuss with children various ways of being responsible citizen, e.g. not to cut trees, follow traffic rules, not to damage things etc.



Do plantation activity in school.

Reinforcement Activity

Match capital letter with small letter
and draw the pictures



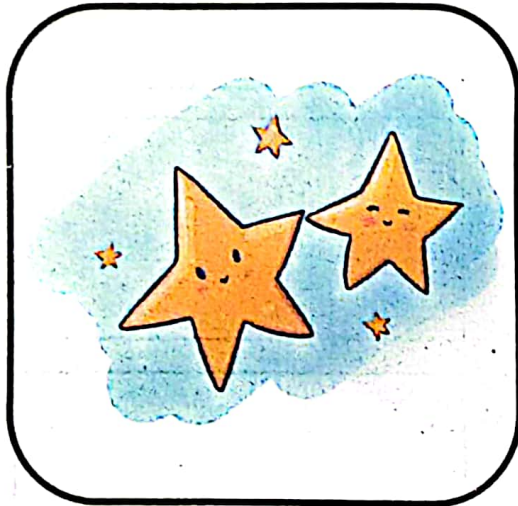
Guide children to match capital letter with small letter and draw pictures in front of the matched letter.



Make capital and small letter flash cards from "Mm to Rr" and ask children to find the pair.

Ss

"s" letter, "s" letter, sing, sing, sing
"s" letter, "s" letter, ring, ring, ring



star



squash



strawberry



sunflower



Discuss pictures with children and Introduce letter "Ss" with phonic song. Encourage children to talk about the pictures. Explain how sports bring discipline to our life. Highlight the importance of physical activity and sports for our overall well-being. (balance, mobility, strength, speed etc).

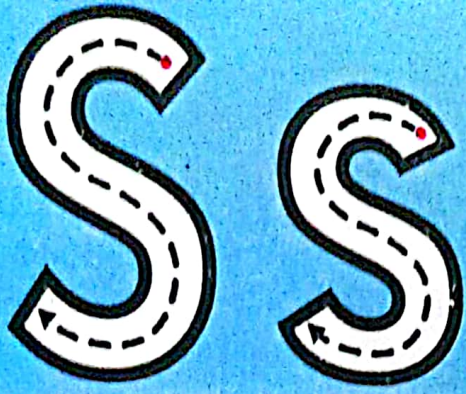


Play games, cocla chapati, hide and seek, chengo, ludo, scrabel etc

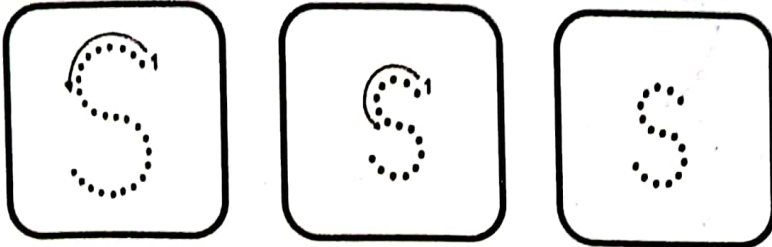


Teach vocabulary as sight words:
sunflower, strawberry, star, splder, saw

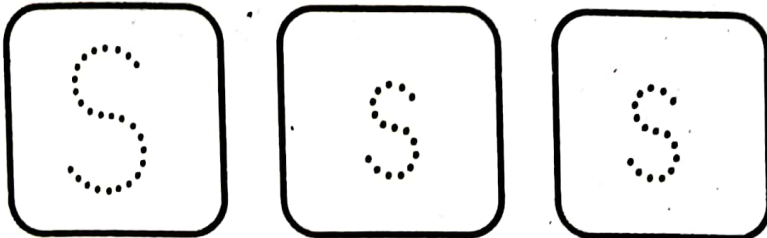
**Do you know
hockey is our
national game !**



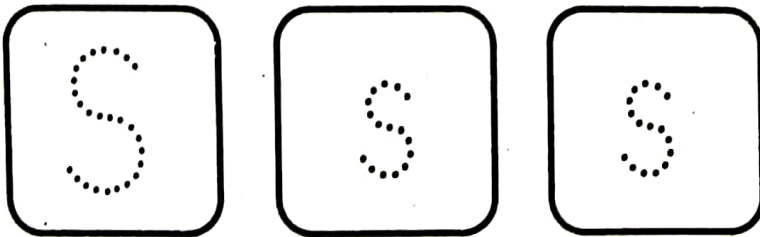
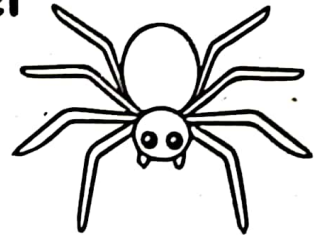
Trace and Colour



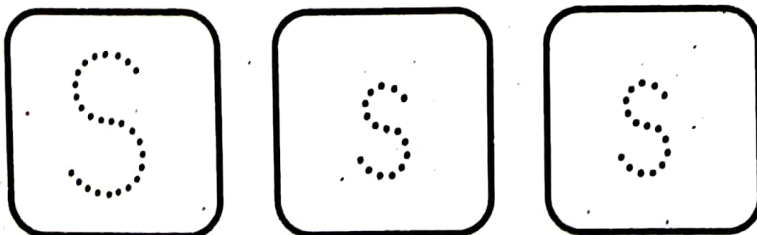
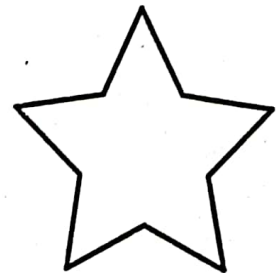
sunflower



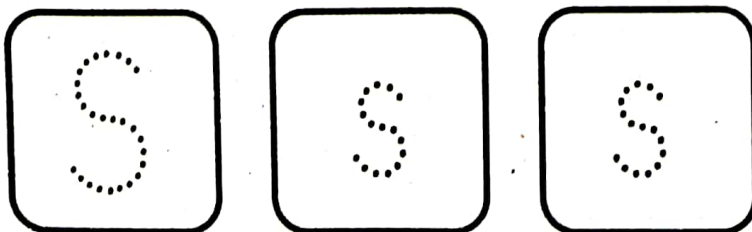
spider



star



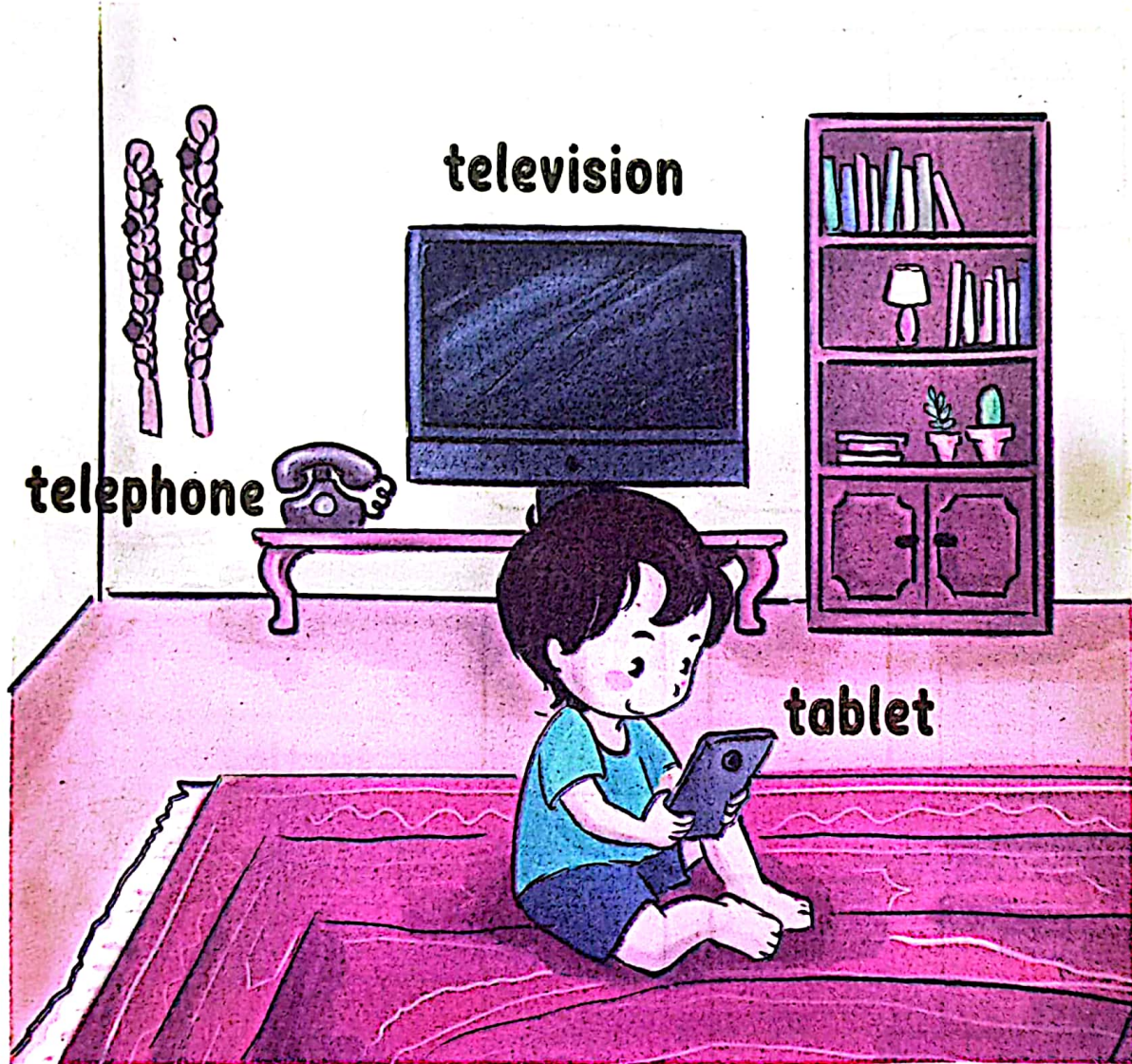
saw



Trace the letters and colour the pictures.

Tt

"t" letter, "t" letter, tap, tap, tap
"t" letter, "t" letter, clap, clap, clap

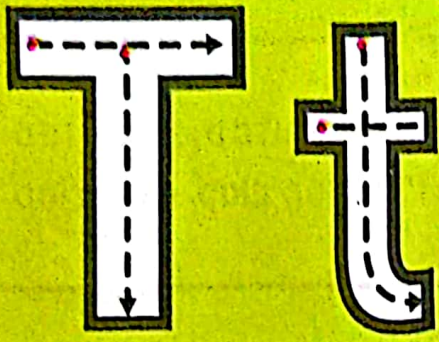


Discuss picture with children and Introduce letter "Tt" with phonic song. Ask children to name "Tt" words given in the pictures. Discuss advantages and disadvantages of technology.

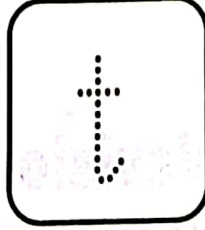
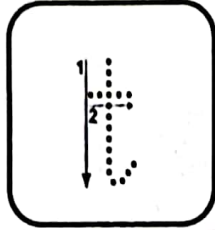
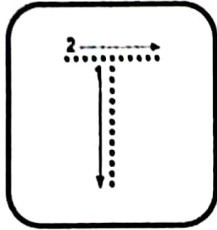


Teach vocabulary as sight words: television, telephone, tablet, tomato, tree, turtle, tennis-ball, train, two

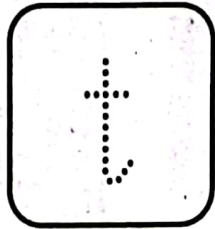
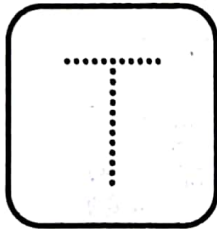
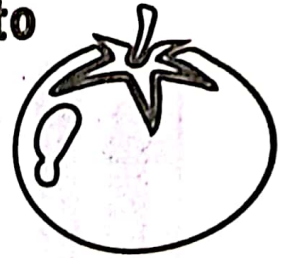
Do you know
the different
types of
technology?



Trace and Colour



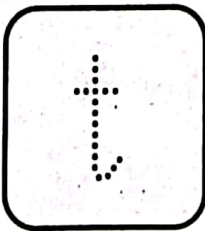
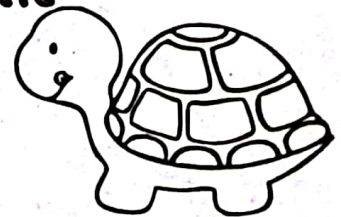
tomato



tub



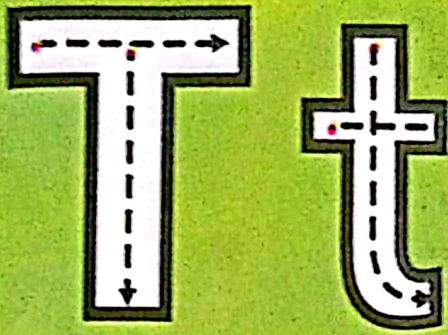
turtle



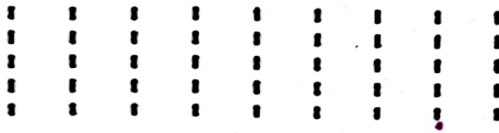
tree



Trace the letters and colour the pictures.



Trace and Write



Circle: "Ti"

t k T
j T t
T i t



Handwriting practice lines with dashed letters 'T' and 't' for tracing. The first row shows the stroke order for 'T' (1: vertical down, 2: horizontal across) and 't' (1: vertical down, 2: horizontal across). The second row shows the letters 'T' and 't' for tracing. The third row shows the letters 'T' and 't' for tracing. The fourth row shows the letters 'T' and 't' for tracing. The fifth row shows the letters 'T' and 't' for tracing. The sixth row shows the letters 'T' and 't' for tracing. The seventh row shows the letters 'T' and 't' for tracing. The eighth row shows the letters 'T' and 't' for tracing. The ninth row shows the letters 'T' and 't' for tracing. The tenth row shows the letters 'T' and 't' for tracing.



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.

Transport

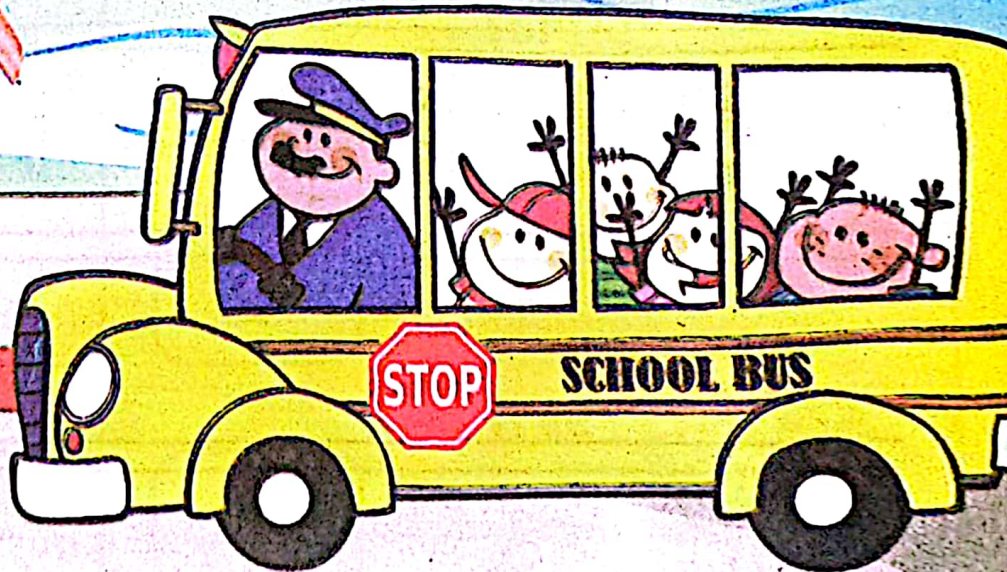
It floats on the water
It takes you away
Oh my! what is it ?
boat, boat, boat
It flies in the air
It takes you away
Oh my! what is it ?
Plane, plane, plane
It moves on the road
It takes you away
Oh my! What is it ?
bus, bus, bus

(Shafia Rafique, Arooj Saqib, Humaira Latif)

air

water

land



Sing the transport poem aloud with children. Teacher to explain different modes of transportation (land, air, water). Encourage children to share examples from daily life.



Develop any model of transport with low and no cost material.

Uu

"U" letter, "U" letter, up, up, up
"U" letter, "U" letter, cup, cup, cup



umbrella



umpire



Discuss the pictures with children. Introduce letter "Uu" with phonic song. Ask children to name given "Uu" words.

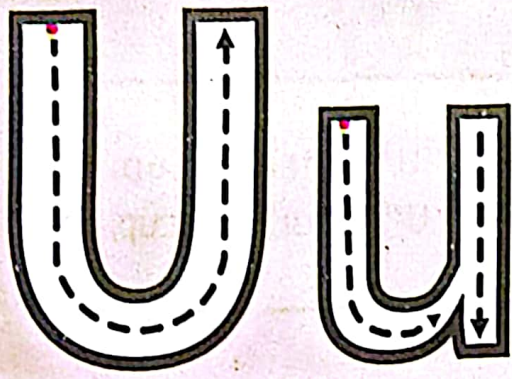


Teacher to demonstrate children by taking them up and down from stairs to give a concept of up and down.

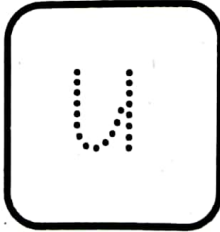
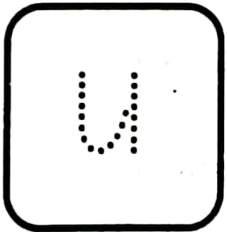
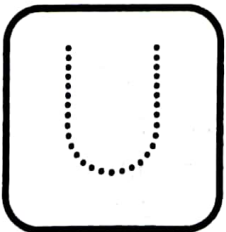
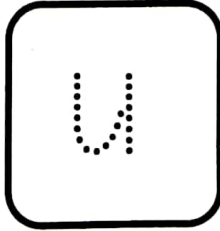
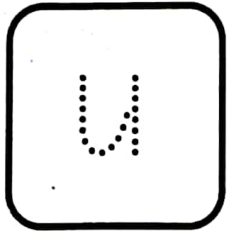
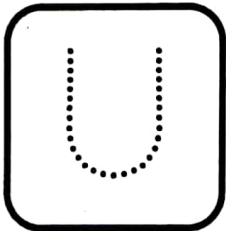
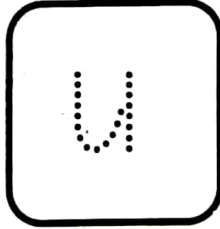
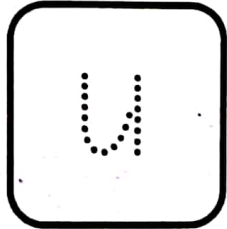
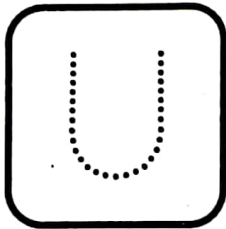
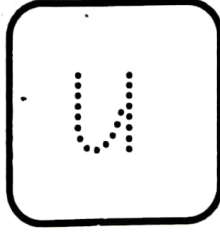
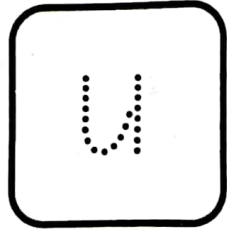
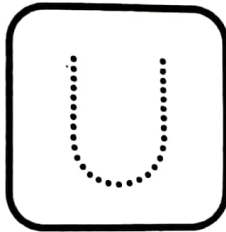
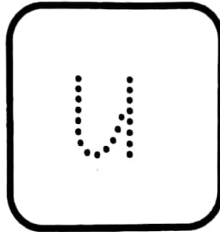
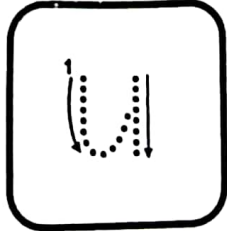
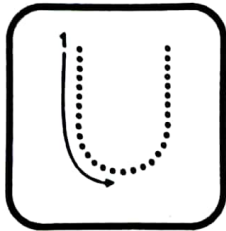


Teach vocabulary as sight words: umpire, umbrella, unlock, up, uncle, uniform

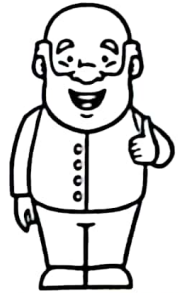
**How rain is
useful for
us**



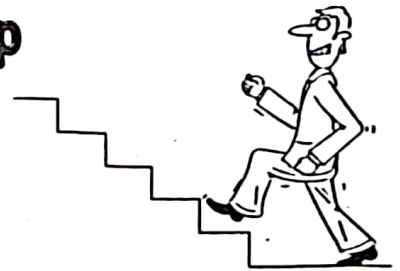
Trace and Colour



uncle



up



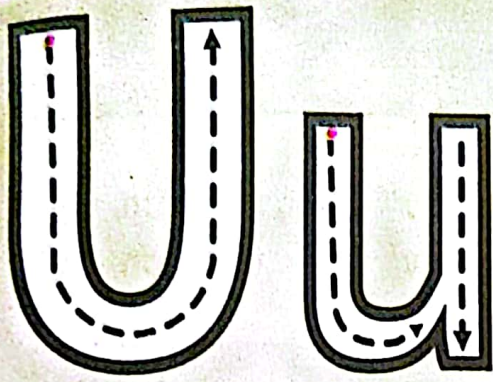
unicorn



umbrella



Trace the letters and colour the pictures.



Trace and Write

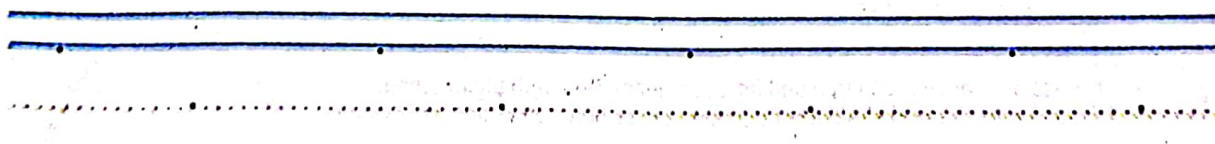
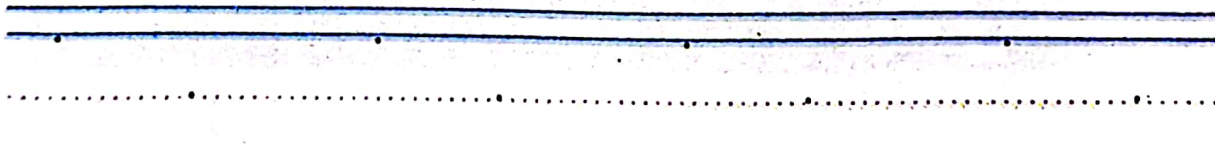
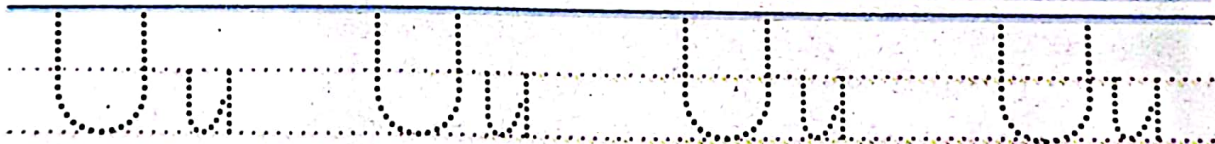
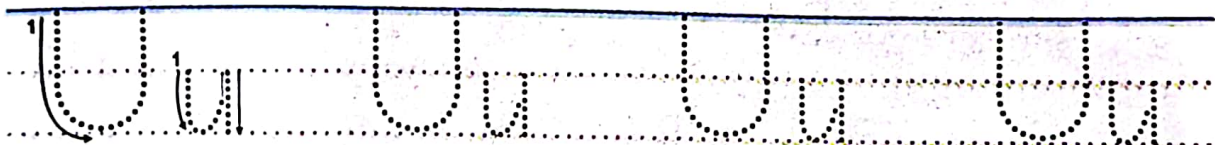


Circle: "Uu"

u k a

j U O

T u t



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.

Vv

"v" letter, "v" letter, van, van, van
"v" letter, "v" letter, can, can, can

village



Discuss picture with children and introduce letter "Vv" with phonic song.
Discuss with children similarities and differences between village and city life.

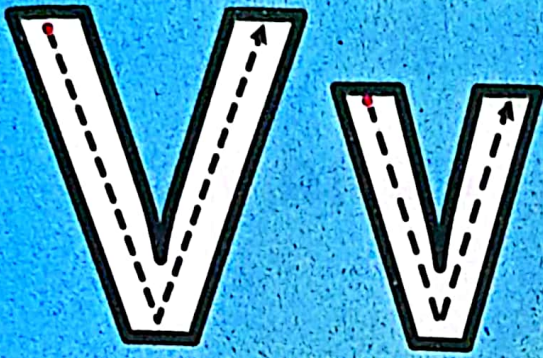


Take children outside the classroom for nature walk and ask them to draw the picture of what they saw in the environment (birds, trees)

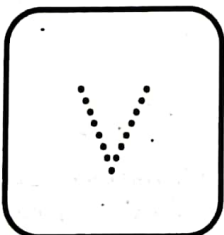
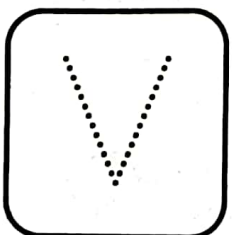
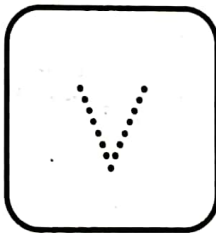
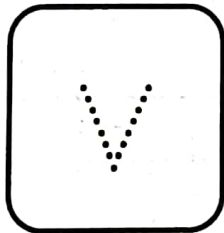
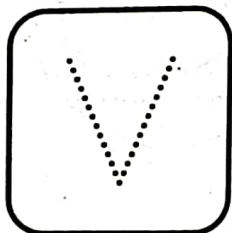
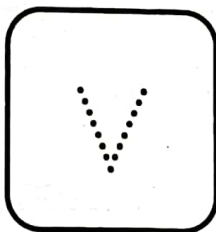
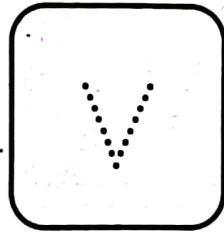
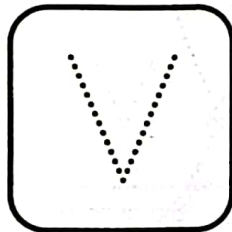
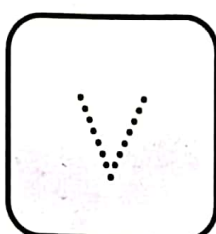
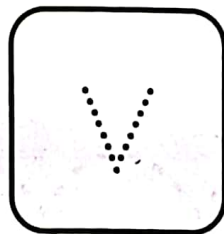
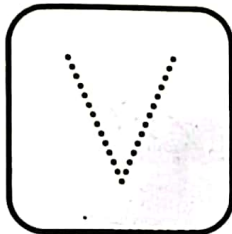
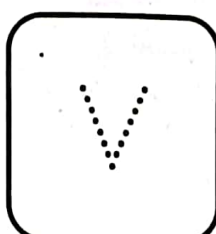
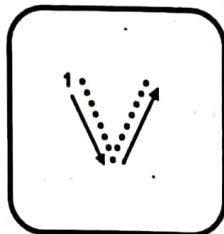
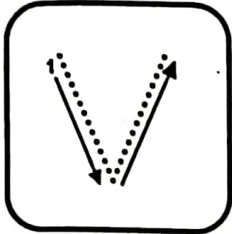


Teach vocabulary as sight words:
village, veterinary doctor, vase, vacuum cleaner, volcano, vulture

**Do you know
veterinary doctor!**



Trace and Colour



volcano



vase



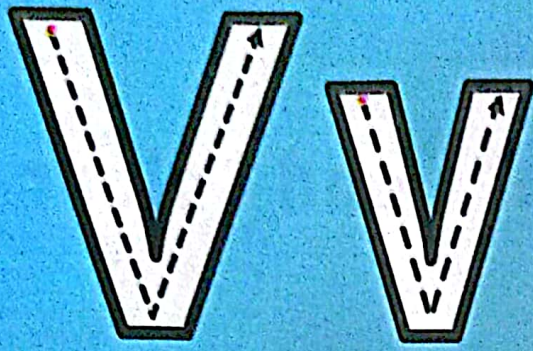
vegetables



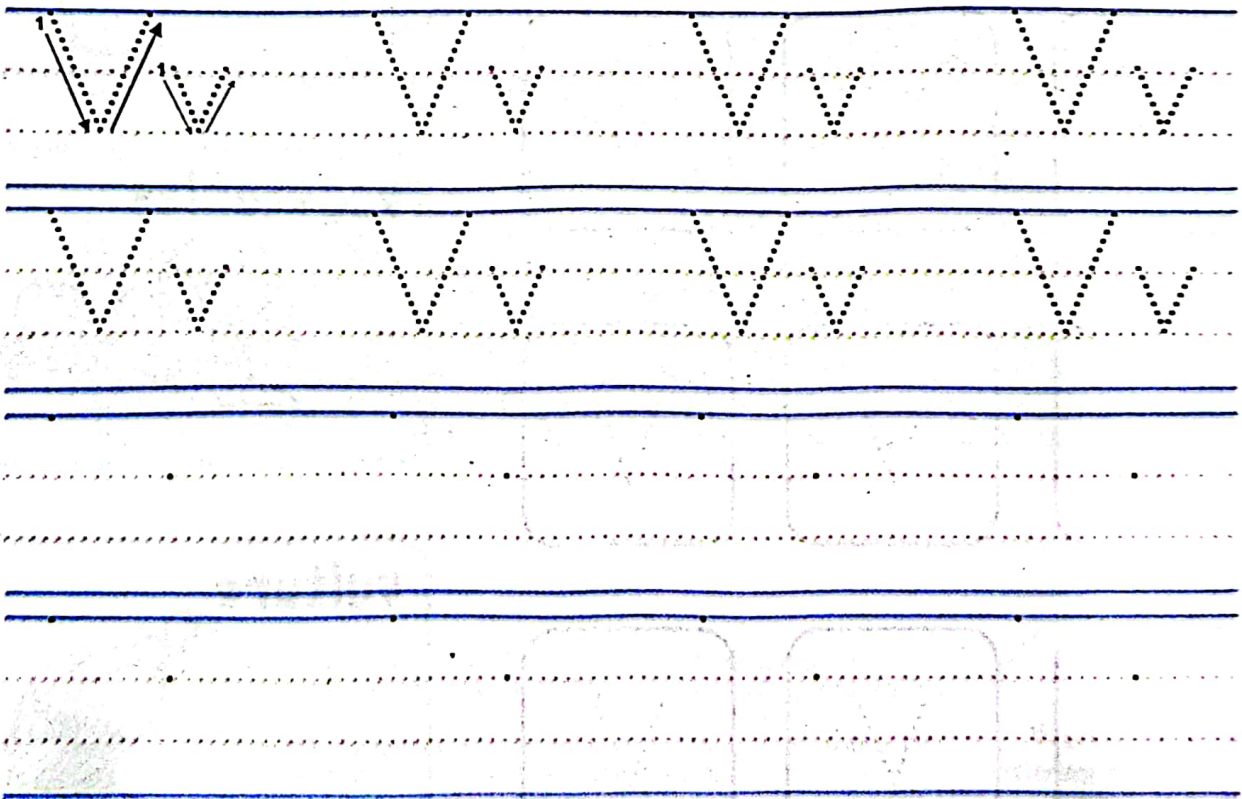
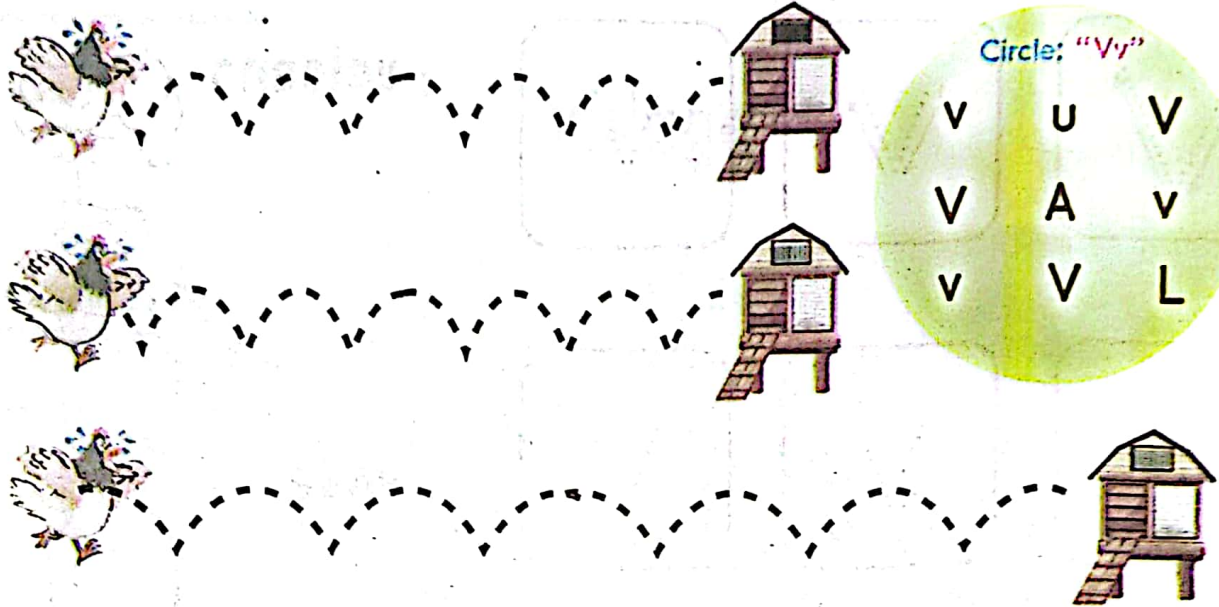
vulture



Trace the letters and colour the pictures.



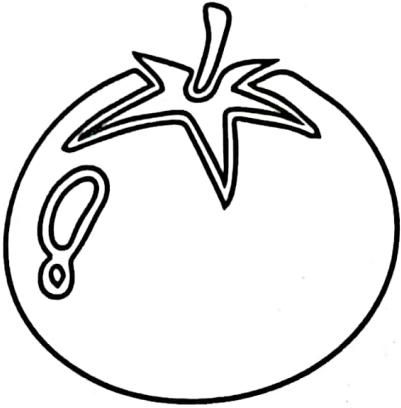
Trace and Write



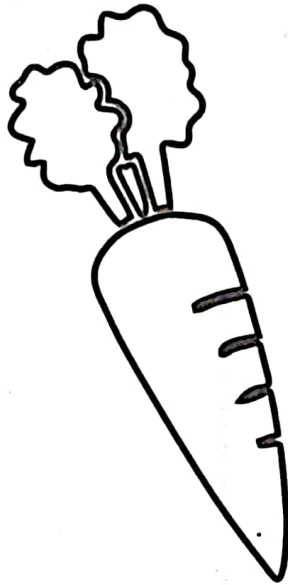
Teach letter formation with sand-tray, sand-letters, In the air, on any surface, clay, play-dough, slate, and doodle board etc.



Vegetables



tomato



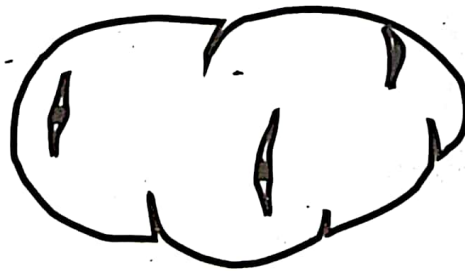
carrot



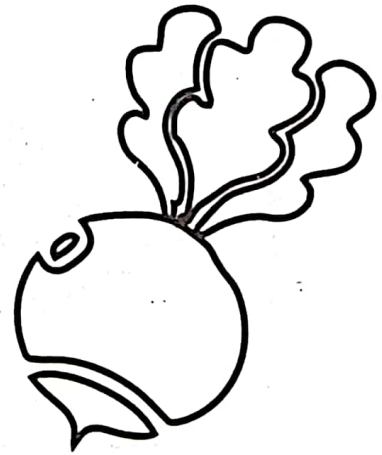
onion



eggplant



potato



turnip



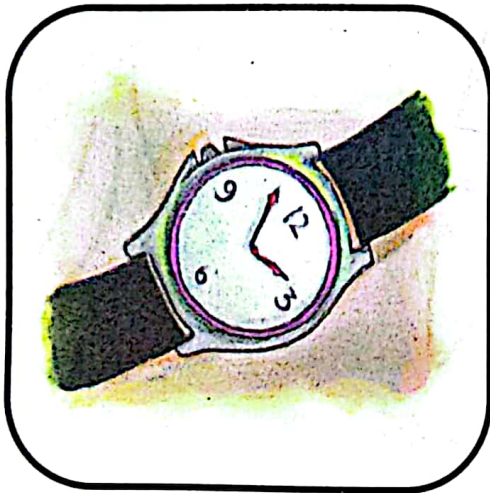
Colour the vegetables and call their names loud. Discuss the benefits of eating vegetables. Explain to children that few vegetables are roots and few grow above the ground.



Do vegetable printing in the class; Cut the vegetables in half, dip them in paint / ink and stamp them on blank paper.

Ww

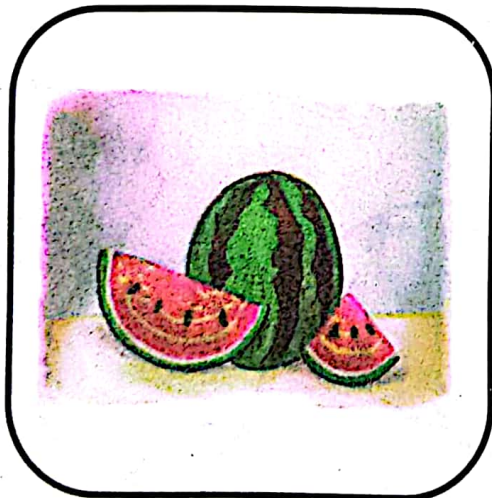
"w" letter, "w" letter, well, well, well
"w" letter, "w" letter, ring the bell



watch



well



watermelon



window



Introduce letter "Ww" with phonic song. Ask children to name given "Ww" words. Discuss health benefits of eating watermelon.



Children will make wrist watch from low cost and no cost material.

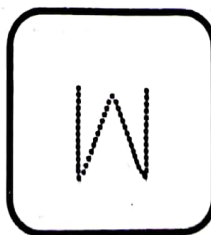
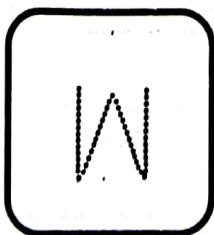
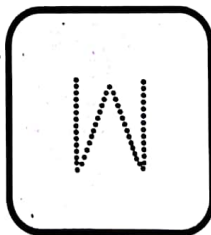
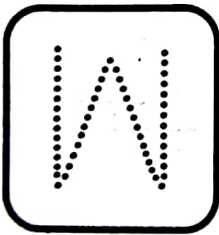
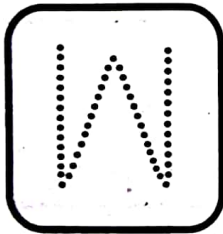
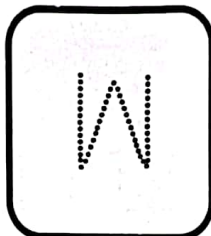
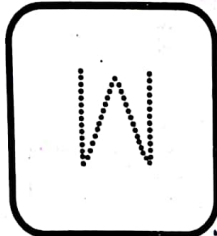
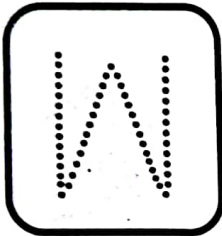
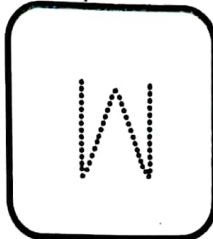
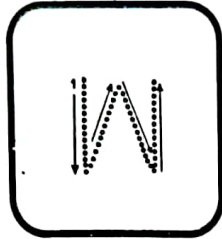
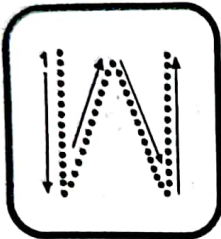


Teach vocabulary as sight words:
watch, window, well, whale, watermelon, wheel

**Do you know,
watermelon has
high water
content!**

W w

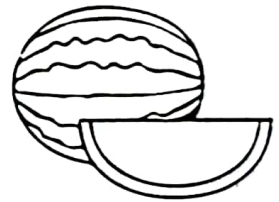
Trace and Colour



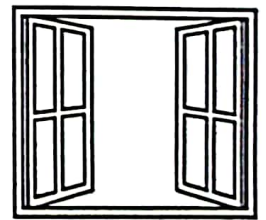
Watch



Watermelon



Window



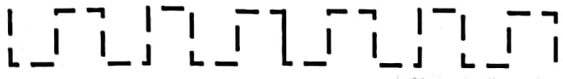
Worm



Trace the letters and colour the pictures.

W w

Trace and Write



Circle: "Ww"

w	H	X
X	w	x
w	t	x

W w W w

W w W w



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.



World Around Us

Climate Change

Act Now

The climate is changing !
We need to be carefull



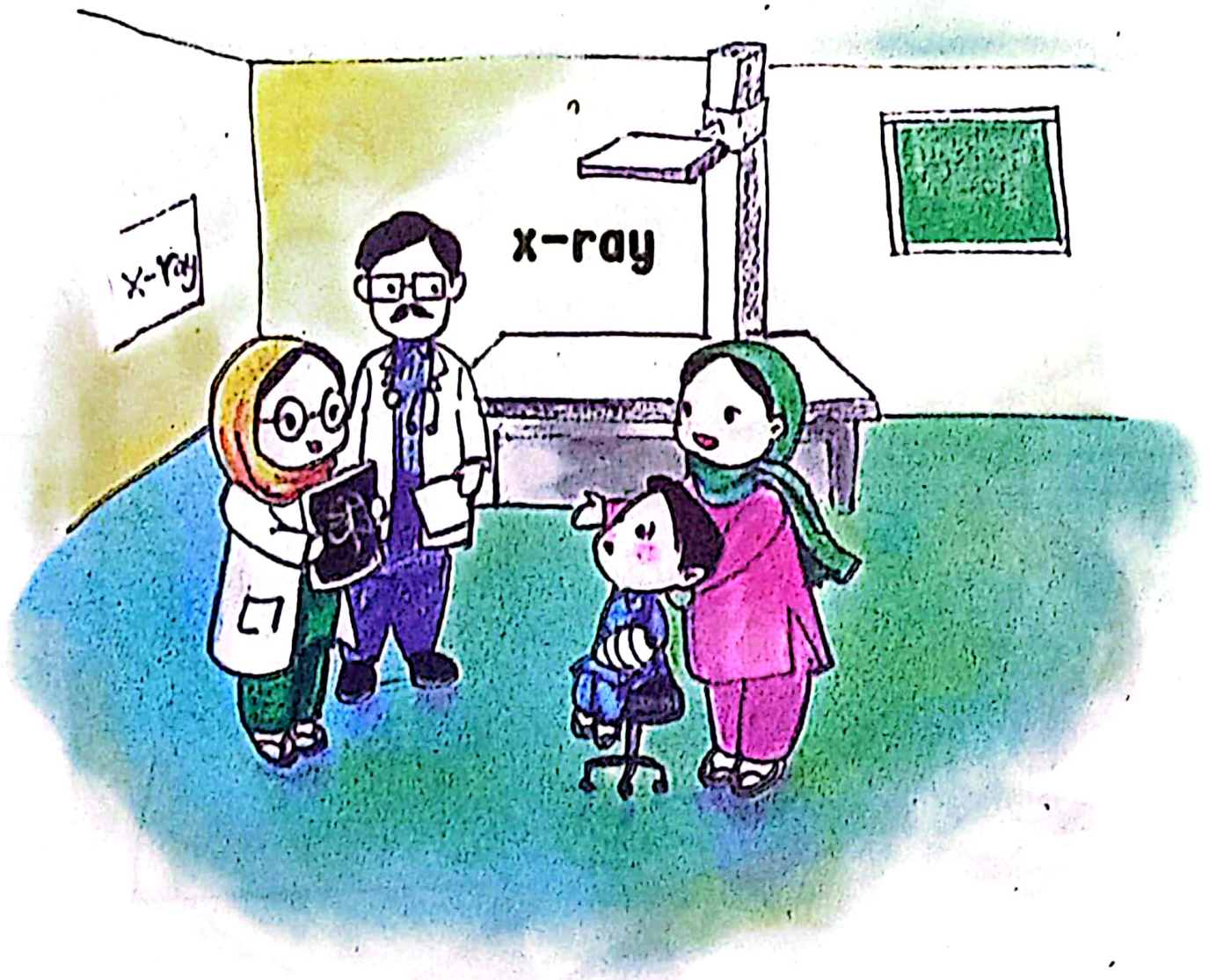
Teacher to discuss climate change, its effects and how to prevent pollution, de-forestation, floods, earthquake and global warming. Encourage children to use resources carefully, e.g. turn off the light and fan when leaving the room.



Show a climate change video in class or Invite guest speaker to talk about climate change and celebrate world environment day on 5th june.

Xx

"x" letter, "x" letter, xylophone
"x" letter, "x" letter, play the tone



Discuss picture with children and introduce letter "Xx" with phonic song.
Ask children what they see in the picture. (doctor, nurse, x-ray etc.).
Caution: children should not take any medicine without adult's supervision.

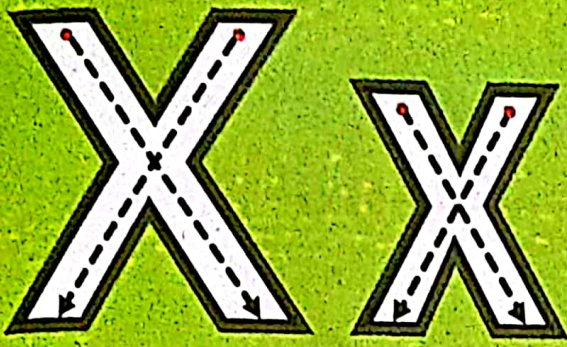


Do role play of doctor and nurse in the classroom.

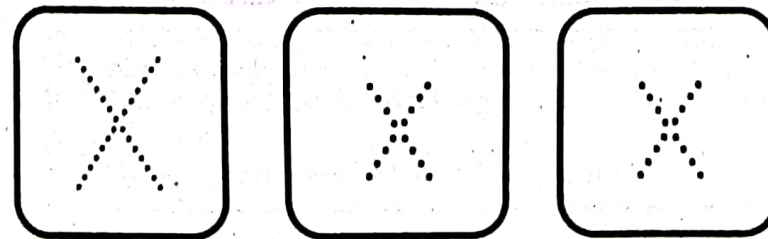
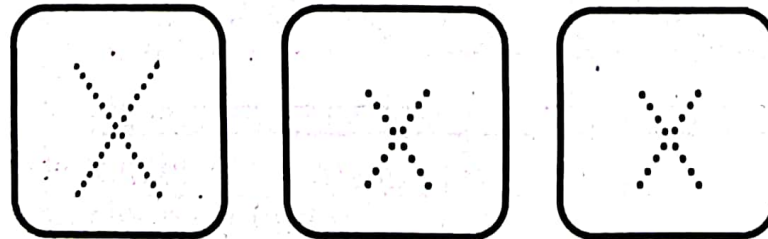
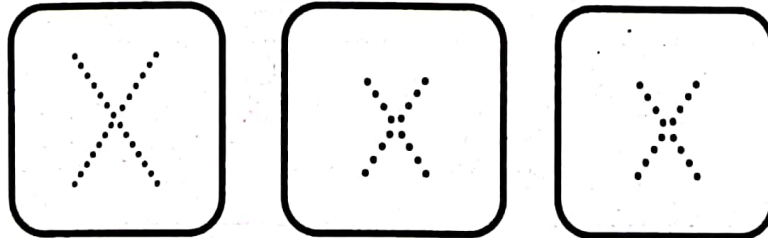
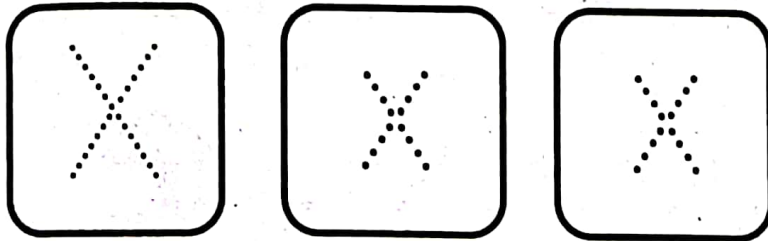
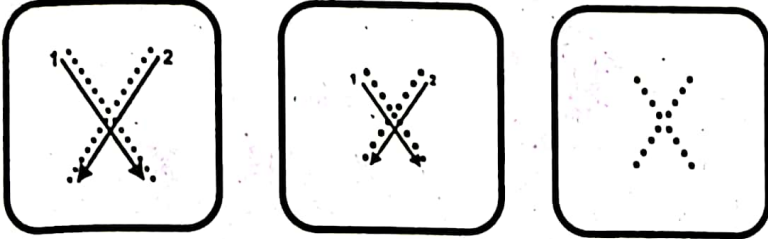


Teach vocabulary as sight words:
x-ray, xylophone, x-max-ileo

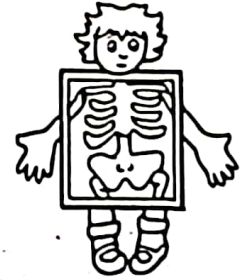
Taking care of
sick people is a
good deed.



Trace and Colour



x-ray



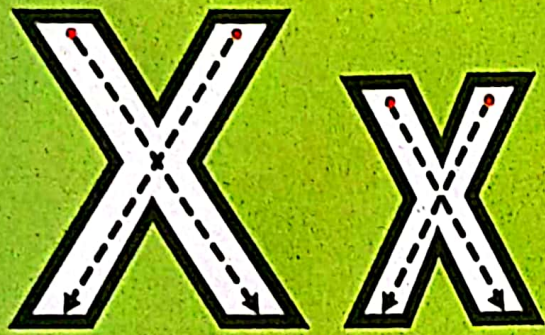
xmas tree



draw hand x-ray



Trace the letters and colour the pictures.

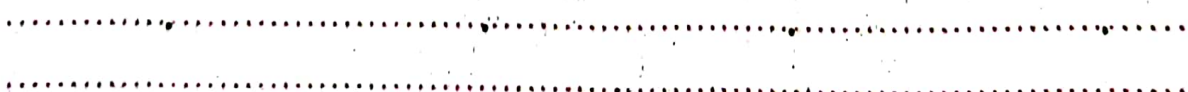
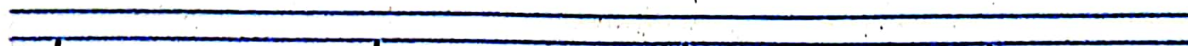
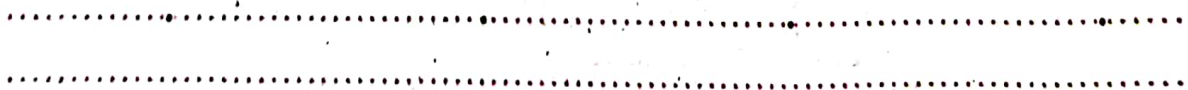
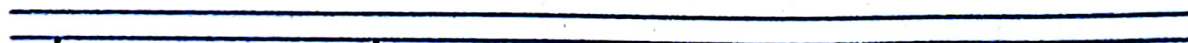
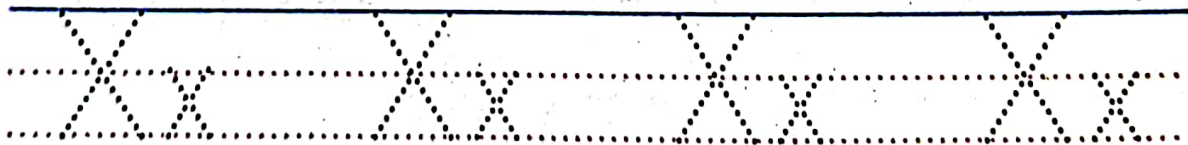
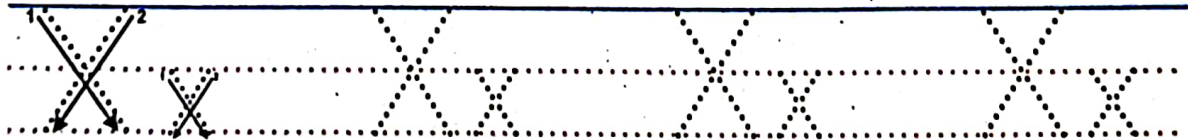


Trace and Write



Circle: "Xx"

x	H	X
X	v	x
X	t	x

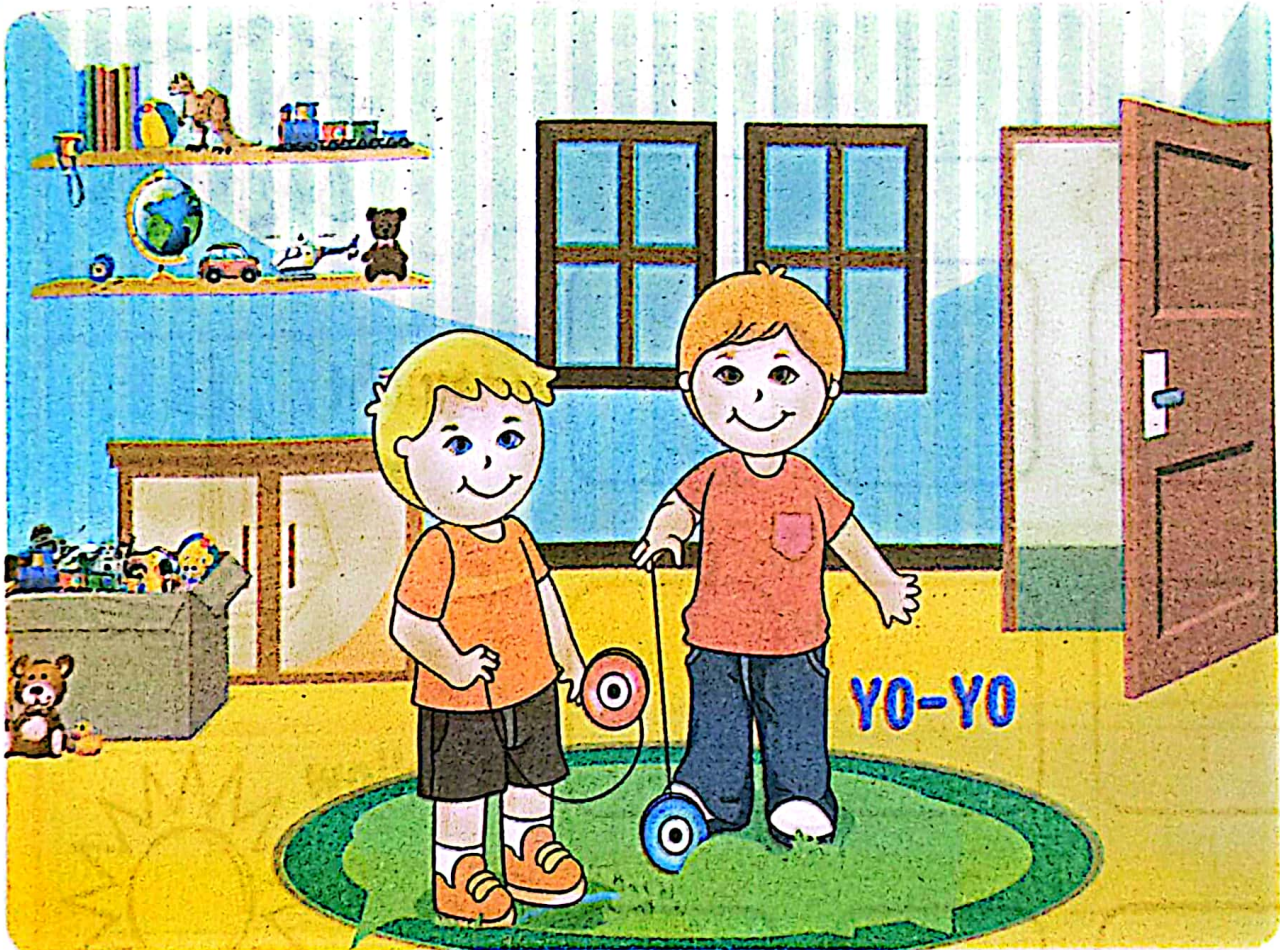


Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.

(105)

Yy

"y" letter, "y" letter, yarn, yarn, yarn
"y" letter, "y" letter, have some corn



Yahya is an energetic boy. He always changes his clothes after coming back from school. He loves to play **yo-yo**. He takes good care of his toys and keeps them clean and tidy.



Discuss picture with children. Introduce letter "Yy" with phonic song. Ask children to name given "Yy" words. Teacher will read the story to children and discuss good habits.



Make yo-yo using low cost and no cost material.



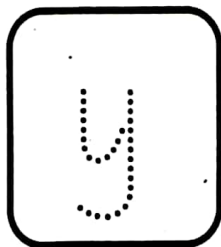
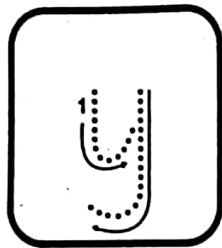
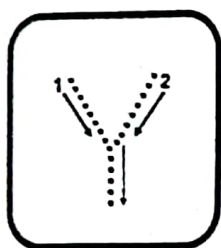
Teach vocabulary as sight words:
yo-yo, yellow, yolk, yak, yan

When you throw
yo-yo, it bounces
back.

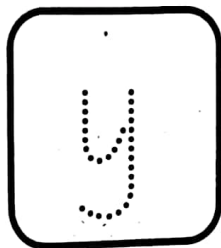
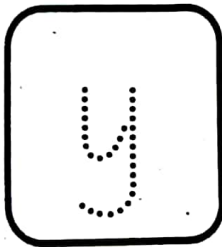
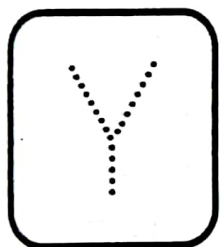
Y

y

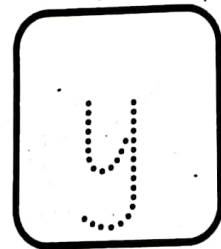
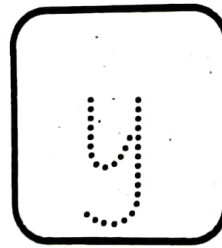
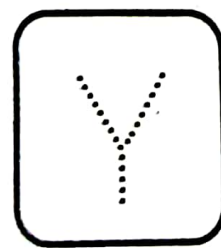
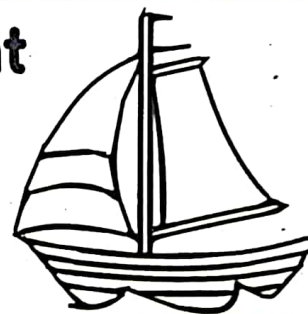
Trace and Colour



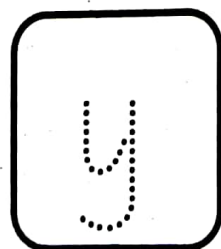
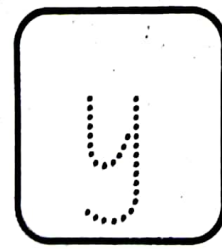
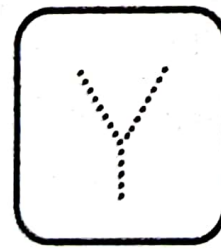
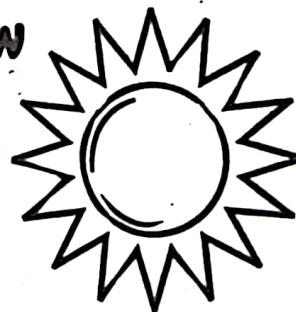
yak



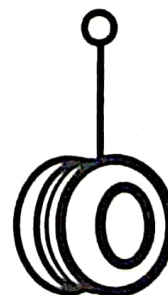
yacht



yellow



yo - yo



Trace the letters and colour the pictures.

Y

y

Trace and Write



Circle: "Yy"

y M Y

A Y y

Y y e



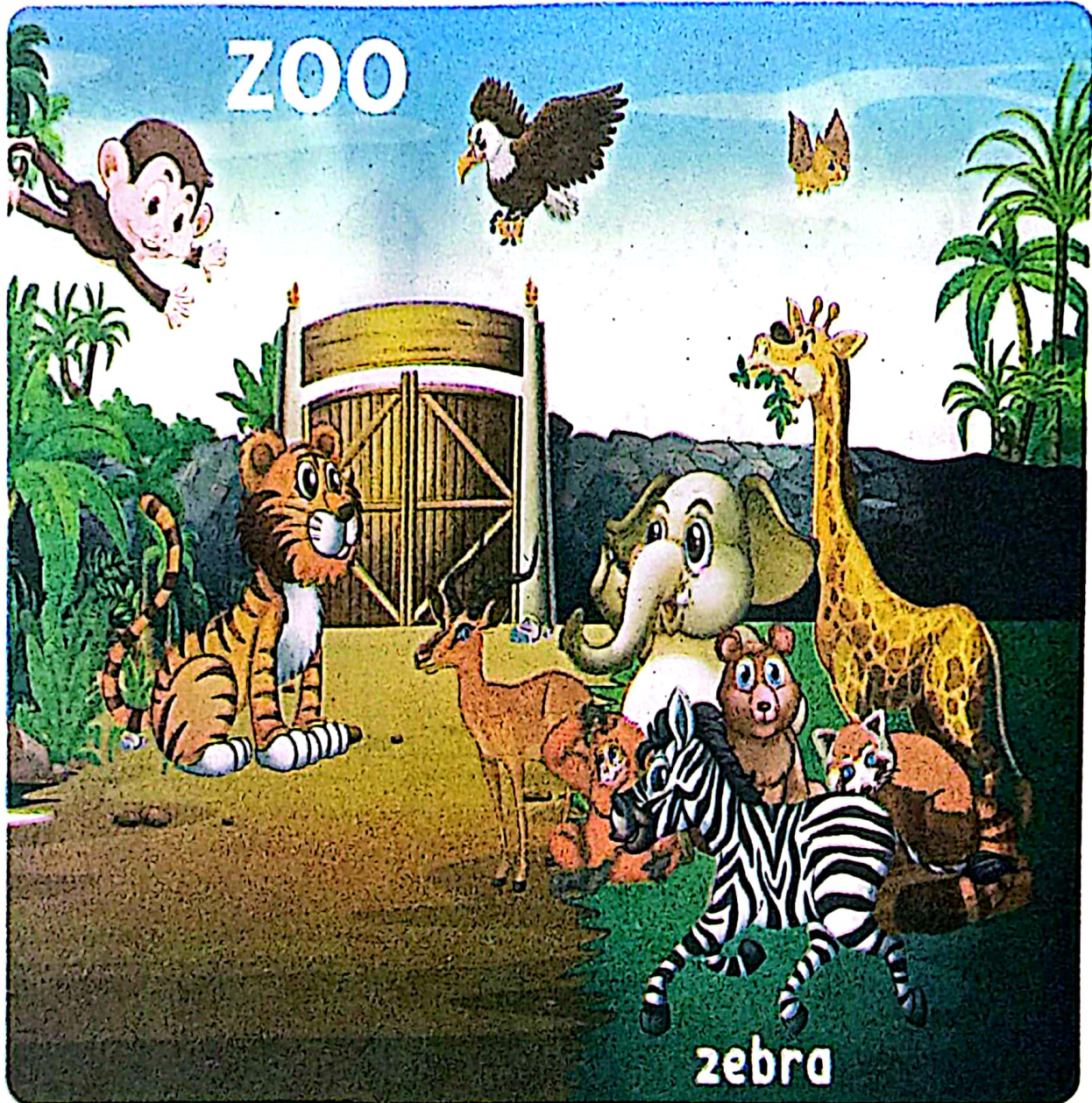
Handwriting practice lines for the letter 'Yy'. The first row shows dotted 'Yy' for tracing on a three-line grid. The second row shows dotted 'Yy' for tracing on a three-line grid. The third row shows dotted 'Yy' for tracing on a three-line grid. The fourth row shows empty three-line grids for independent writing practice.



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.

Zz

"Z" letter, "Z" letter, zoo, zoo, zoo
"Z" letter, "Z" letter, give me a clue



Discuss the picture with children and introduce letter "Zz" with phonic song. Ask children to name given "Zz" words. Children to develop a story with given picture.



Help children to make zoo animals with low / no cost material and set a zoo corner in class.



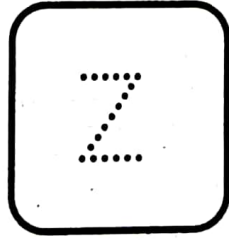
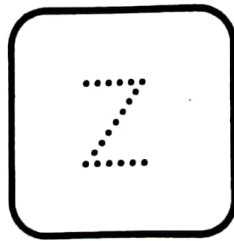
Teach vocabulary as sight words:
zoo, zebra, zipper, zero

**Lion is the king
of Jungle.**

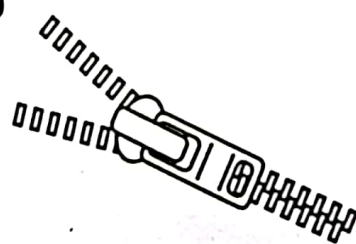
Z

z

Trace and Colour



zip



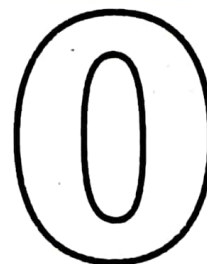
zebra



zigzag



zero

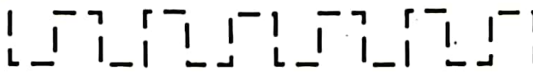
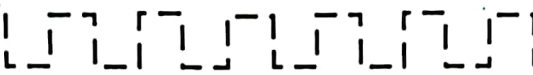


Trace the letters and colour the pictures.

Z

z

Trace and Write

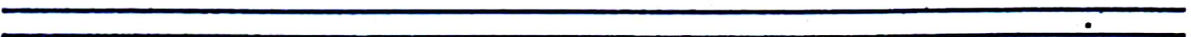
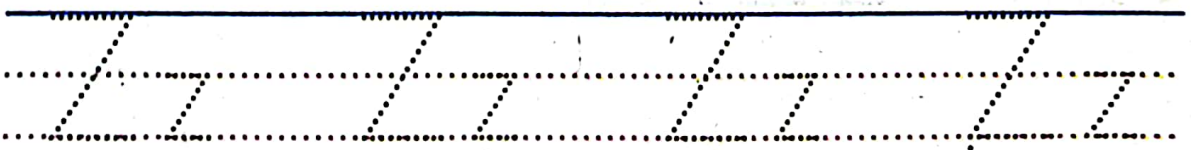
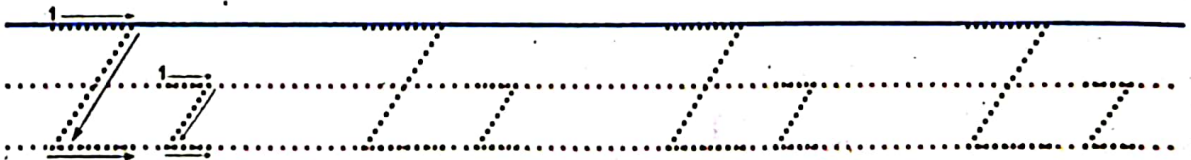


Circle: "Zz"

Z L z

U Z Z

z k z



Teach letter formation with sand-tray, sand-letters, in the air, on any surface, clay, play-dough, slate, and doodle board etc.

Reinforcement Activity

Match capital letter with small letter
and draw the pictures

S

T

U

V

W

X

Y

Z

y

z

x

t

s

u

v

w



Guide children to match the capital letter with small letter and draw picture in front of the matched letter.



Make capital and small letter flash cards from "Ss" to "Zz" and ask children to find the pair.

A

A

B

B

C

C

D

D

E

E

F

F



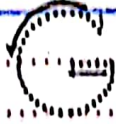
Trace and write the letters

(113)

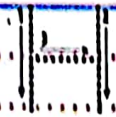
Trace and write



G



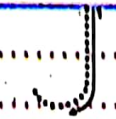
H



I



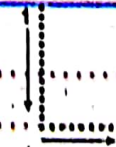
J



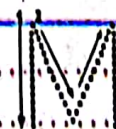
K



L



M



Trace and write the letters

N

N

O

O

P

P

Q

Q

R

R

S

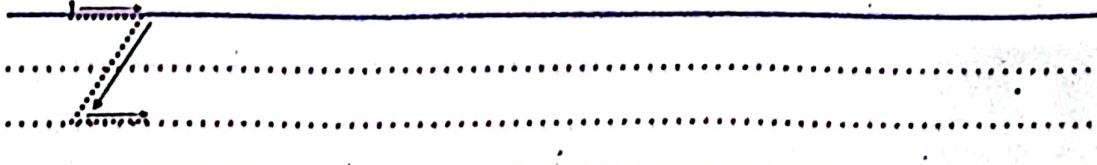
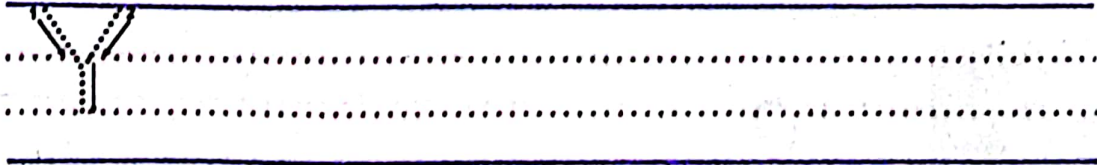
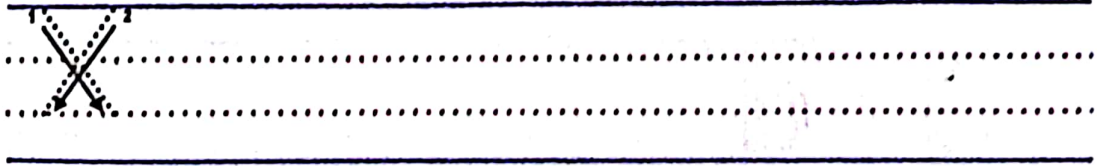
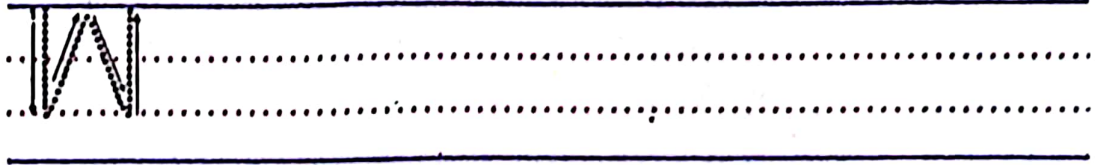
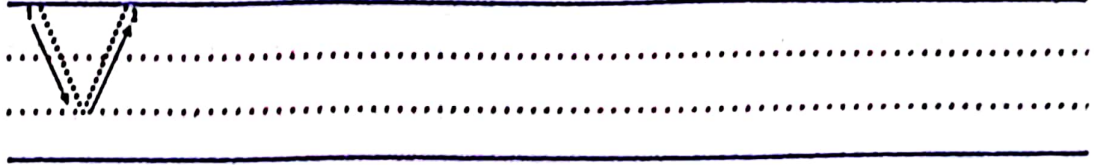
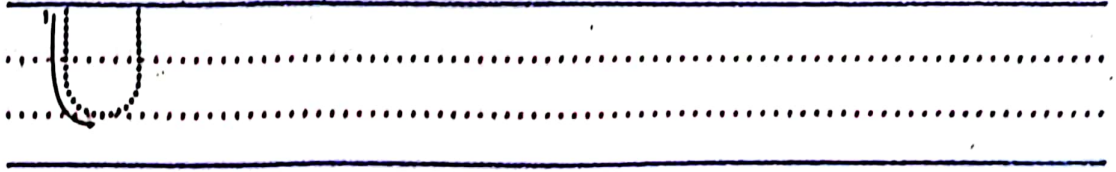
S

T

T



Trace and write the letters



Trace and write the letters

Small letters

Trace and write



a

a

b

b

c

c

d

d

e

e

f

f



Trace and write the letters

Trace and write



g

g

h

h

i

i

j

j

k

k

l

l

m

m



Trace and write the letters

Trace and write



n

n

o

o

p

p

q

q

r

r

s

s

t

t



Trace and write the letters

Trace and write



u



v



w



x



y



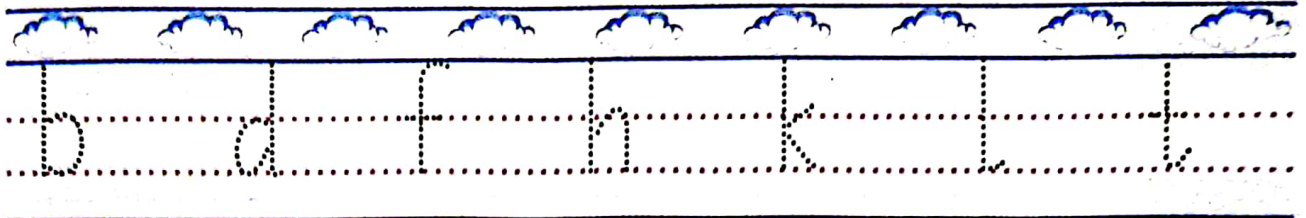
z



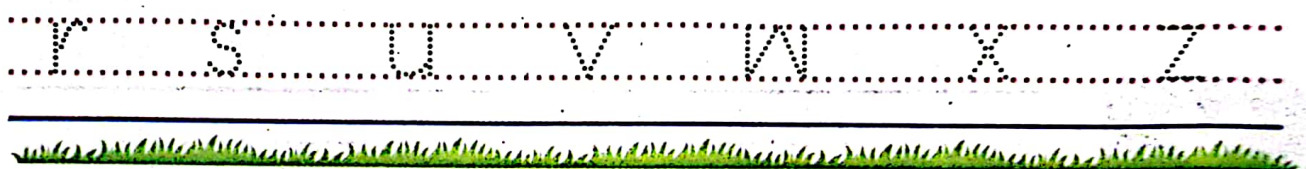
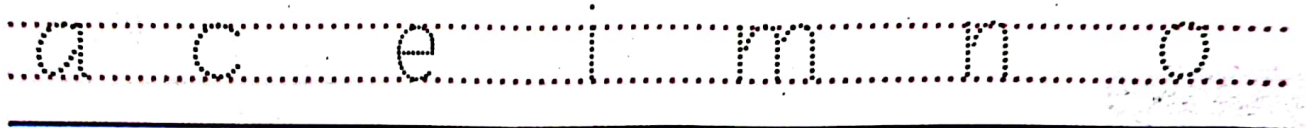
Trace and write the letters

Sky, Grass and Root letters

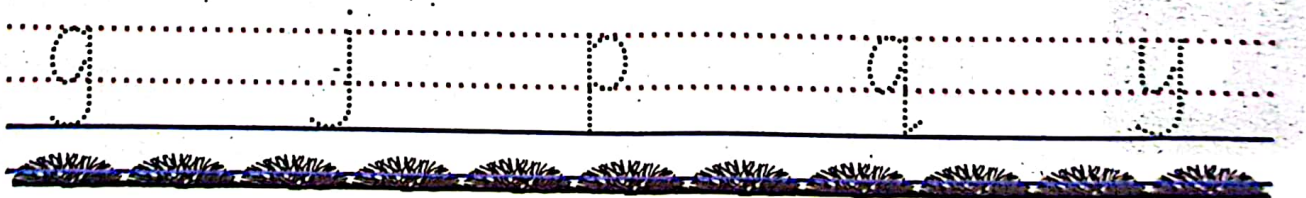
Sky letters



Grass letters



Root letters



Teacher to display sky, grass and root letters in class.

Letters which touch the top line are called sky letters.

Letters which fit exactly between the two middle lines are called grass letters.

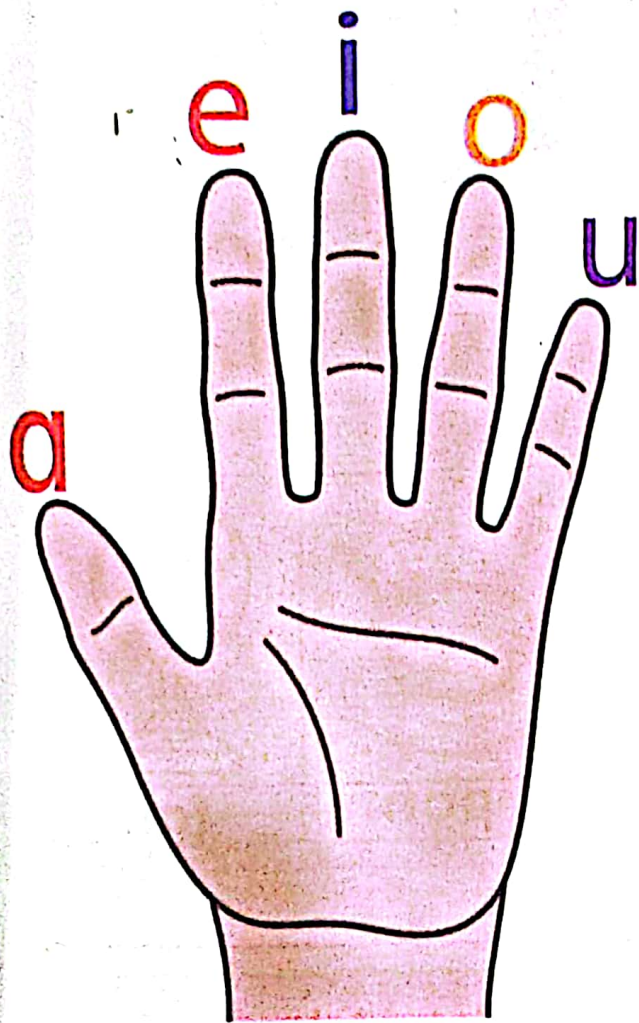
Letters which touch the bottom line are called root letters.



Draw four lines for sky, grass and root letters on board and call children one by one to drill the letters by writing on the board.

Vowels

Consonants

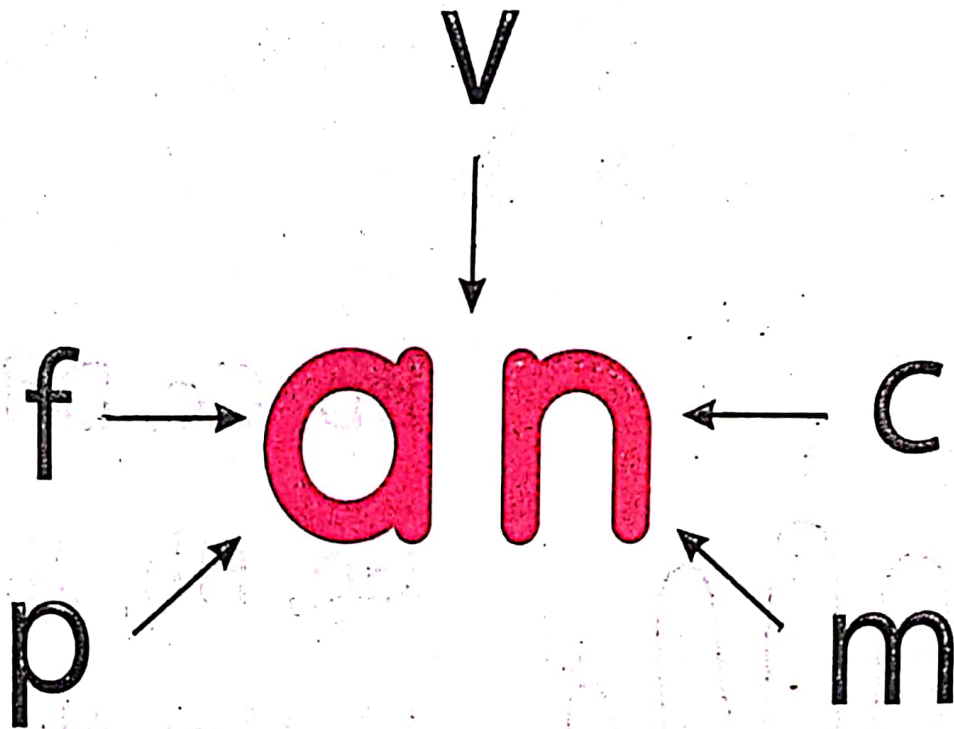


Bb, Cc, Dd, Ff,
Gg, Hh, Jj, Kk,
Ll, Mm, Nn, Pp,
Qq, Rr, Ss, Tt,
Vv, Ww, Xx, Yy,
Zz



There are five vowels and there is no word without a vowel.
Help children to learn vowels by saying it loud. Consonants are all the non-vowels sound.

Introduction of "an" words



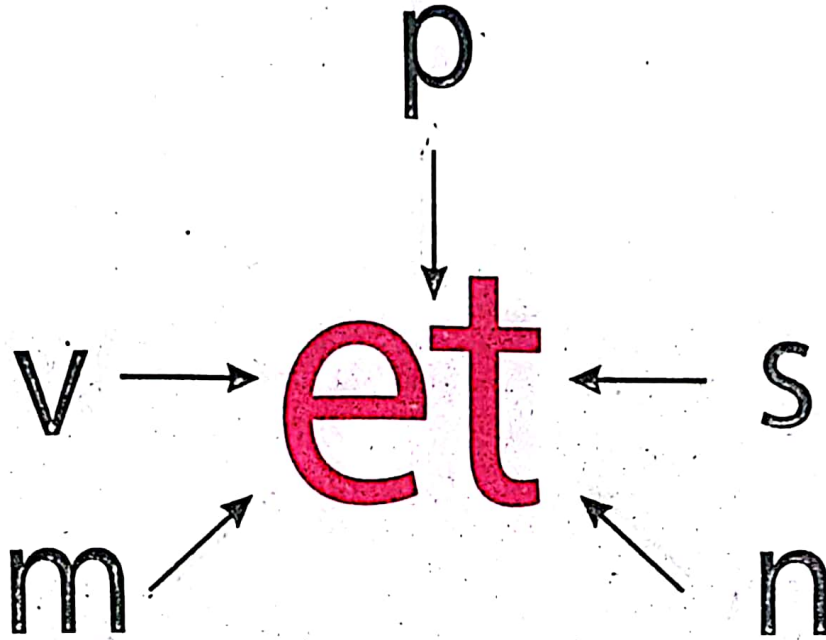
				
van	man	can	pan	fan

Handwriting practice lines consisting of three sets of horizontal lines: a solid top line, a dashed middle line, and a solid bottom line.



Help children to learn and write "an" words and colour the pictures.
Teacher to maintain word wall of the given words with the help of children.

Introduction of "et" words



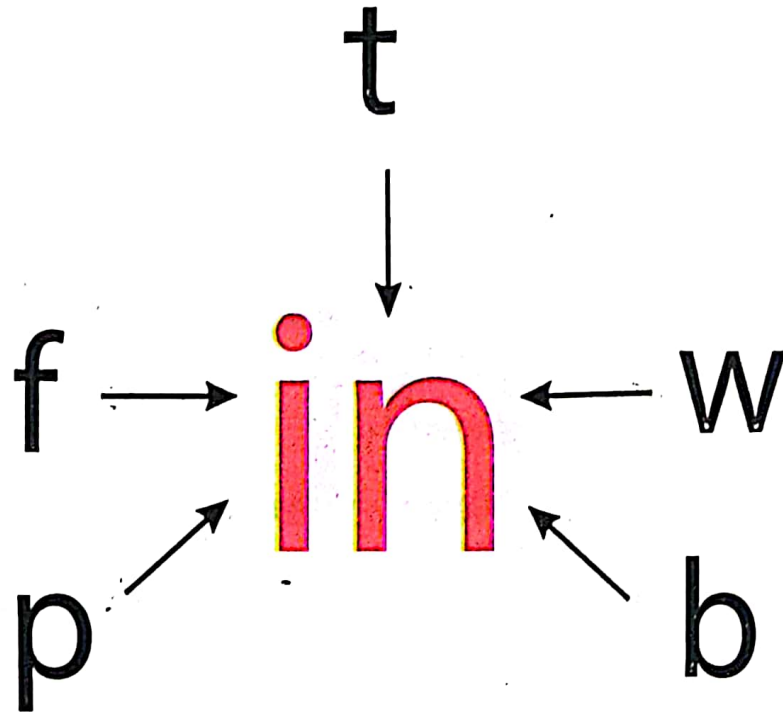
				
net	set	pet	vet	met

Handwriting practice lines consisting of two sets of three horizontal lines (top solid, middle dashed, bottom solid).



Help children to learn and write "et" words and colour the pictures.
Teacher to maintain word wall of the given words with the help of children.

Introduction of "in" words



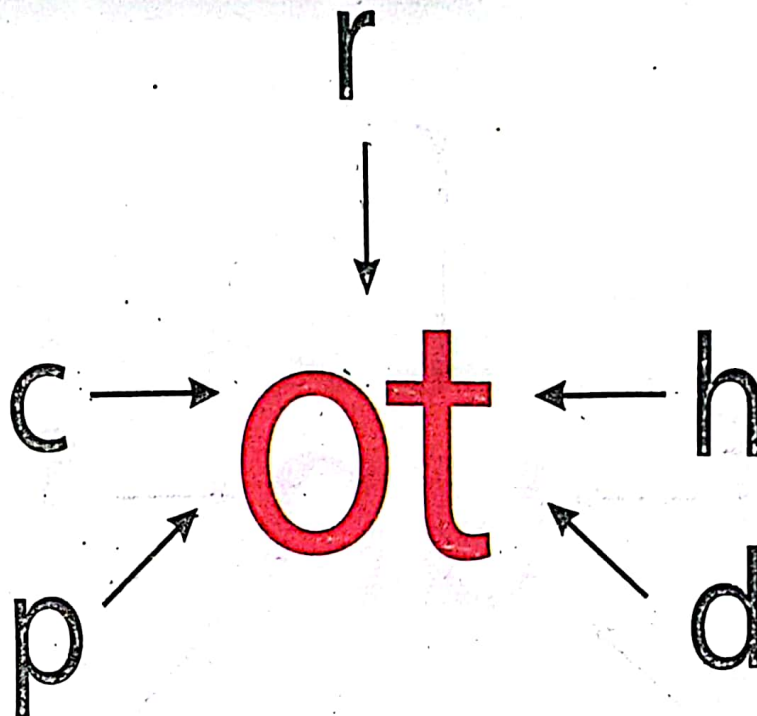
				
bin	pin	tin	fin	win

Handwriting practice lines consisting of two sets of three horizontal lines (top solid, middle dashed, bottom solid).



Help children to learn and write "In" words and colour the pictures.
Teacher to maintain word wall of the given words with the help of children.

Introduction of "ot" words



pot	cot	rot	hot	dot

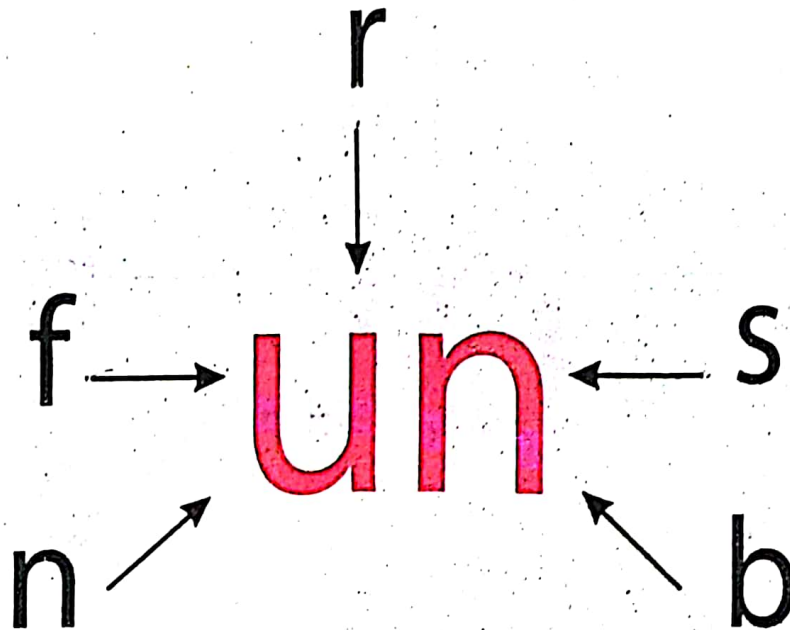
Handwriting practice lines consisting of four sets of three horizontal lines (top solid, middle dashed, bottom solid).

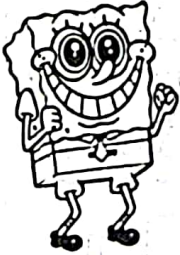


Help children to learn and write "ot" words and colour the pictures.
Teacher to maintain word wall of the given words with the help of children.



Introduction of "un" words



				
bun	fun	run	sun	nun

Handwriting practice lines consisting of two sets of three horizontal lines (top, middle dashed, bottom).



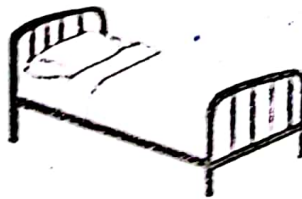
Help children to learn and write "un" words and colour the pictures.
Teacher to maintain word wall of the given words with the help of children.



Add a vowel



r t



b d



b n



d g



s n



v n



p t



t n



h t



Help children to write missing vowels and colour the pictures.

Write the beginning sound

an



in



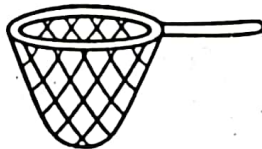
an



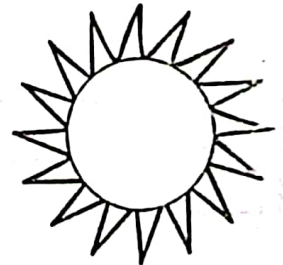
ob



et



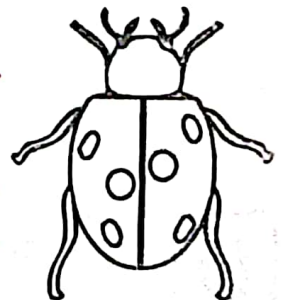
un



et



ug



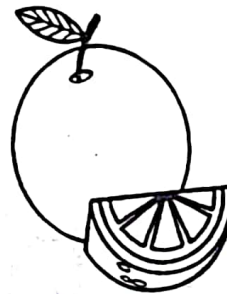
The teacher will explain and show the vocabulary of short vowels sound of all groups with the help of flashcards, different objects and worksheet.

Introduction of a and an

a computer



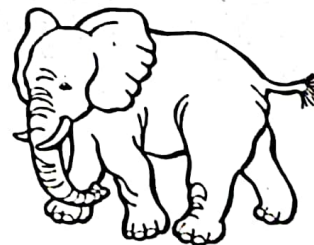
orange



tree



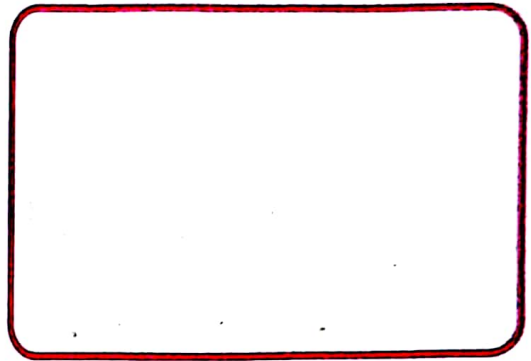
elephant



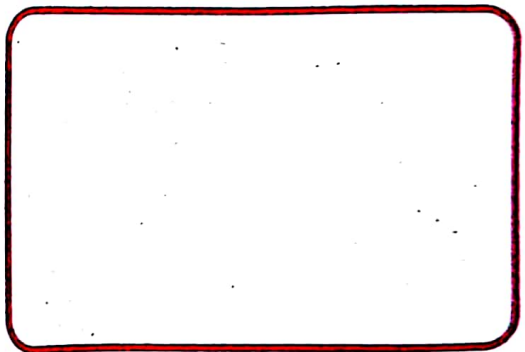
Help children to write "a" or "an" in the beginning of the word and colour the picture.

Phrases

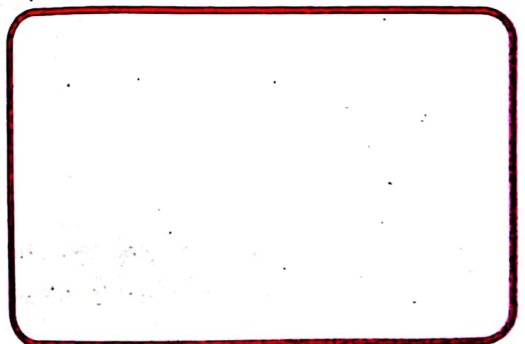
cat on a mat



rat in a hat

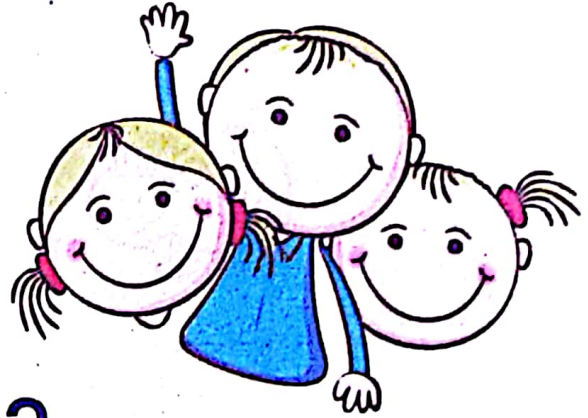


pin in a bin



Help children to learn phrases and draw the pictures.
Explain to children that phrase, is a group of words which has some meanings.

Introduction of full stop and capital letter



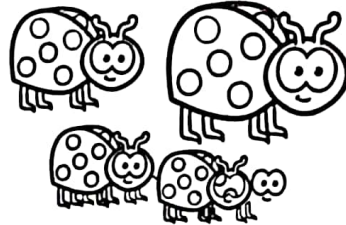
What is your name?

My name is _____

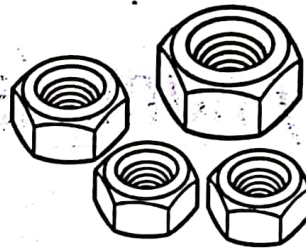


Start the sentence with capital letter and put a full stop at the end.
Sentence is a group of words which make complete sense.

Adding "s"



bug



nut



ring



Help children to add 's' at the end of word and colour the pictures.

Sight Words

of

if

that

were

it

up

was

can

on

do

for

use

as

an

with

will

is

be

they

like

in

me

his

into

at

or

her

two

by

to

have

way

go

he

has

see

no

she

from

than

am

this

but

first

my

yes

but

who

so

the

all

what

we

and



Teacher to help children learn sight words to build their vocabulary.



Help children to paste sight words flashcards on vocabulary wall.

Introduction of

this is

This is a van



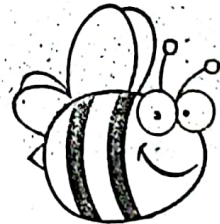
a frog



a dog



a bee



a cat



Add "this is" at the beginning of sentence. Start the sentence with capital letter and put a full stop at the end.

Introduction of these are

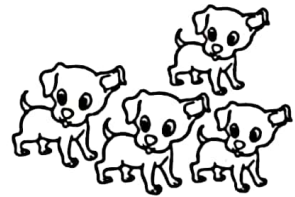
These are



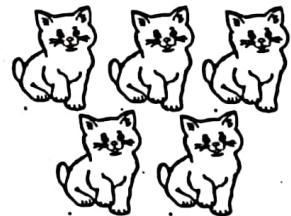
These are



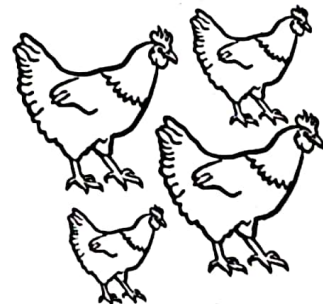
These are



These are



These are



Help children to complete the sentence by putting three letter words with 's' at the end. (make plural)
Start the sentence with capital letter and put a full stop at the end.

Introduction of

th

thanks

ing

th

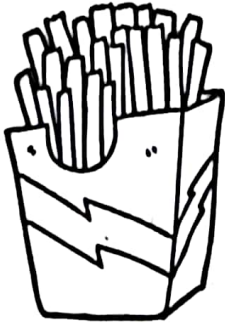
ick

in

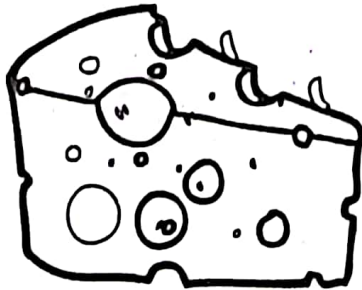


Add "th" In the beglnig of word.

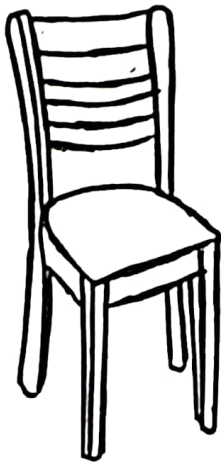
"ch" words



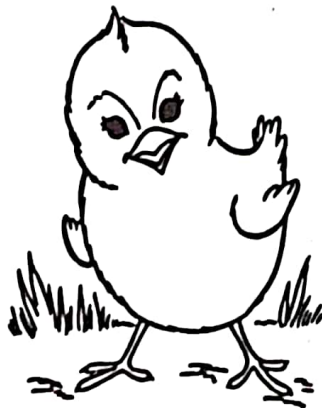
ips



eese



air

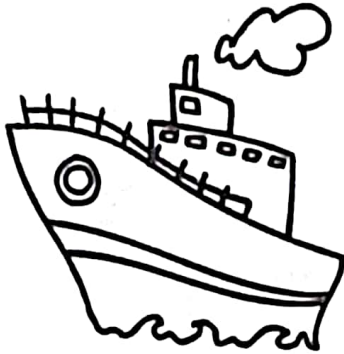


ick



Help children to write 'ch' at the beginning of word and colour the pictures.
Teacher will teach children with the help of flashcards, moveable alphabets and picture cards.

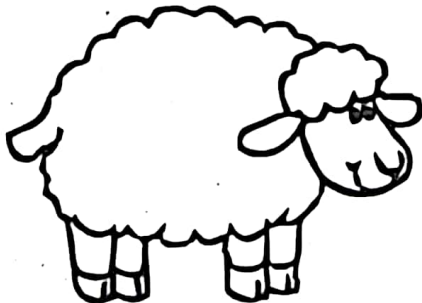
"sh" words



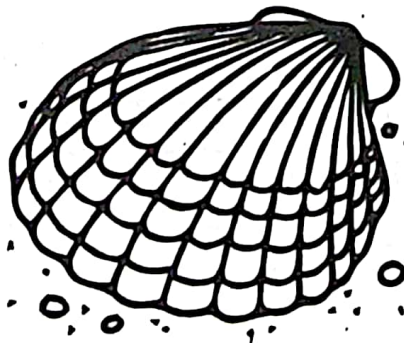
ip



oe



eep



ell



Help children to write 'sh' at the beginning of word and colour the pictures.
Teacher will teach children with the help of flashcards, moveable alphabets and picture cards.

action words

cooking



swimm

writ



jogg

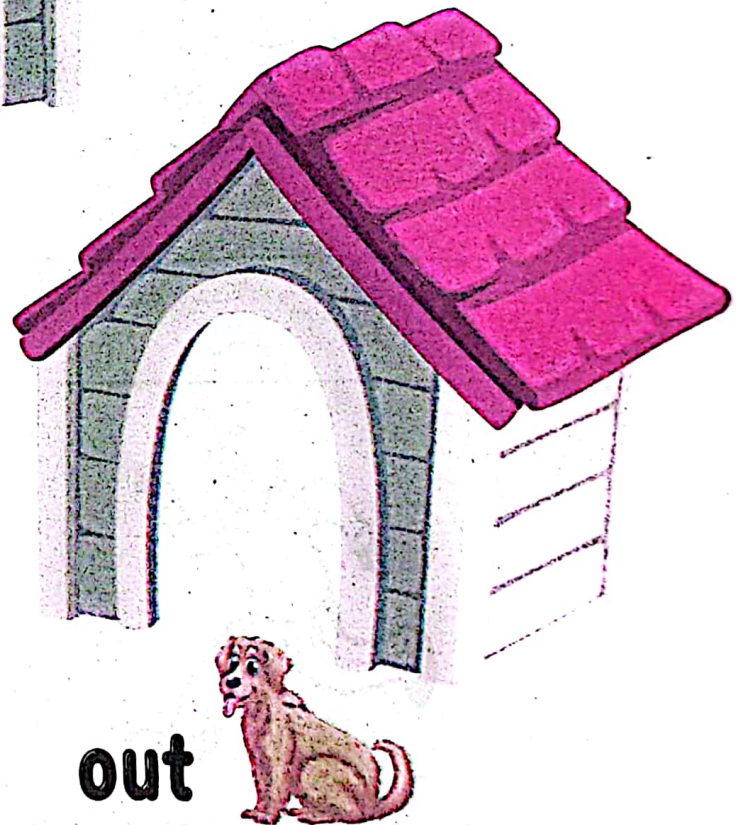
walk



Help children to write 'ing' at the end of word and colour the pictures.
Teacher will teach children with the help of flashcards, moveable alphabets and picture cards.



In and Out



Give children the concept of "In" and "out" with real life examples.



Take a big box and ask children to put a few things inside the box and then take them out to give a clear concept of "In" and "out".

Learn and Write

"ee" words

bee

see

tree

three

knee



Learn and Write

"oo" words

boot

root

food

moon

spoon



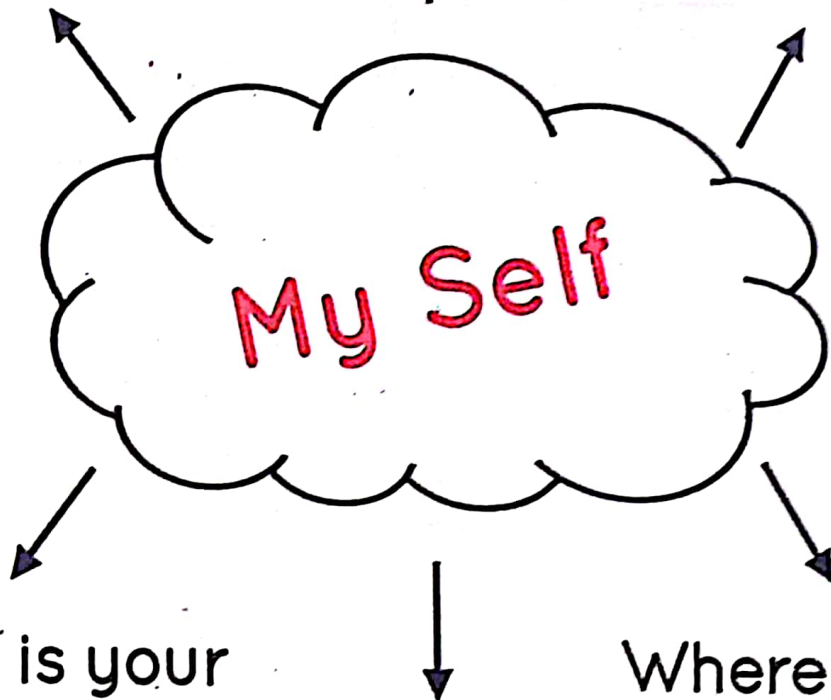
Character Sketch

My self

What is your name?

How old
are you?

What is your
favourite colour?



What is your
favourite food?

Where do you
live?

What you like to do



Encourage children to talk about themselves.

Creative Writing

My self

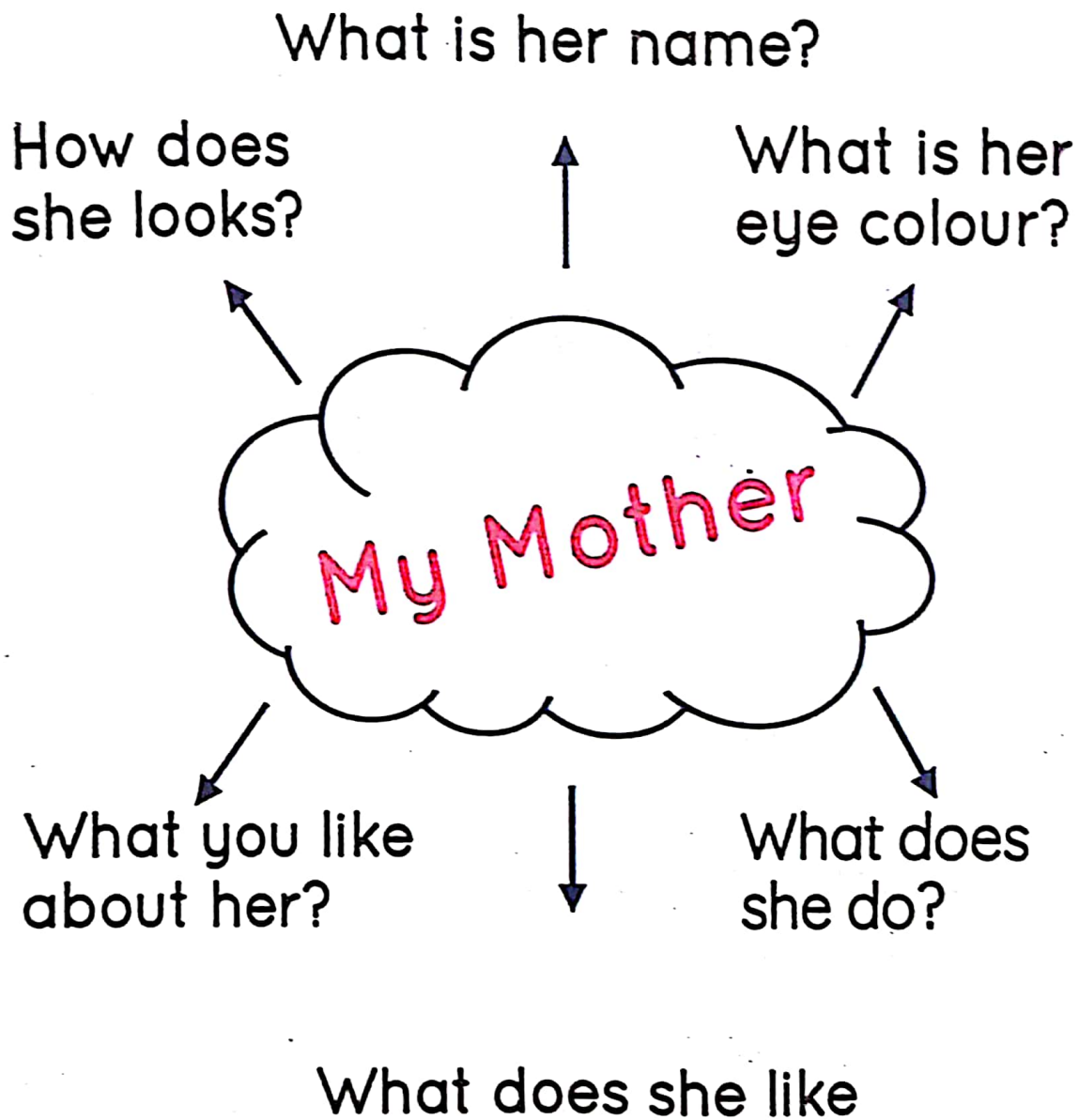
Handwriting practice lines for the topic 'My self'. The page features a large rectangular box on the right side, intended for drawing a picture. To the left of this box, there are several sets of horizontal lines for writing, each consisting of a solid top line, a dashed middle line, and a solid bottom line. Below the large box, there are additional sets of these three-line handwriting guides.



Encourage and facilitate children to write few sentences about themselves and draw their picture.

Character Sketch

My mother



Encourage children to talk about their mothers.

Creative Writing

My mother

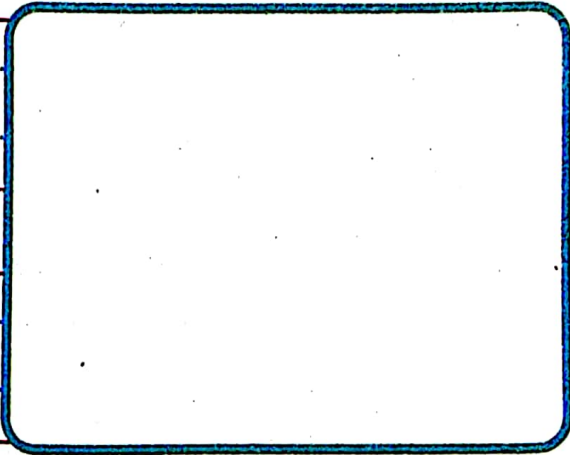
Handwriting practice lines for the title "My mother". The page features a large blue rectangular box on the right side, intended for drawing a picture of the mother. Below the box, there are several sets of horizontal lines for writing, each consisting of a solid top line, a dashed middle line, and a solid bottom line.



Encourage and facilitate children to write few sentences about their mother and draw her picture.

Creative Writing

My Toy



Below the drawing box are several sets of horizontal lines for writing. Each set consists of a solid top line, a dashed middle line, and a solid bottom line. There are four such sets of lines below the drawing box.



Help children to write few sentences about their toy and encourage them to draw it.



Show and tell activity.

Creative Writing

One summer morning i
went for a walk and saw....

Handwriting practice lines with a large rectangular box for drawing on the right side.



Help children to write few simple sentences and draw their imaginations.



Teacher will ask children to close their eyes. Teacher will think loud that what she saw one summer morning. Then teacher will encourage children to share their imaginations too.

Approved by the Provincial Education Department the Secondary

Education Department, Government of Balochistan letter

No. SO (Acad:) 2-1/2021/2289-93, Dated October 4th, 2021

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- بد عنوانی اور رشوت ستانی خمیر کی موت ہے۔
- بد عنوانی مکی ترقی کی راہ میں سب سے بڑی رکاوٹ ہے۔
- بد عنوانی اخلاقی دیوالیہ پن کو ختم دیتی ہے۔
- بد عنوانی سے خود بھی بچیں اور دوسروں کو بھی روکیں۔
- قومی احتساب بورڈ بلوچستان

قومی ترانہ

پاک سرزمین شادباد کشورِ حسین شادباد
تُو نشانِ عزمِ عالی شان اَرْضِ پاکِ شان
مرکزِ یقین شادباد
پاک سرزمین کا نظام قوتِ اخوتِ عوام
قوم، ملک، سلطنت پائندہ تابندہ باد
شادباد منزلِ مراد
پرچمِ ستارہ و ہلال رہبرِ ترقی و کمال
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